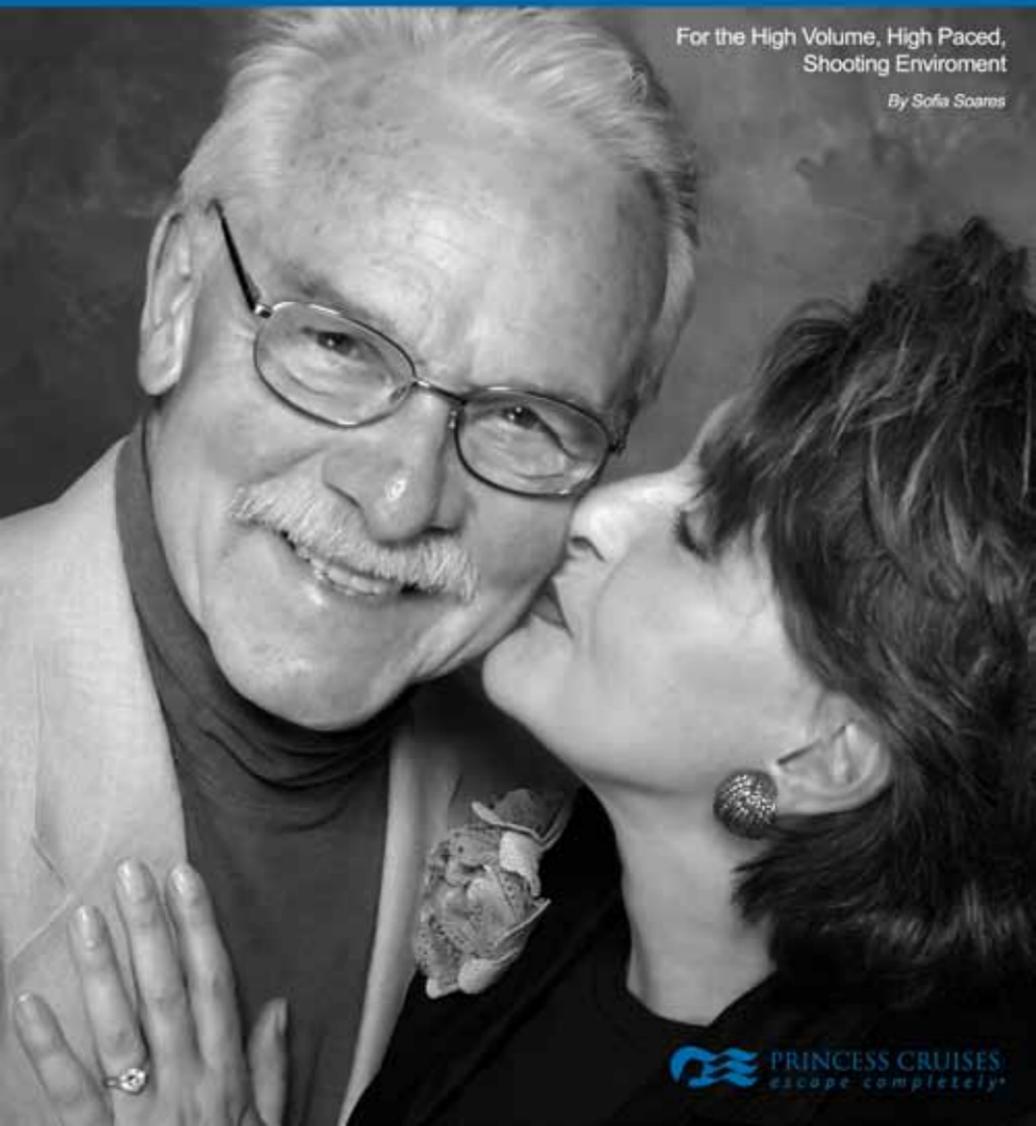


ADVANCED POSING GUIDE

SUGGESTED IMAGE SETS FOR INDIVIDUAL PHOTOGRAPHERS AND BACKDROPS

For the High Volume, High Paced,
Shooting Environment

By Sofia Soares



PRINCESS CRUISES
escape completely

Poses in this book were created to combine in each set a mixture of classic, fun, and contemporary styles.

Every image has been created by Princess Photographers with actual passengers, sailing on our vessels, and no models were used.

Our goal is to provide a wide range of photographic opportunities to our passengers and increase our efficiency so that lines move quickly, yet we still offer an excellent passenger experience.

This allows passengers the chance to visit several studios experiencing a wide range of different poses and images, from which it is very difficult to pick just one.

These pose sets can be used on formal and casual dress evenings, and you should pick one set or be assigned one set for the entire night.

If every studio photographer offers poses from a different set we can ensure our passengers are offered a large variety of different poses, in differing styles.

Although these poses are shown on a wide variety of different backdrops, they are not limited to that one location and can be used almost everywhere.

The flow of these poses were also created with the gentleman in mind, so that they have the easiest and least complicated directions, allowing for a more enjoyable experience.

Although some of these poses are easier than others for individual passengers, each set can be used on more than 90% of all passengers that visit your studio.

These poses have been shown in a recommended order that allows a flow of movement to make the poses easier and faster.

This allows you to concentrate on the great experience you are creating for our passengers and allows you to be a great host, while increasing image counts, quality, and revenue.

Women should be placed on the left (your right) where possible, showing off wedding and engagement rings.

Gentlemen are positioned for the single portrait first as it is often difficult to persuade them to return for more photographs once they have stepped out of the studio.

You are in charge, you are in command, you are the expert, and our passengers have visited the studio for your professional skills.

Be assertive, they will look to you for guidance and they'll do almost everything that you ask them to, if you have a smile in your face and voice.

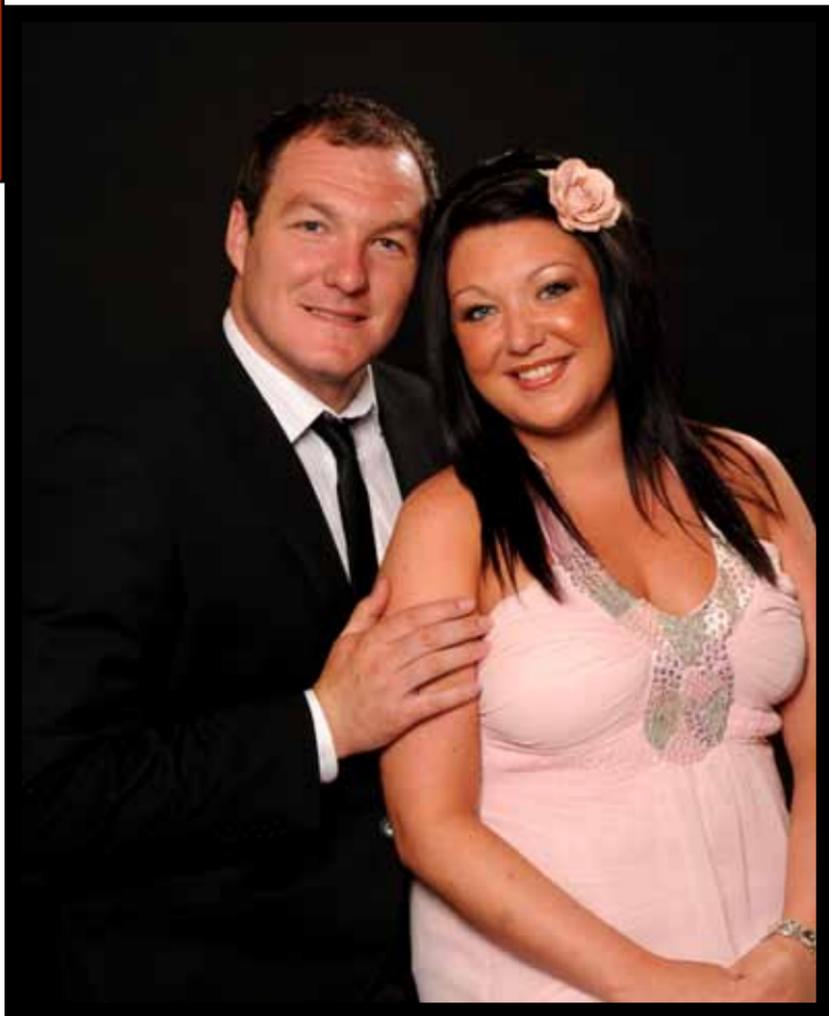
Be yourself, have a good time, make your passengers feel unique, and don't forget to enjoy what you're doing.

Sofia Soares





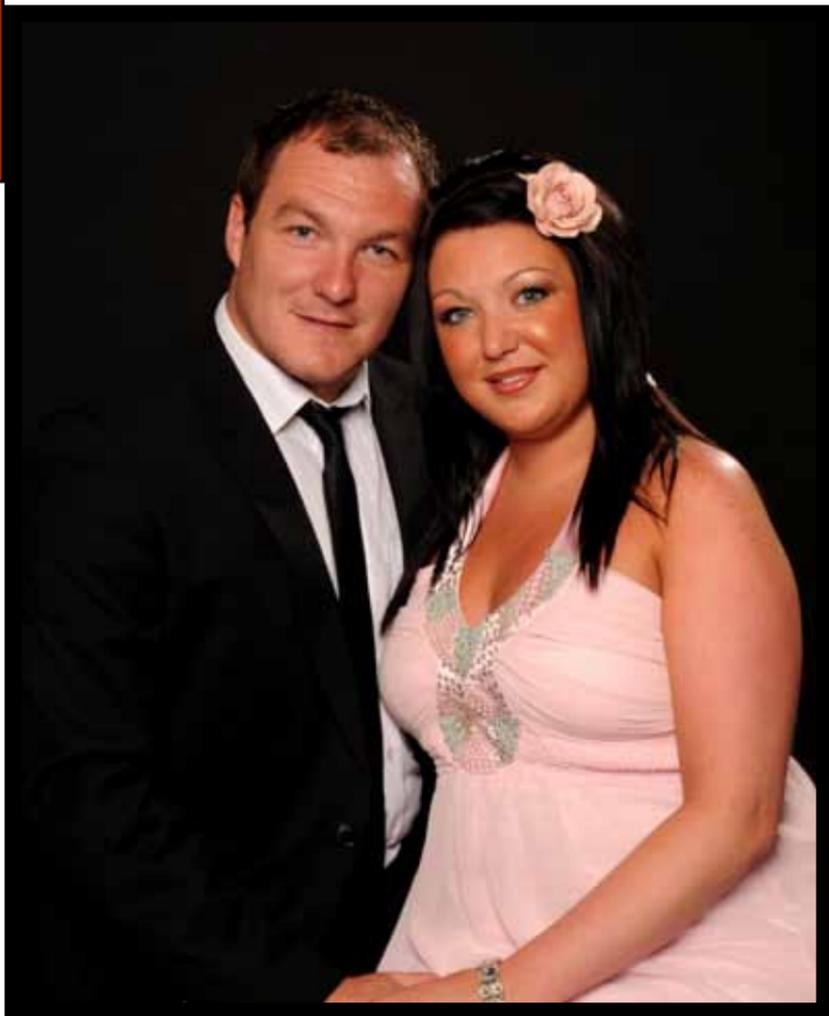
Start with the man and ask him to sit, straddling the stool, like a horse or a motorbike. Sit the woman facing the same direction, with their bodies close together at a 45 degree angle to you, position heads close together, but not touching.



Put his hand on her arm. Pay attention to the details, look for the mans shirt cuff and cuff link if possible. Mans fingers should be closed and thumb down.



Ask the woman to look at the man and put her right hand on the side of his face. Its great for hiding creases and wrinkles. Ensure her hand does not cover his face, and keep fingers close together. Tilt your camera towards him to finish the effect



Turn the woman's body towards him, and ask them to put an arm around each others back. They should then hold each others hand in front. The woman's hand should be on top of the mans. Tilt their heads towards each other.



Tell the woman to step aside, but the man to remain in position for the single.



Bring the woman back for her single portrait, ask her to face the opposite direction of the man. She can sit on his stool. On this whole set you don't need to remove the stools for any pose, so its a fast set. Just adjust seat height up and down.

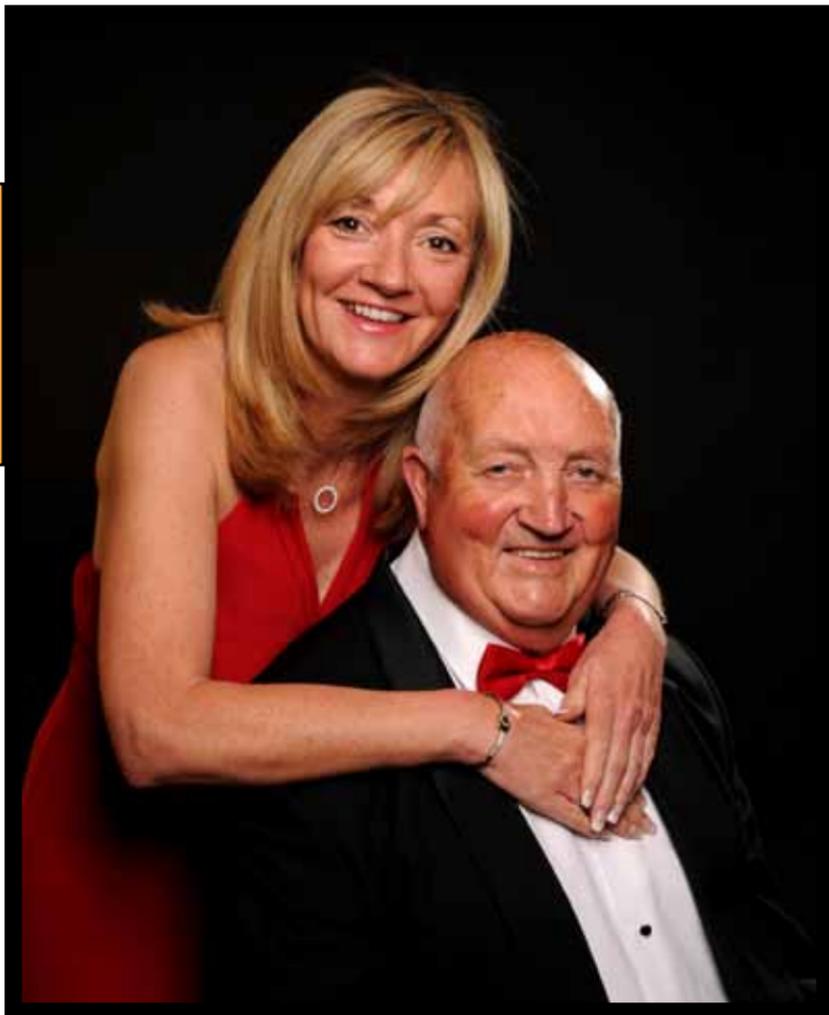




Start with the man and ask him to sit, straddling the stool, like a horse or a motorbike. Then put another stool close to him and sit her down. Position bodies close together, body angle still 45 degrees, heads close together.



Ask them to turn back to back, bodies still on a 45 degree angle, shoulder to shoulder, heads leaning closer to each other.



Ask the woman to stand up, but you don't need to remove the stool. Turn the man to his original position, pose the woman behind him. He leans towards her and she leans over him, hands on his chest.



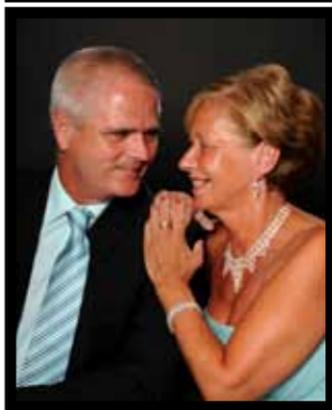
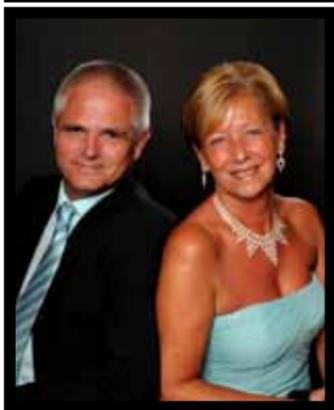
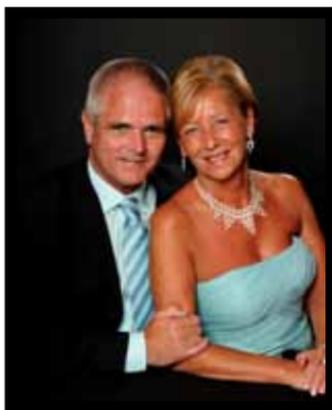
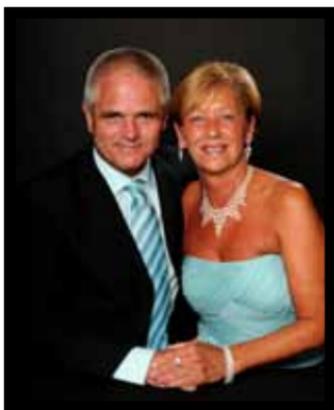
Bring his hand up and over to hold hers. Tilt the camera to your right side for this effect and go closer to them than the previous image.

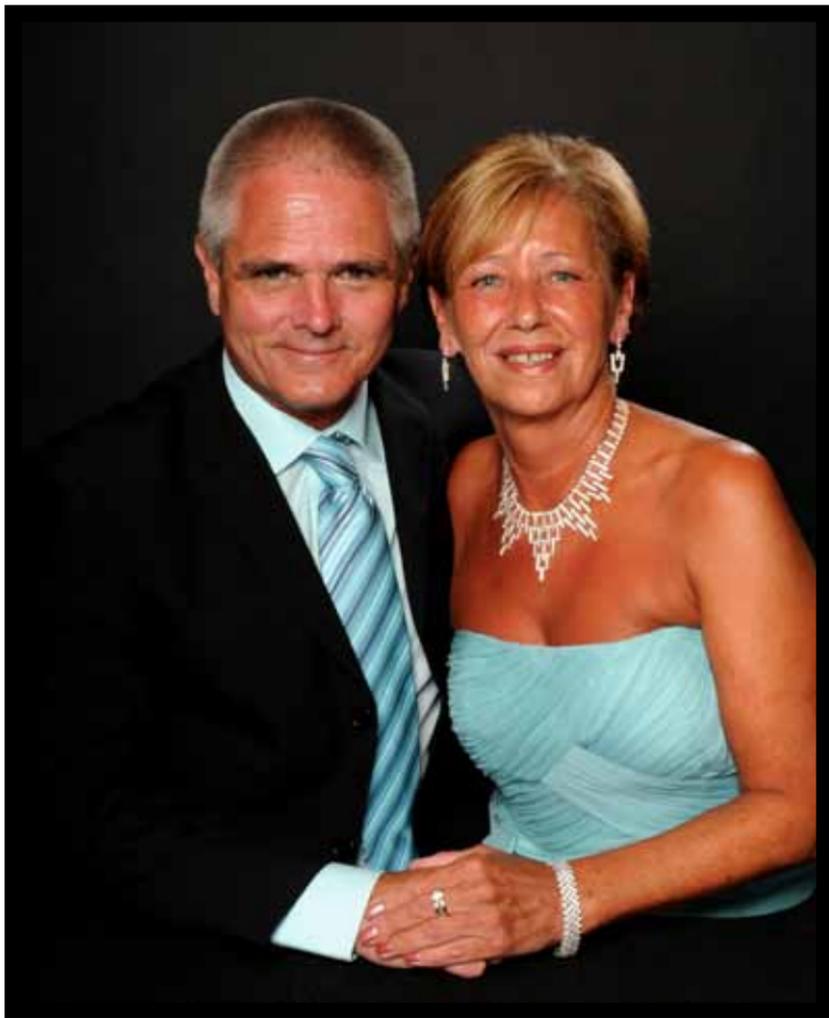


Tell the woman to step aside, but the man to remain in position for the single.

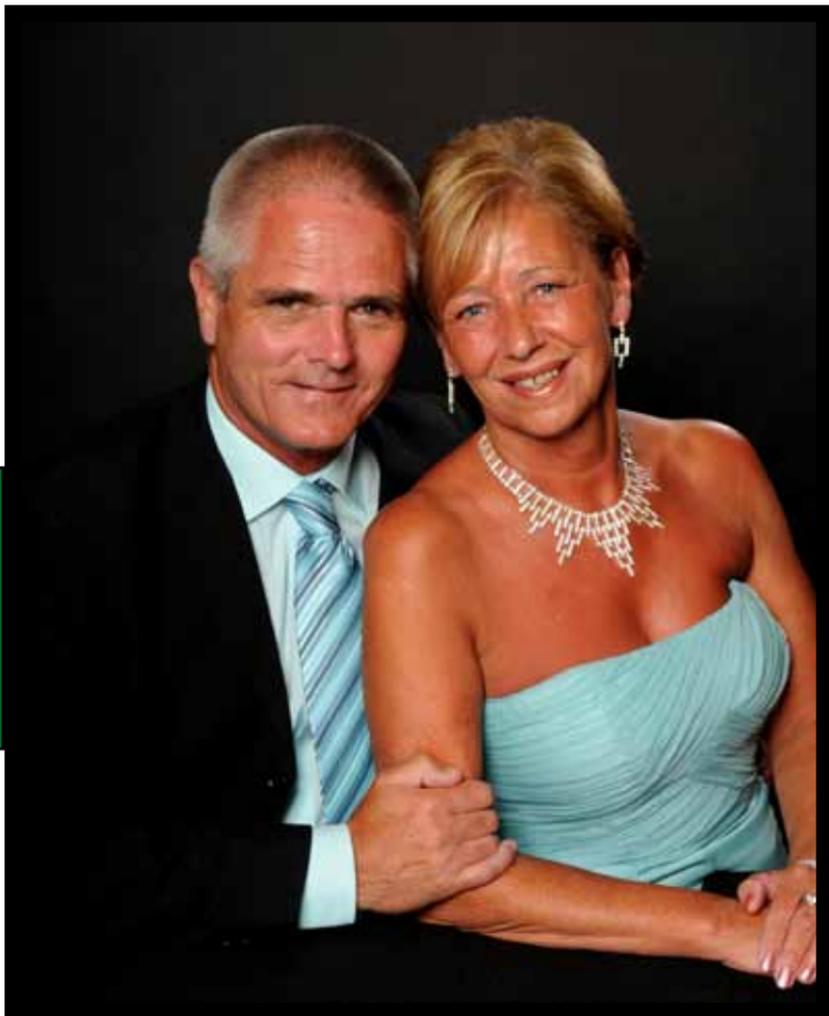


Bring the woman back for her single portrait, body facing in the opposite direction.

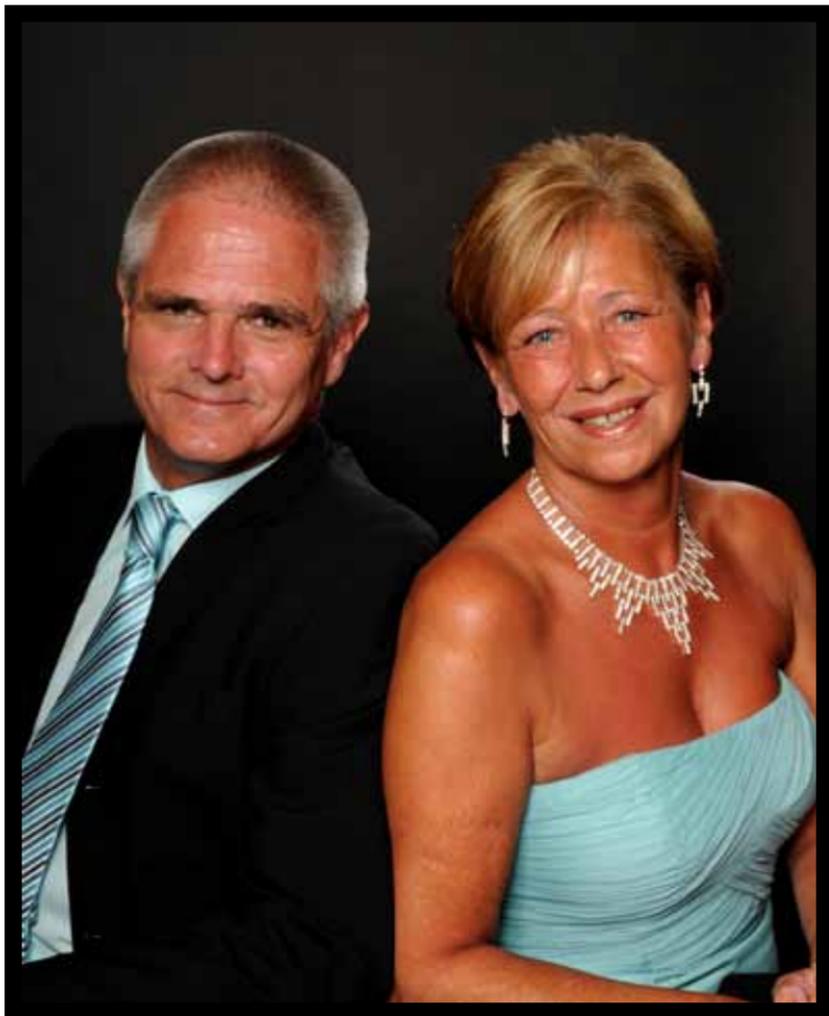




This set is shown with a posing table, but it can be done without. Start by sitting the couple at 45 degree angle, man straddling the stool, hands behind their backs, hands in front on the table together, hers on top to show the ring.



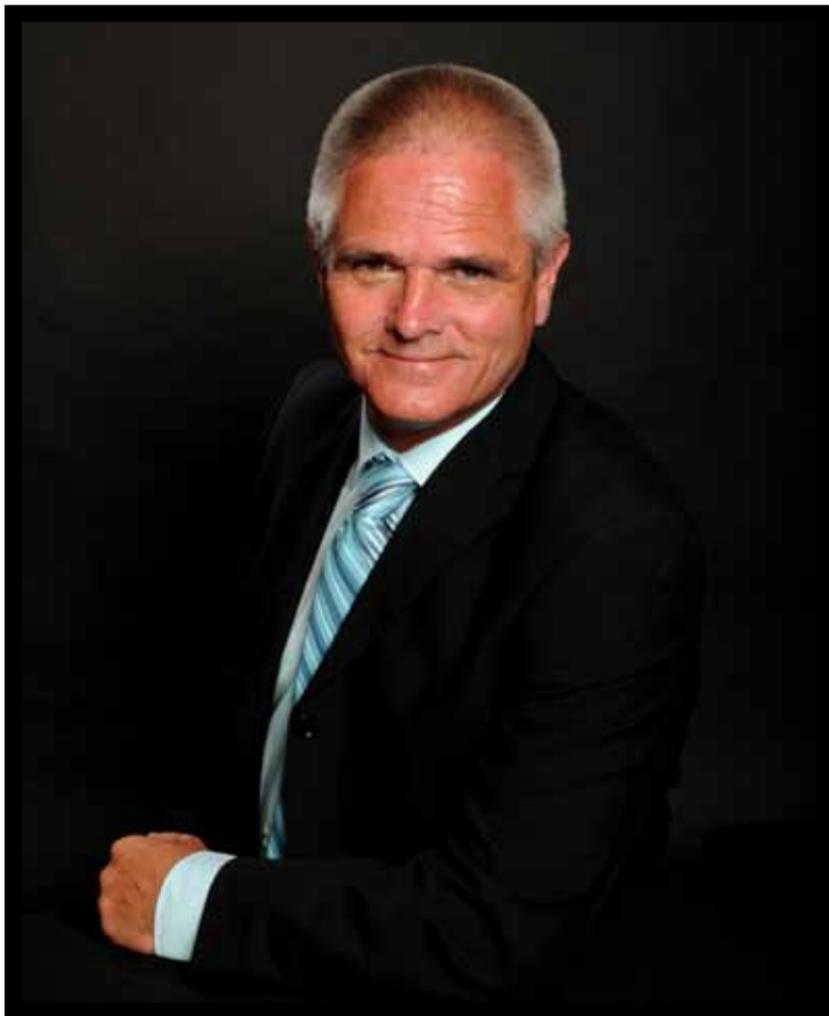
Rotate the woman on the stool, body angles are the same, put his hand on her arm. This is great for hiding a larger sized arm.



Now rotate the man on his stool so they are now back to back. Step in closer to compose the image tighter than the previous pose.



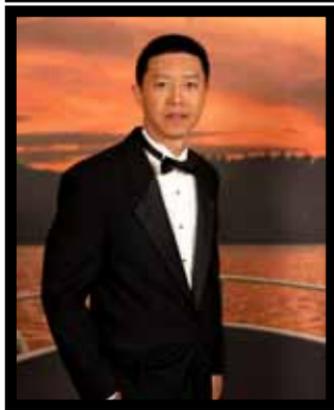
Rotate the woman on the stool and put her hand on his shoulder, fingers together. Ask him to lean his shoulder towards her a little, and ask them to look in each others eyes.



Tell the woman to step aside, but the man to remain in position for the single.



Bring the woman back for her single portrait, body facing in the opposite direction.

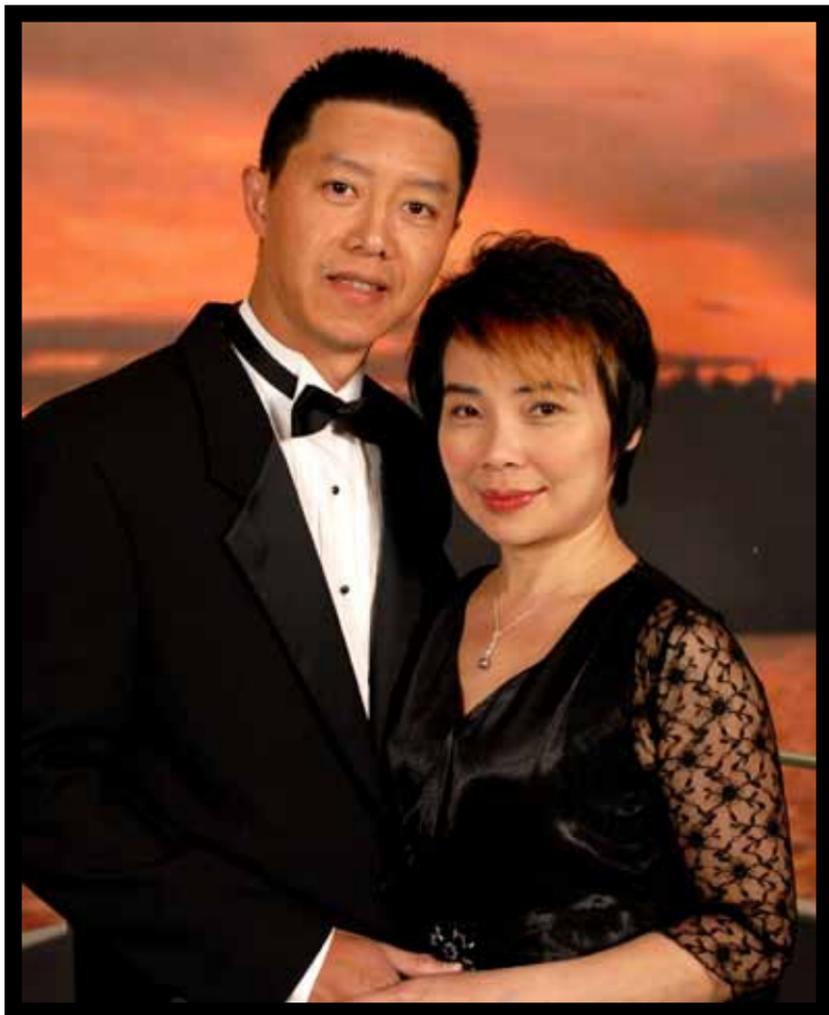




This is a very easy set, very fast, and great for beginners.

These poses are not so much about the pose itself, but to help them perfect their consistency, head centering, headroom, speed, and important detail in the image.

Stand the couple on the mark on the floor, bodies at 45 degree angles to each other. One hand behind each others back and the other hand in the front together. Place the woman's hand on top to show off the ring. Lean their heads close together but not touching.



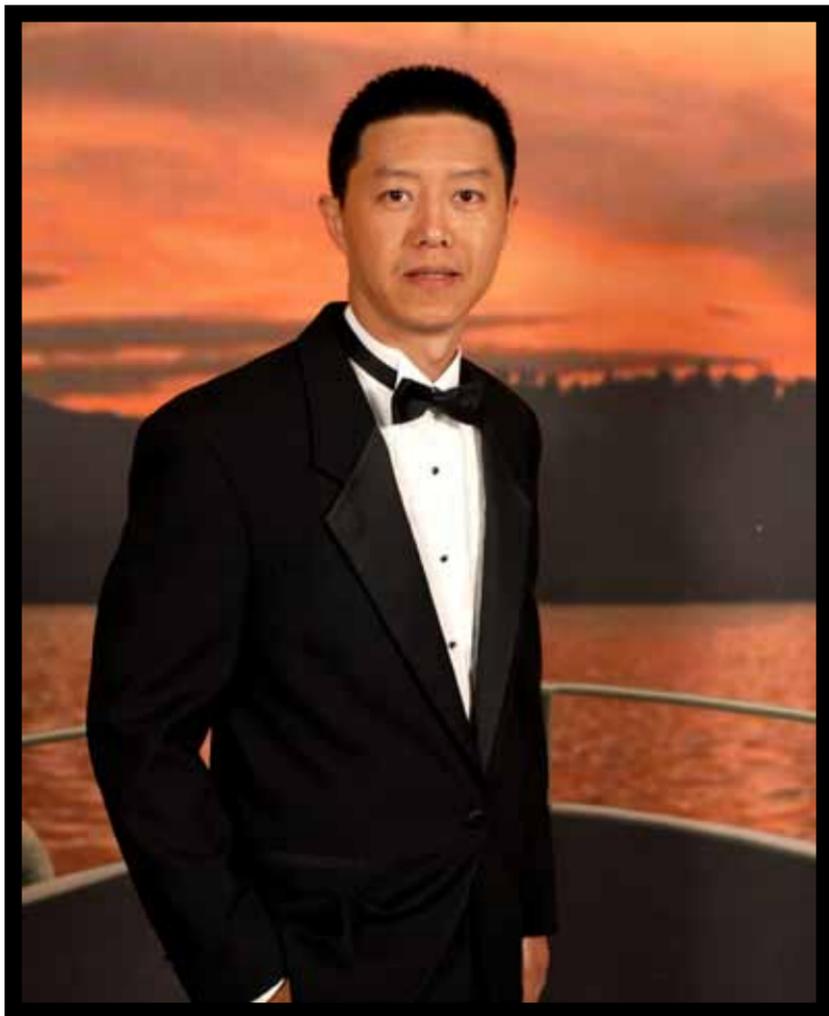
Ask them to remain in the same position and step one big step closer and do the same pose as a vertical.



Ask the man to put his right hand in the trousers pocket and woman put her hand on his heart.



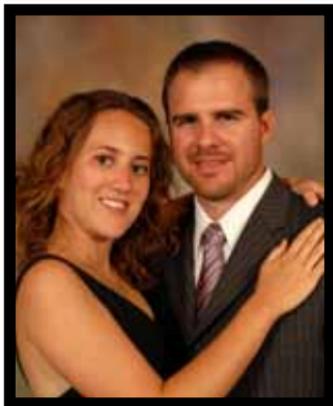
Take one step forward and do a tighter image



Tell the woman to step aside, but the man to remain in position for the single.



Bring the woman back onto the floor mark facing the opposite direction and take the single portrait.

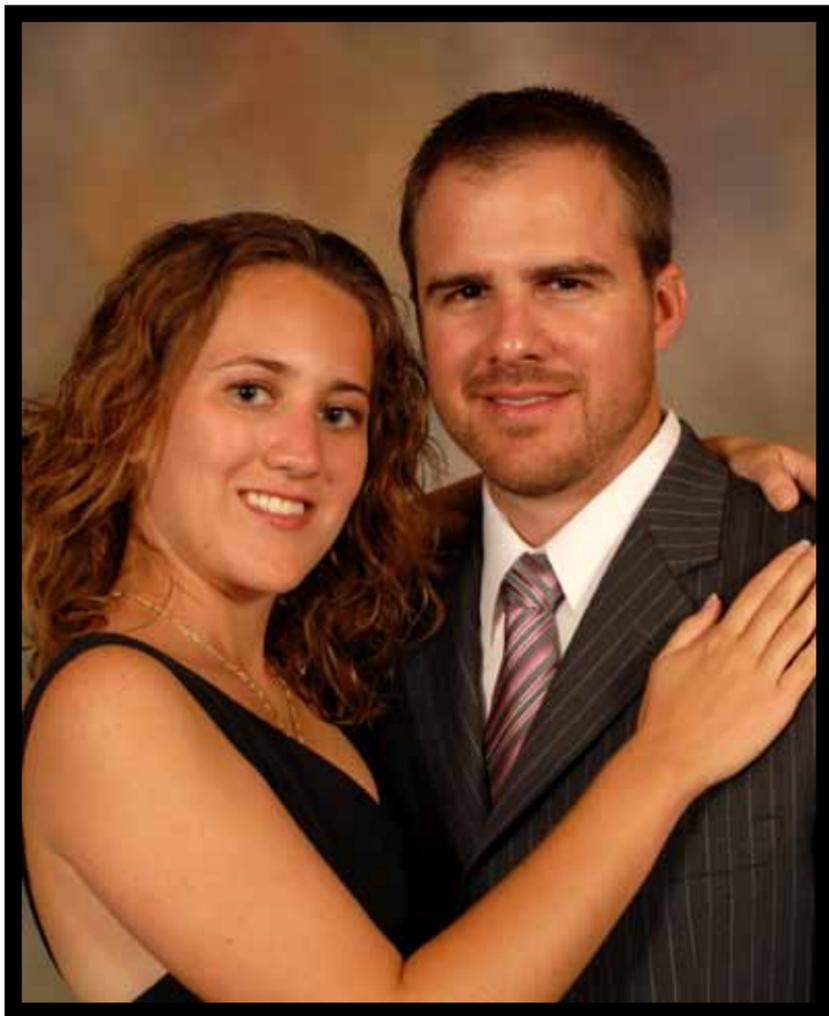




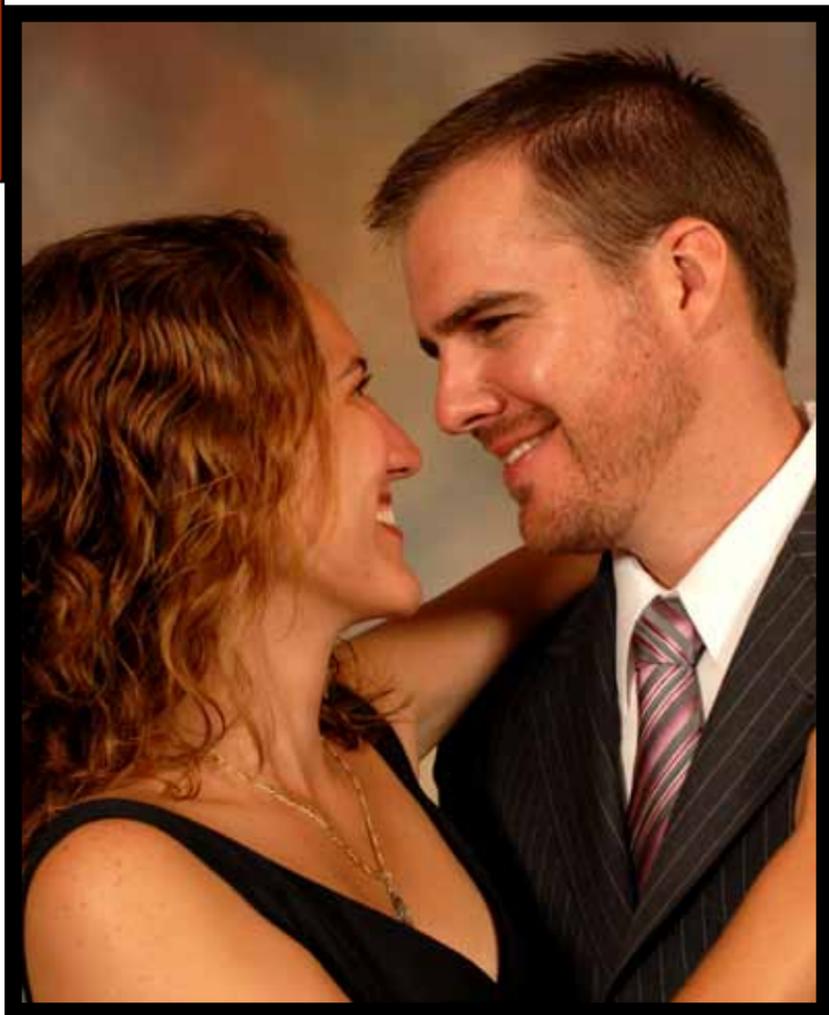
Pose the couple facing in the same direction, mans hand on woman's arm. Keep his fingers close together and thumb down. Push her right shoulder down a little to move their heads closer together without him having to lean in too much.



Rotate the man for a back to back image. Larger people can do this without folding their arms.



Move the woman to his opposite side. Bring her arm around his shoulders and his right shoulder will fit underneath her armpit. Put her other hand on his chest. If the man is too tall, you can shoot this sitting down, or ask him to bend his knees down a little. Step closer for the shot.



Keep the pose the same but now you just have to tell them to look at each other and almost touch noses. Step closer for a tighter image and be ready to catch the moment as this always produces a natural smile. Some persuasion is required to get them really close.



Tell the woman to step aside, but the man to remain in position for the single.

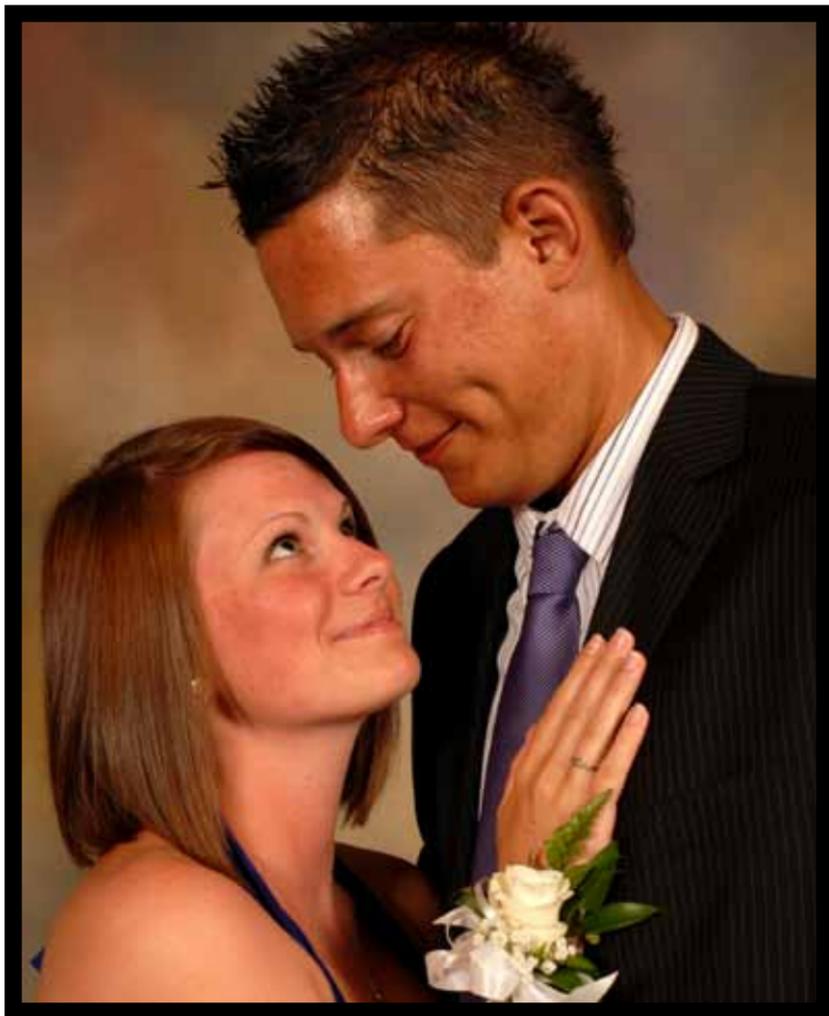


Bring her back to the mark on the floor face her the opposite way and take her single portrait





You can choose to put his hand in the trousers pocket or just relax by his side. Place her hand in the center of his chest.



The pose remains the same, just ask them to look into each others eyes. If he is too tall ask him to bend his knees to lower him a little. Move one big step closer for a tighter image.



Ask him to turn around and cross his arms, ask her to place one hand on his shoulder and one on his arm. Tell him to lean close to her. If the man is tall, you may need to ask her to stand on her toes.



Tell her to look at him, she needs to have a big smile for this image.



Tell the woman to step aside, but the man to remain in position for the single.



Bring her back for her single portrait, face her the opposite way.





Sit the man down, and stand the woman behind and to his right side with her hands on his shoulder. Lean her head in towards him, but not too close as to create a shadow.



Move the woman around to his other side and again place a hand on the shoulder. Be careful with her body angle and position she can't be too far back or too forward.



Keep the couple in the same pose and just step closer to them, tilt the camera to create an angle, the tilt is always towards to tallest person, in this example, that's her.



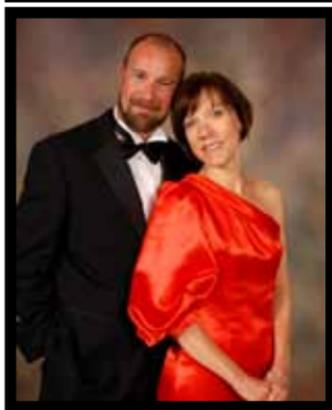
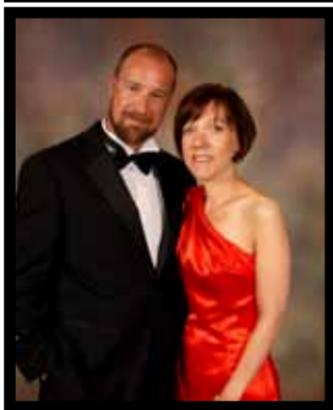
Now ask them to look into each others eyes and step closer. Tilt the camera towards the tallest person, you can choose to crop a little of their heads to get a really tight crop.



Final image for him is the single portrait. Keep him sitting down, you don't need to move him at all.



To keep your line moving fast just ask the woman to sit on the stool facing the opposite direction. Your stool remains in the same position for the entire night, just needing adjustment up and down.





Easy set for beginner or for very busy location. If you are shooting a theme backdrop you can replace one of the vertical images into an horizontal. Place the couple for the classic holding hand in front and the other around each others back.



Use the same pose just step closer, ask them to lean their heads closer together, but not touching.



Same position, just ask him to put his hand in his trouser pocket and her to relax her hand down by her side. Since they didn't move from the first image there isn't detail to fix, step back for this shoot.



Ask the guy to remain in the same position and turn the woman around hands in front of her. On this pose you can choose to place his hand on her arm depending on your preferences or in this case her dress didn't allow it.



You have him in position for his single portrait so just ask the woman to step aside, he doesn't have to move at all for the entire set.



Bring the woman back for her single portrait, body facing in the opposite direction.





This set is a very fast and easy. Place the couple on the mark classic holding hands in the front, they are not going to move position for the next three images so make sure you finish each image by saying "stay as you are".



Ask her to place her hand on his hear. His hand can be in his pocket or by his side. Take one step closer for this shoot.



Step closer than the previous image. Tell them to look at each other and move closer and almost touch noses. Persuade them to move closer and their natural reaction is to smile, so be ready to catch the natural moment. Tilt camera towards tallest person.



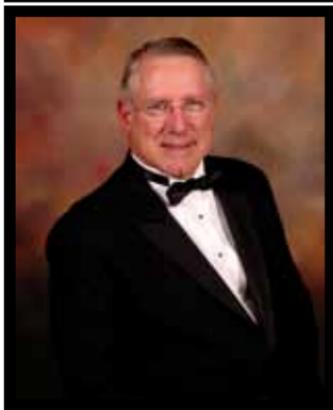
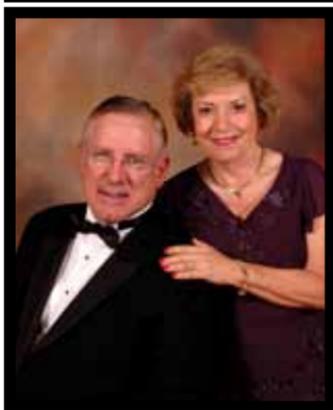
Turn the woman the other way and place hands in front. Place his hand on her arm, tilt her right shoulder towards him you can do a more loose image.



Use his previous pose for the single portrait, just tell him to stay as he is.



Bring her back for her single portrait, facing towards the opposite direction.





Ask the man to straddle the stool then place the woman in front. Turn his right shoulder towards the woman, put his hand on her shoulder, place her hands down on her lap.



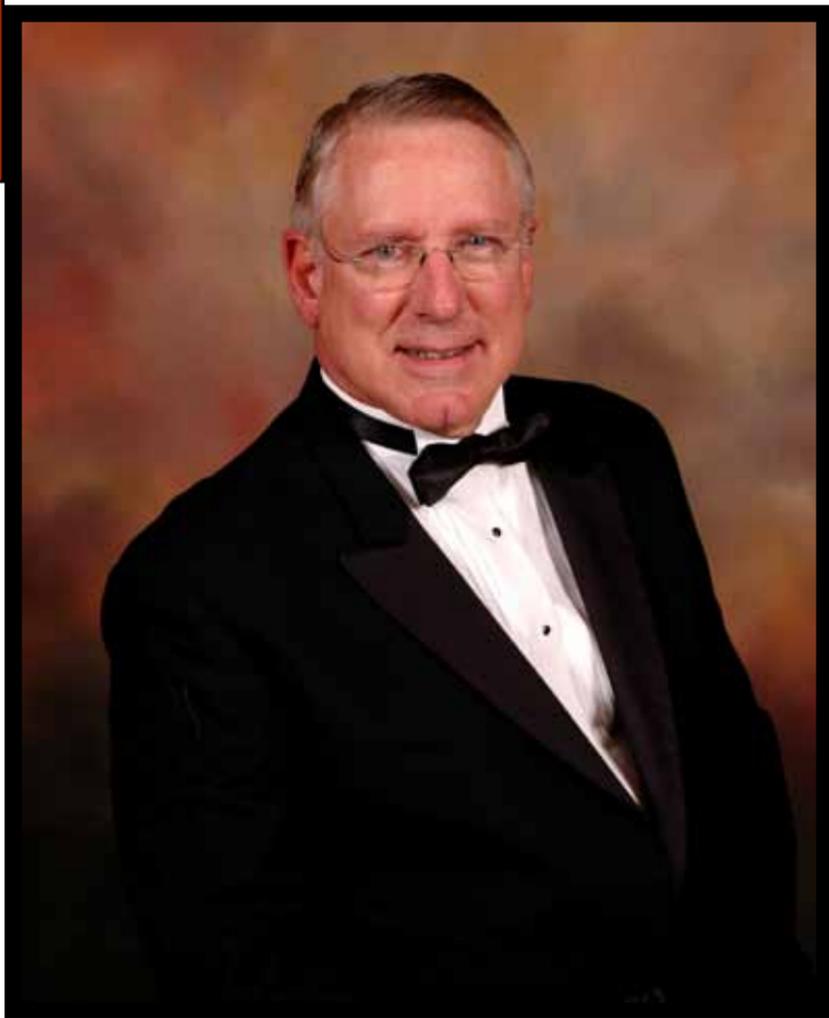
Same pose, just have them to look into each others eyes.
Step in much closer for this image



Bring the woman behind him for this image. He tilts his left shoulder towards her and she tilts her right shoulder towards him, and this helps to bring their heads closer together. If you are shooting a theme backdrop this could also be a horizontal image.



Turn him towards her, place both her hands on his shoulder. Lean her forward just enough so there's no shadows on the face and their noses are on the same focal plane. His left hand is behind her back.



The woman stands aside, the man stays the same, but tilt his right shoulder down. This makes his shoulders look wider.



In this example the woman's single image is with her standing up, but this takes additional time by removing stools out of the way, so have her sit down on his stool during busy times.





This is a great set, very fast good for busy locations. You need two posing stools but don't need to remove her stool at all when she stands up because you're cropping the image so that it will not show.

Start by placing the stools on the mark on the floor, they will just need to be adjusted up or down depending on passenger height. Have the man to sit down first straddling the stool. Then sit her in front of him with her hands on her lap his hand covering her arm.

In this example there's a theme backdrop so this is a horizontal image, if it was a plain backdrop replace with a vertical.



Rotate her on the stool towards him, just like the classic standing pose with holding hands in front.



Leave the stool where it is and stand her behind and to the side of him.



Turn the woman around and do a back to back. You might have to play with the height of the stools depending on the passengers, or ask her to bend her knees a little to lower her down.



Great set for him because he didn't have to move at all.
Just ask her to step aside, get his single portrait



Bring her back to sit on his stool facing the other direction.





Easy and fast set, start with classic holding hands in front.



Move one step closer for this image, place her hand on his heart.



Turn the woman around, place the mans hand over her arm, fingers close together, thumb down.



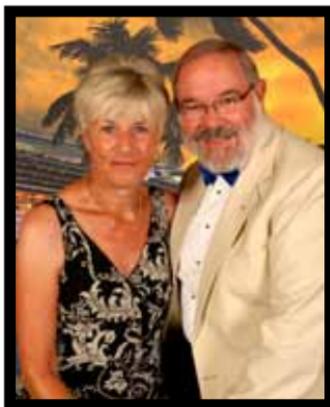
Turn them both around, he leans his shoulder towards her, if he is too tall he can bend down on his knees a little.



Get his single first, hand in the trouser pocket.



Bring the woman back for her single portrait, body facing in the opposite direction.





Fast set for busy location.

Start by asking the man to straddle the stool then sit the woman.

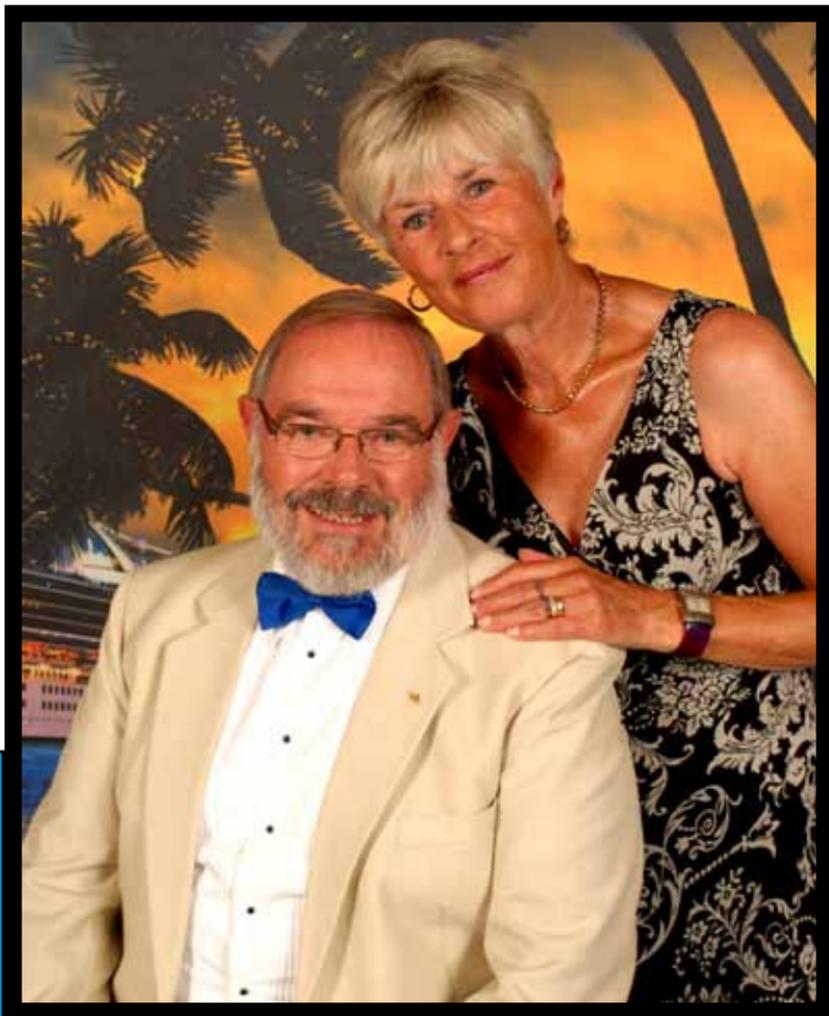
This image is horizontal because of the theme backdrop, if you had a plain backdrop you would do this vertically. You could put her hand on his chest over his heart for variety.



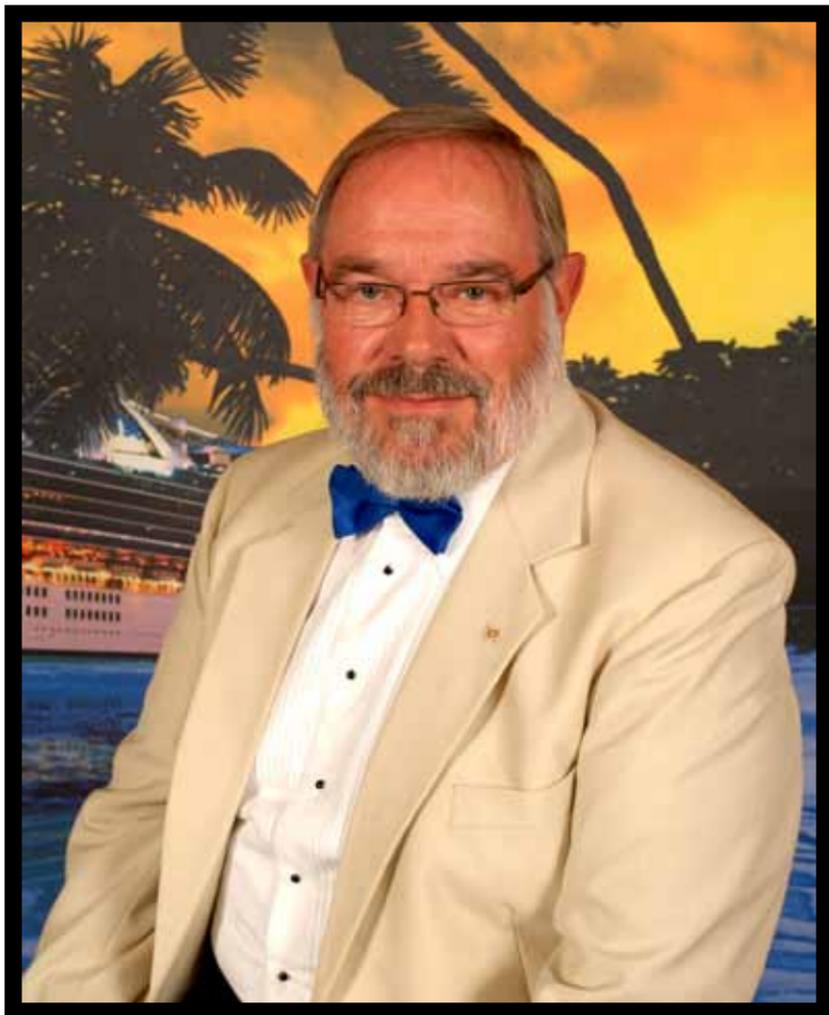
Same pose you just go one step closer.



Same pose, just add her hand on his chin.



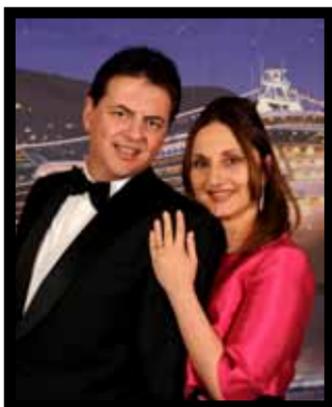
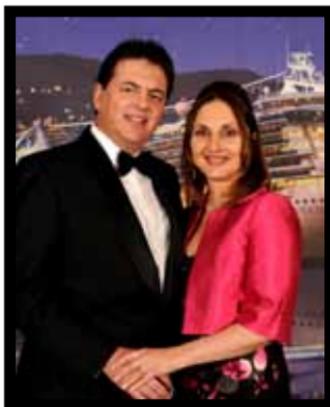
Stand her up, and move behind. Don't concern yourself with the stool she was on, leave it then crop closer to remove from the image. Tap his left shoulder down so they can lean their heads closer together.



The man remains still throughout the session, get his single portrait first.



Then her single portrait. She sits on his stool facing the other direction.





Start with the horizontal image to show the backdrop.
Classic holding hands in front.



Then the same pose in vertical.



Turn him around, if he's much taller than her, bend his knees to lower him down or have him sit. Careful with this pose she tends to hide her face behind him.



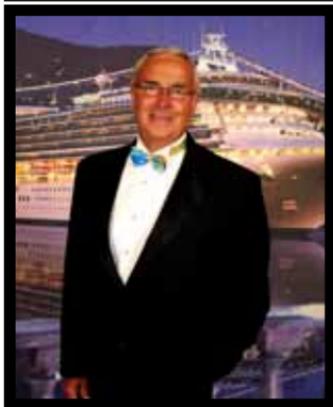
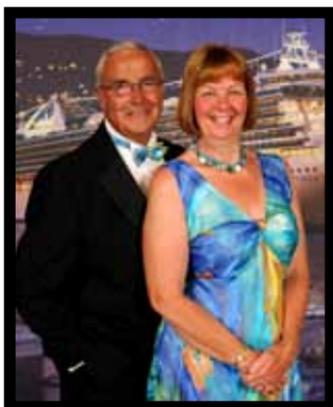
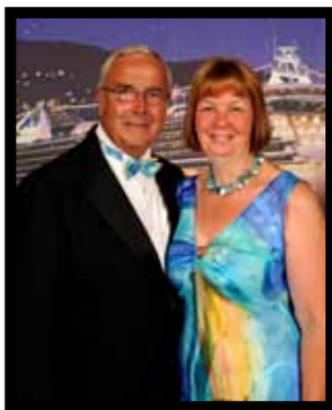
Turn her around for a back to back. The crossing of arms, even on a formal night turns the image more contemporary.



The single can be shot standing or sitting, taking advantage of the previous pose for speed.



Bring the woman back for her single portrait, body facing in the opposite direction.





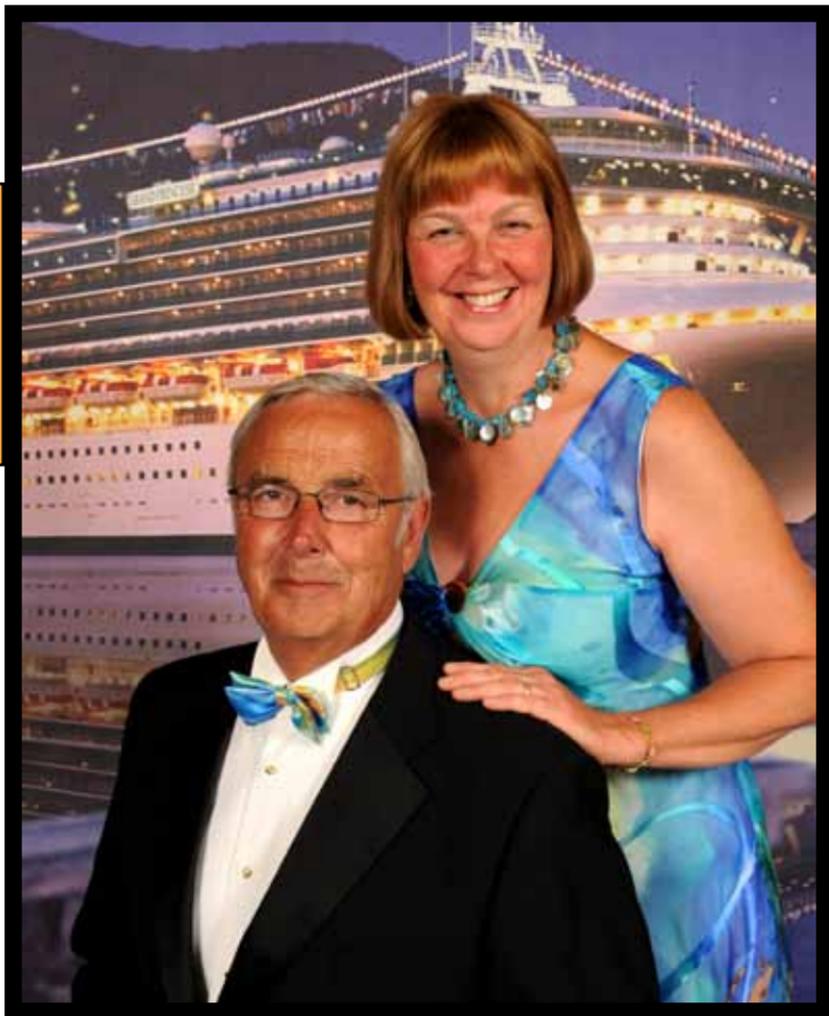
Start with the standard side by side horizontal, place them holding hands in front, or depending on the look of the hands, by their sides.



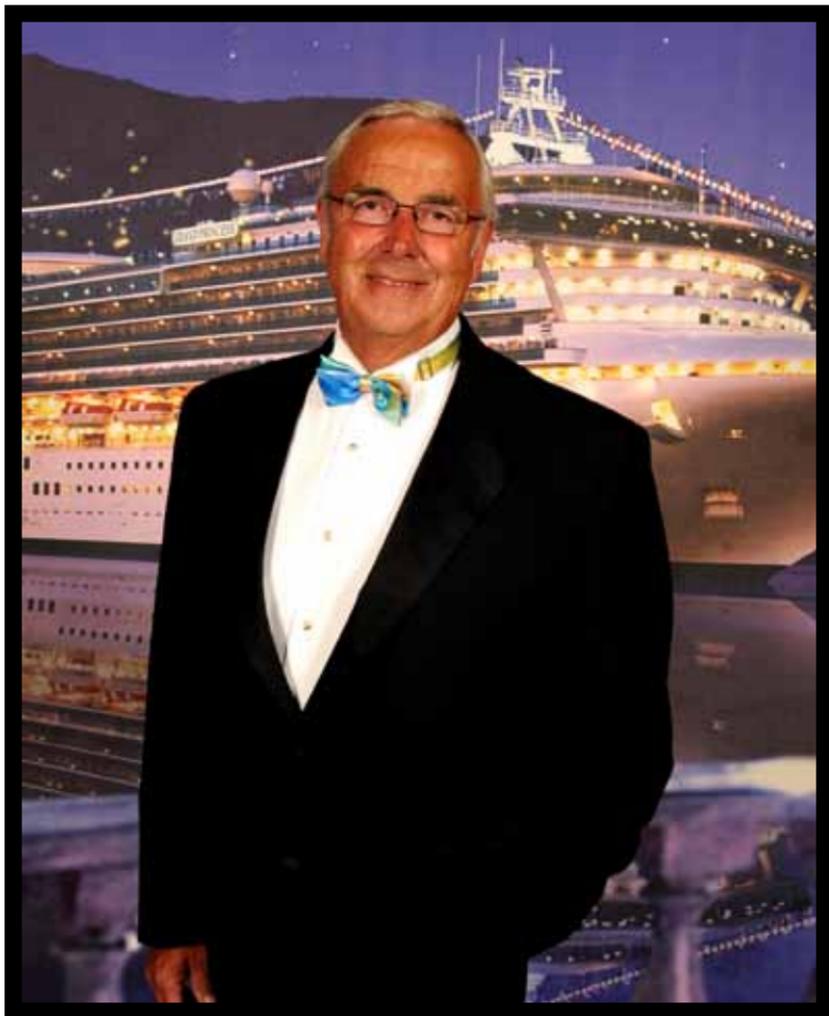
Take the same pose in vertical.



Turn her back towards him, and hands in front. Mans hand can be placed in his pocket or covering her arm



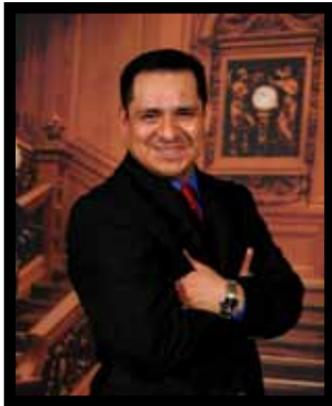
Sit him down for another standard pose.



Stand him up if you wish for his single portrait, or you could take advantage of his previous pose for increased speed.



Bring the woman back for her single portrait, body facing in the opposite direction.





They are both sitting down, he is straddling the stool behind her. he should be the first to sit down.



From the same pose they just look at each other.
You move in two steps closer for this cropping.



Stand her up behind him, leave her stool in same place.



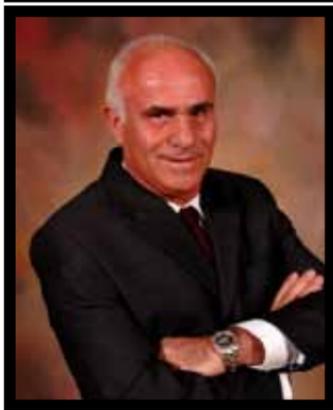
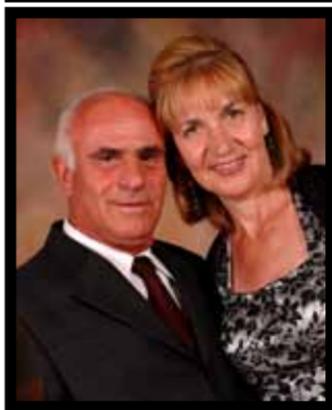
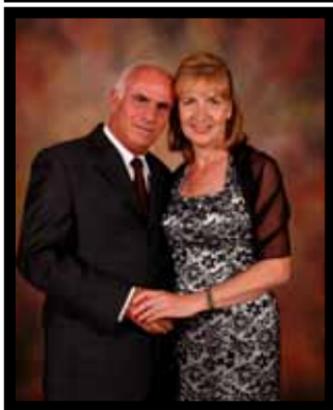
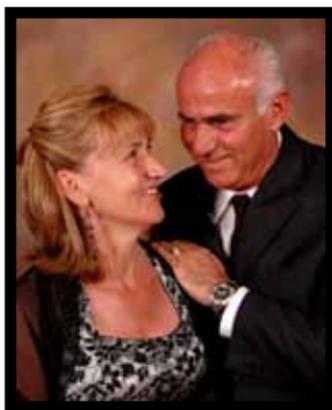
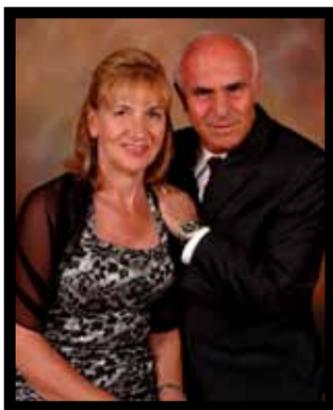
Ask him to stand up, and at this point you remove both stools to the side.

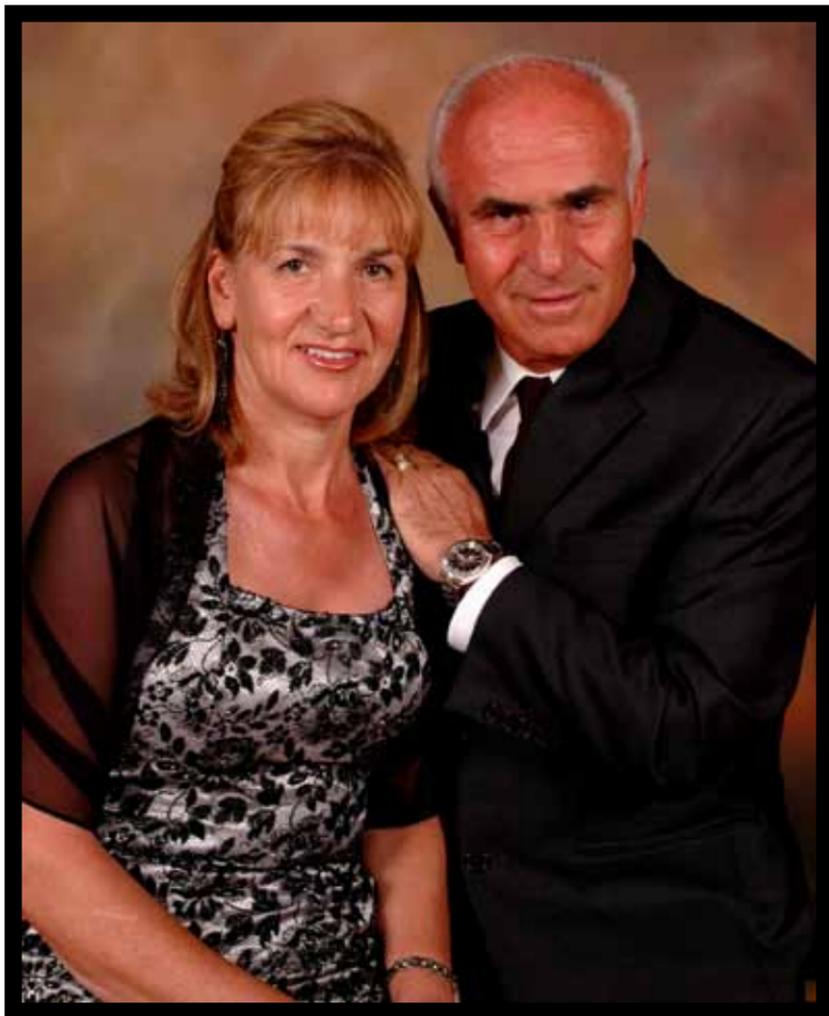


You can choose to do a more contemporary image just by asking him to cross arms.

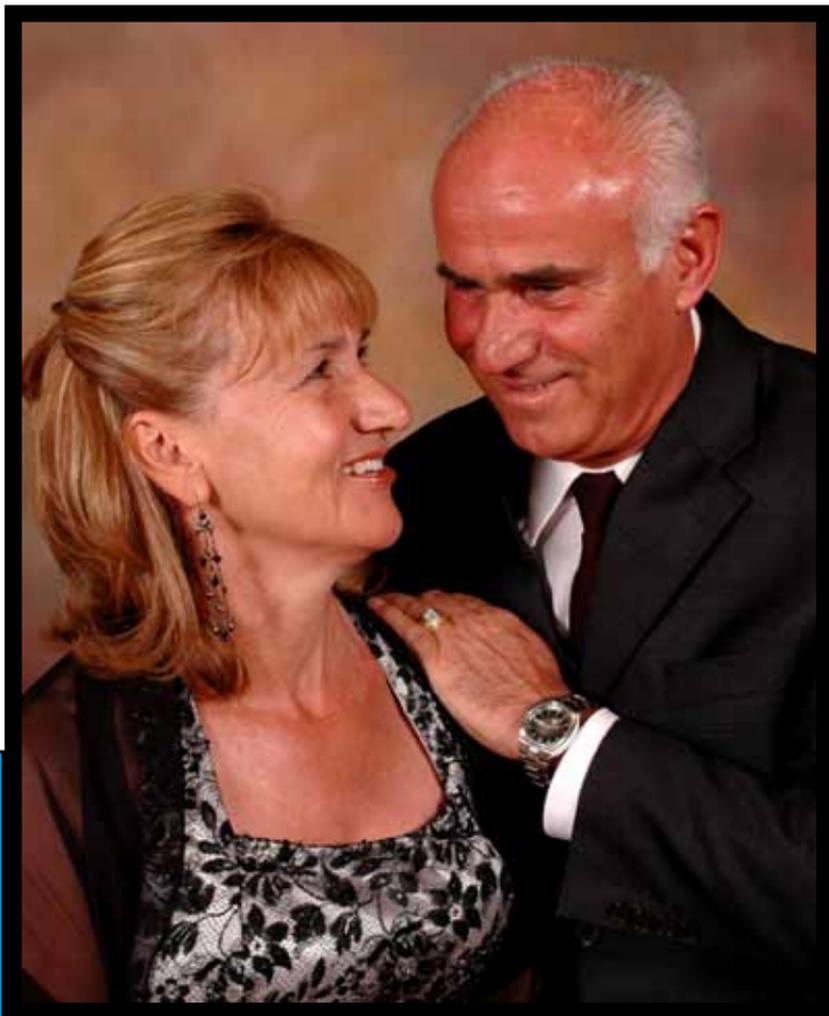


Hand on the hips makes the portrait look more contemporary and women love the look.

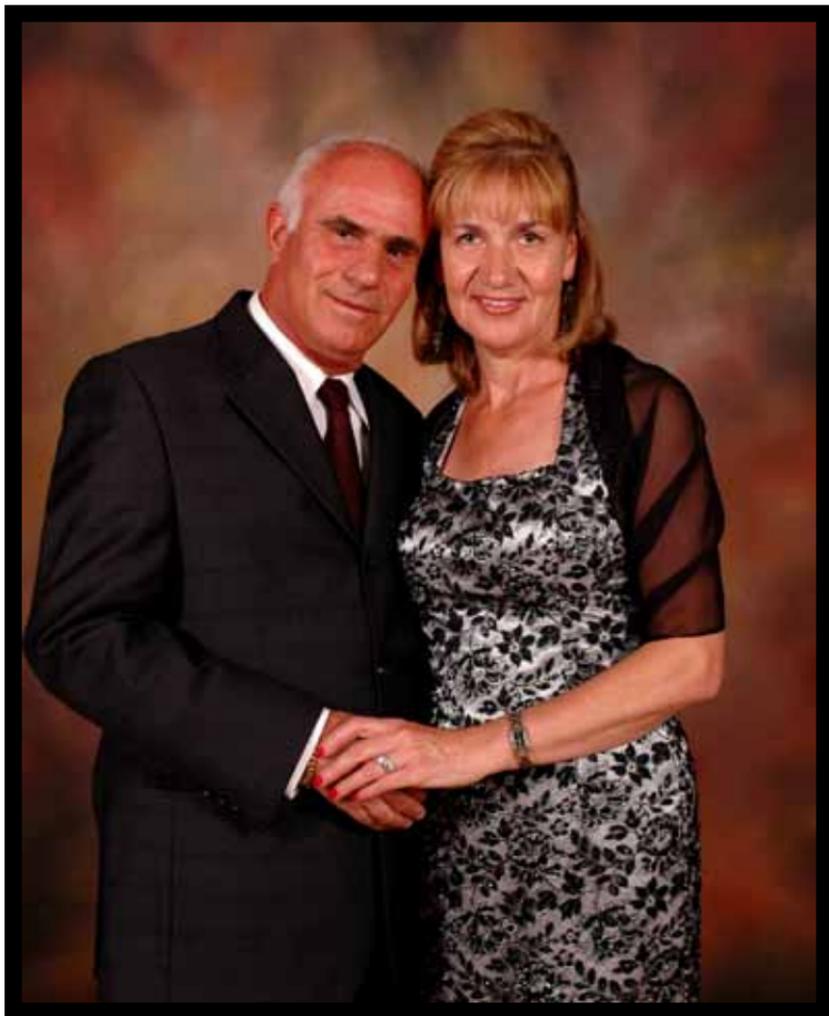




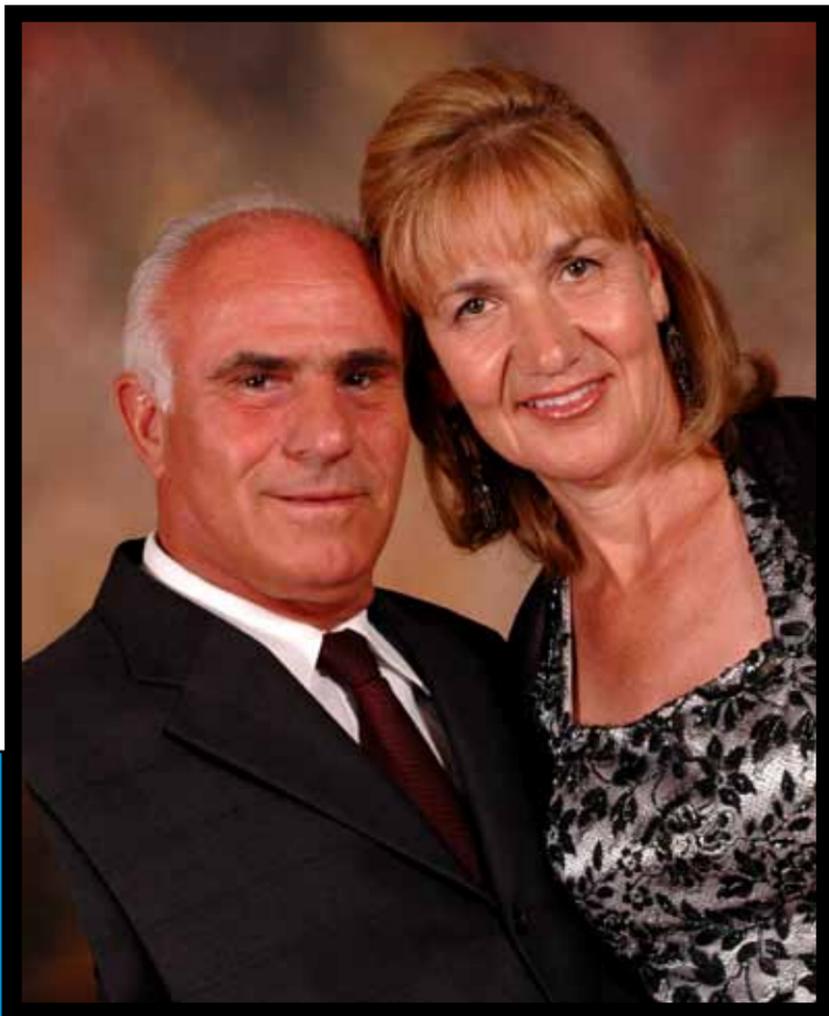
They are both sitting down, he is straddling the stool behind her, he should be the first to seat down.



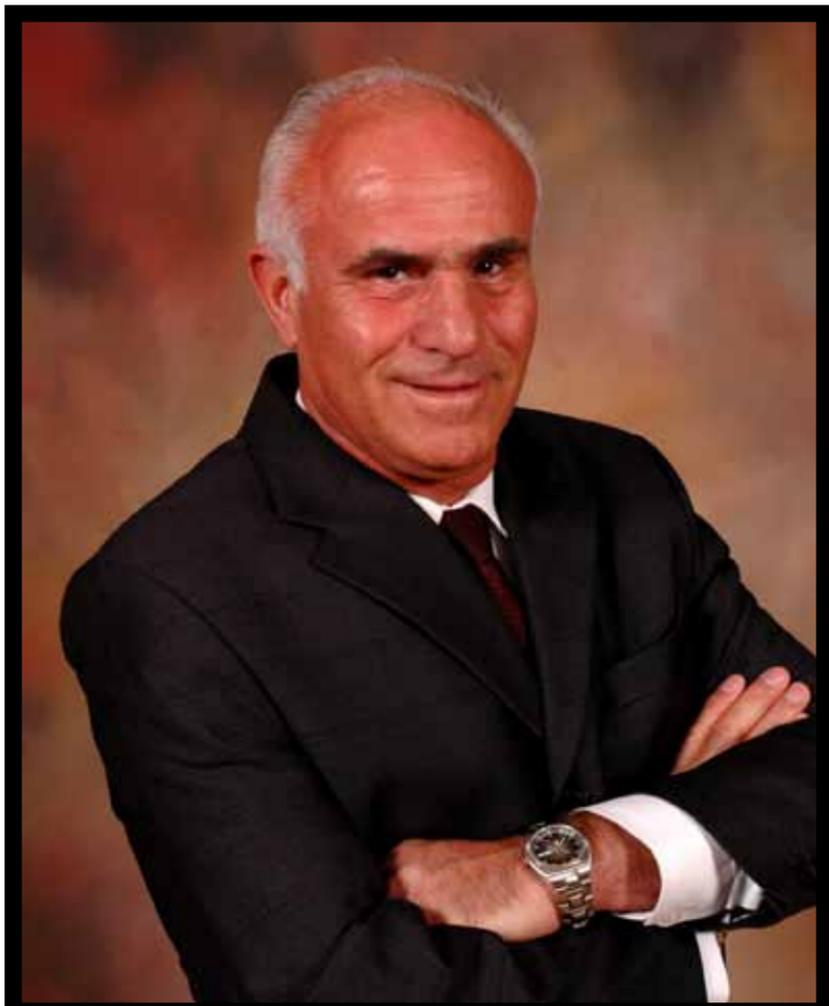
From the same pose they just look at each other.
You move in two steps closer for this cropping.



Classic hands in front, they are standing up.



Same pose, the leaning effect is created by tilting the camera towards the tallest person, (HER).



A contemporary style just by folding his arms, attention to detail is important, like sleeves or folded jacket.



You can ask the woman place her weight on the foot closest to you, with hand on hip.





They are both sitting down, he is straddling the stool behind her, he should be the first to sit down.



From the same pose they just look at each other.
You move in two steps closer for this cropping.



Classic hands in front, they are standing up.



She turns her back towards him, he places his hand to hide her arm, fingers together, thumb down. You can also put his hand in his trouser pocket.



A contemporary style just by folding his arms, attention to detail is important, like sleeves or folded jacket. He is also leaning towards you.



You can ask the woman place her weight on the foot closest to you, with hand on hip.





They are both sitting down, but you can also stand the woman behind. Just turn it into a more contemporary style by asking him to fold his arms. His left shoulder leans into her.



Stand them up for the classic holding hands in front.



Keep the previous pose they don't need to move, just move yourself very close and ask them to look into each others eyes..



Her left shoulder leans towards him so they can get the heads close together. His fingers should be close together and thumb down.



Get his single first.

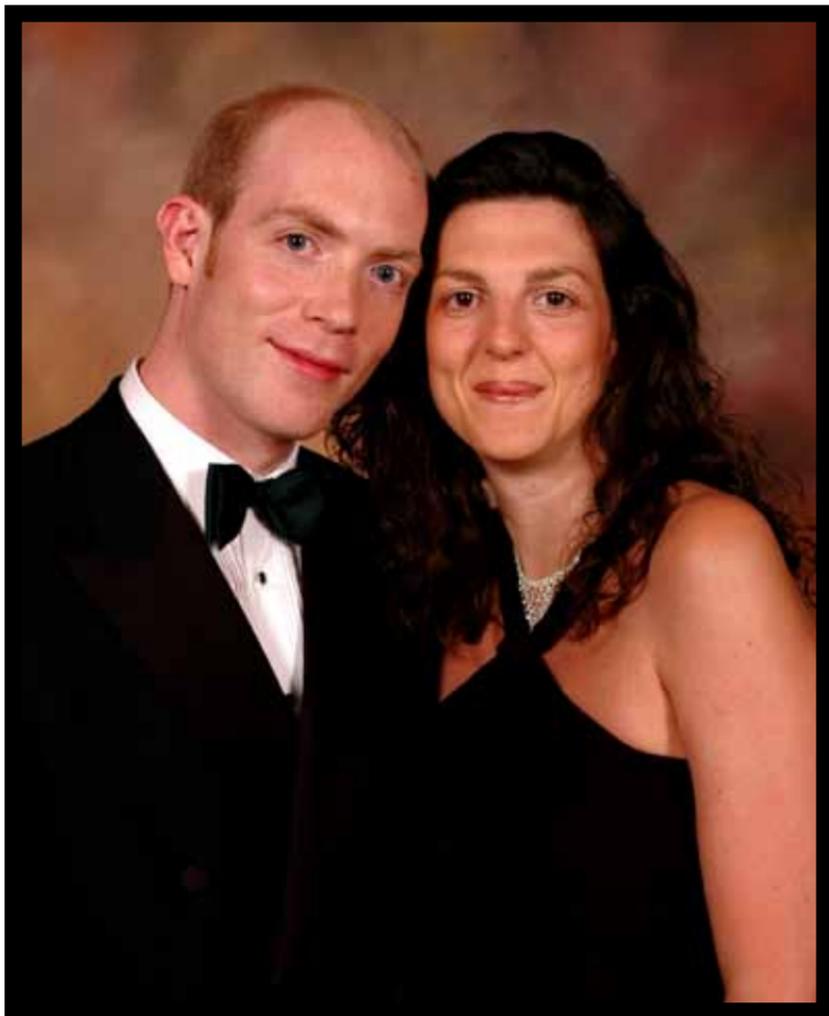


Ask the woman to put her left foot forward and lean on it.





Start with classic holding hands in front.



Move two steps closer on the same pose. Move their heads closer together, but watch for possible shadows on the face.



Turn her around and she hold her hands in front. He puts his hand over her arm, fingers together, thumb down.



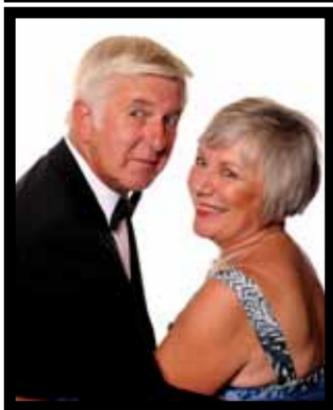
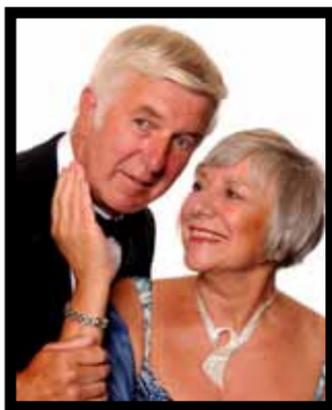
She stays still, and the man turns his back to her. She can keep the previous pose or they both can cross their arms.

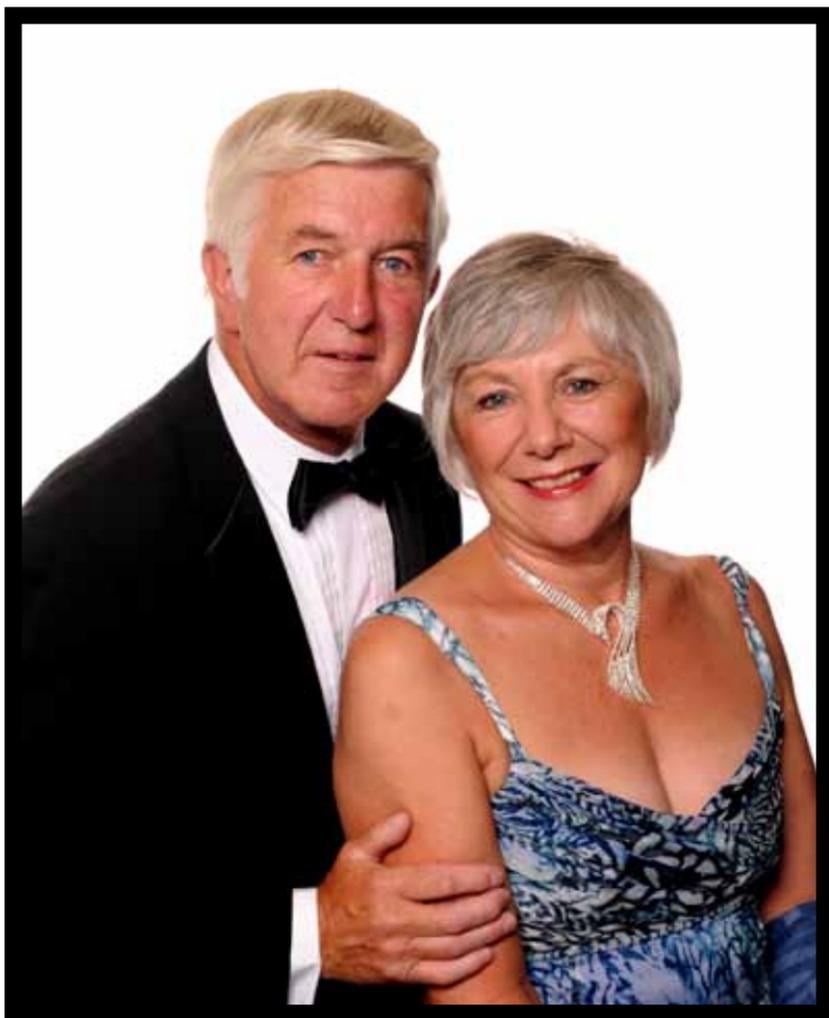


He stay still for his single portrait.

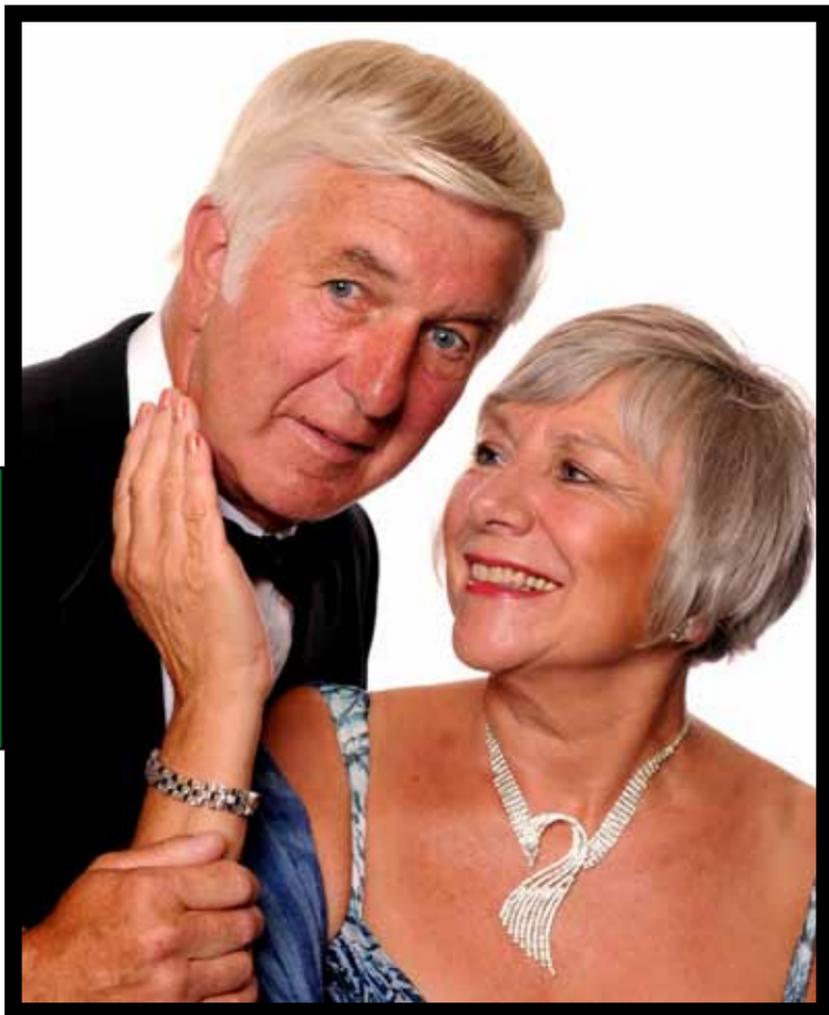


Bring the woman back for her single portrait, body facing in the opposite direction, hands crossed in front.





Start by sitting the man straddling the stool, sit the woman in front, control the heights of heads by the stool height.



She turns and places her hand on the side of his face, great for hiding creases and wrinkles.



The posing stools are great because they rotate, so just spin the woman all the way around to face him, and move their hands behind each others backs.



The woman just moves to his other side without you having to move the stool. Both of their shoulders leaning in towards each other.



If you have time you can lie the second stool on the floor for him to put his foot on, then rest his arm on his leg. Otherwise a regular sitting single will work.



She then returns and takes his place on the stool. The stools are still in place for the next couple.





This set needs two stools for the duration of the session. Start with him straddling the stool and she sits in front leaning her shoulder towards him.



She then turns on the stool and they hold hands in front.



Bring her left arm all the way over his neck, like a hug, and the right hand on his chest, She will lean back a little and he leans forward. Move in very close for this tight cropped image.



He remains in position but the woman stands and moves around. Start by leaning his left shoulder towards her first, then she leans her upper body towards him. This avoids giving the man a slouching position.



He doesn't move his position at all, the shoulder is still leaning down.



She is sitting on his stool. Both stools are still in the same place, ready for the next couple.





You need two posing stools for this set, and once you place the stools you won't have to move them for the duration of the session. Start with him straddling the stool, then sit the woman leaning back onto his chest.



Rotate her around on the stool for the classic holding hands in front.



Now tell them to look into each others eyes. His right hand holding her chin, they have to be really close together, her back straight and he's leaning in towards her.



Then just have them look at you.



She moves out for his single portrait, leave her stool in place.



Bring her back to sit, leaning backwards to avoid slouching and lengthening the body shape





This next couple are a great example of older people being able to do what you want them to, and as they have done a lot of cruising they are more open for new types of portraiture.



Bring her left arm all the way over his neck, like a hug, and the right hand on his chest, She will lean back a little and he leans forward. Step in very close for this tight cropped image.



Now he holds her chin and her hands are around his back.



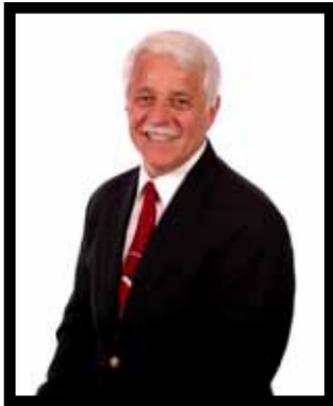
The man remains in position and the woman stands and moves around behind. On this back to back start by leaning his left shoulder towards her first then she leans her upper body towards him.



His shoulder is still leaning down.



Then the single of the woman facing the other direction.

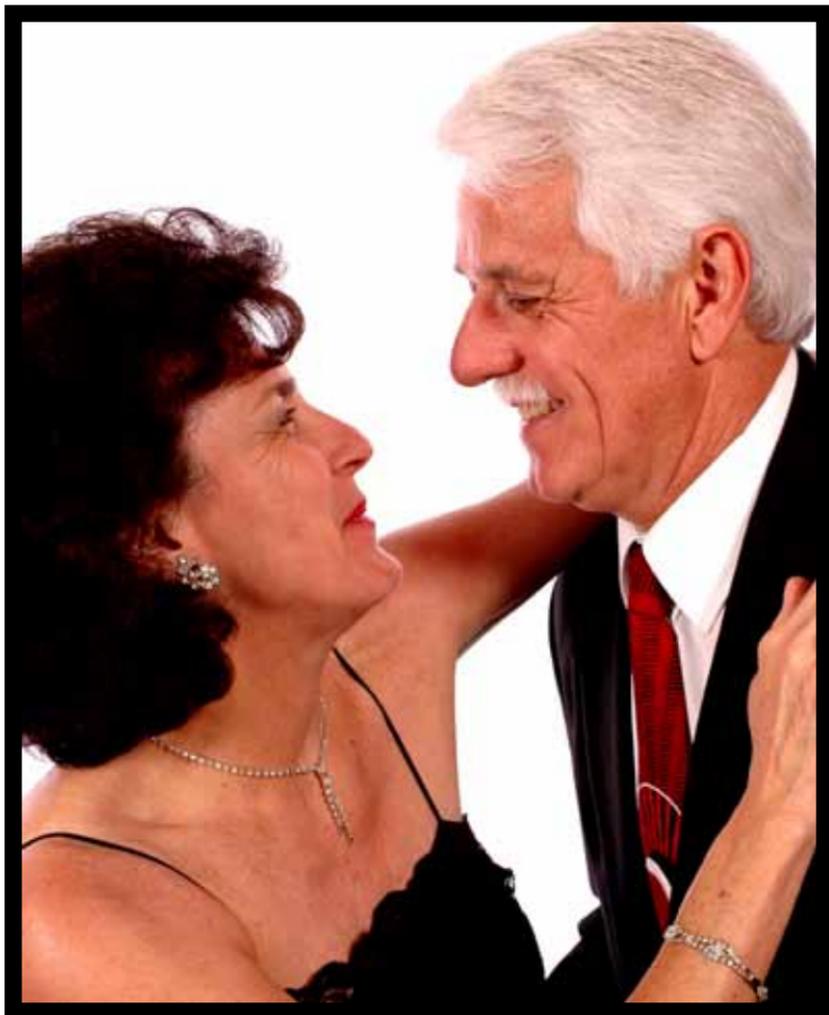




Start by sitting him and folding arms. His stool is at its lowest setting. Seat her behind, but her stool is at the highest setting. His right shoulder is leaning down so they can move their heads close together.



Bring her stool all the way down and he straddles her stool, body facing towards her.



Bring her left arm all the way over his neck, like a hug, and the right hand on his chest, She will lean back a little and he leans forward. Step very close in for this tight cropped image.



Now his right hand holding her chin, and they have to be really close together. His back straight, but leaning in towards her.



His left shoulder is leaning down.



And her single with the body facing the opposite direction.





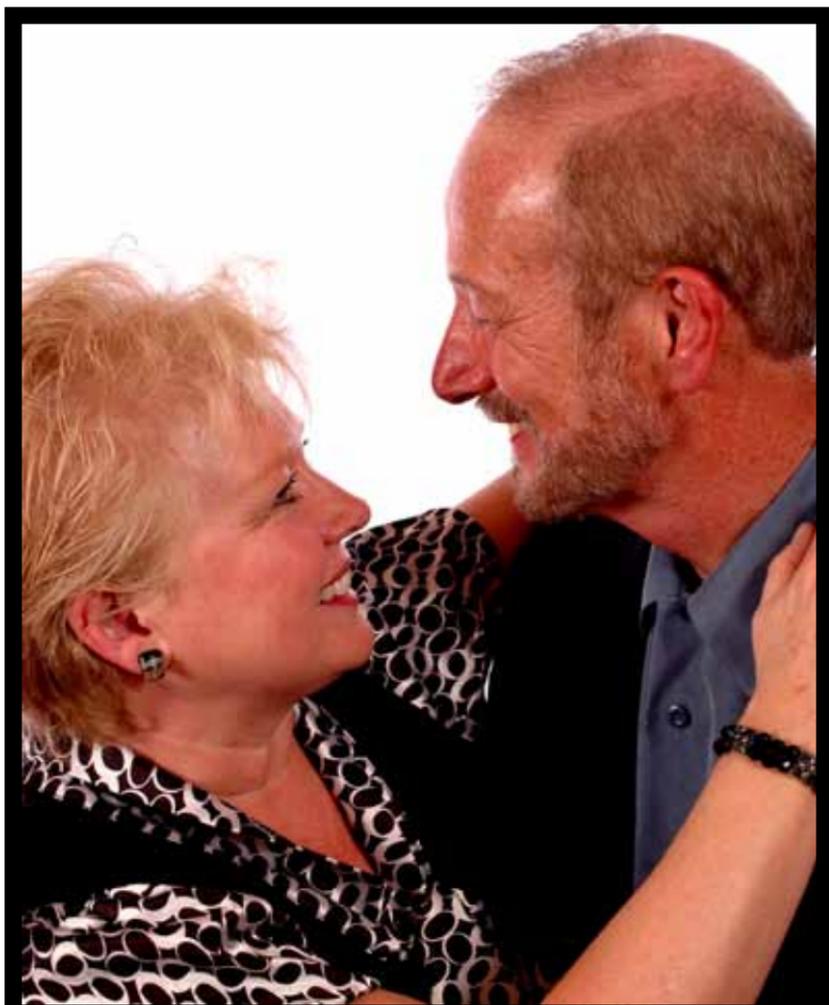
Start by sitting him and folding his arms, his stool is all the way down. Sit her behind with her stool is all the way up. His right shoulder is leaning down so they can move their heads close together.



Bring her stool all the way down and he straddle her stool.



Bring her left arm all the way over his neck, like a hug, and the right hand on his chest, She will lean back a little and he leans forward. Step very close in for this tightly cropped image.



Just keep the body position, ask them to look into each others eyes and bring their noses closer together.



His left shoulder is leaning down.



And her single with the body facing the opposite direction.





He sits, and usually the stool is at its lowest setting. This allows her to lean in and place her head next to his.



Place her behind to lean on his shoulder. In this case she's too tall, so sitting was the best option. His right shoulder is leaning down.



From the same pose they look at each other.



Stand them up for the next pose, with his hand on her shoulder or arm. Heads very close together.

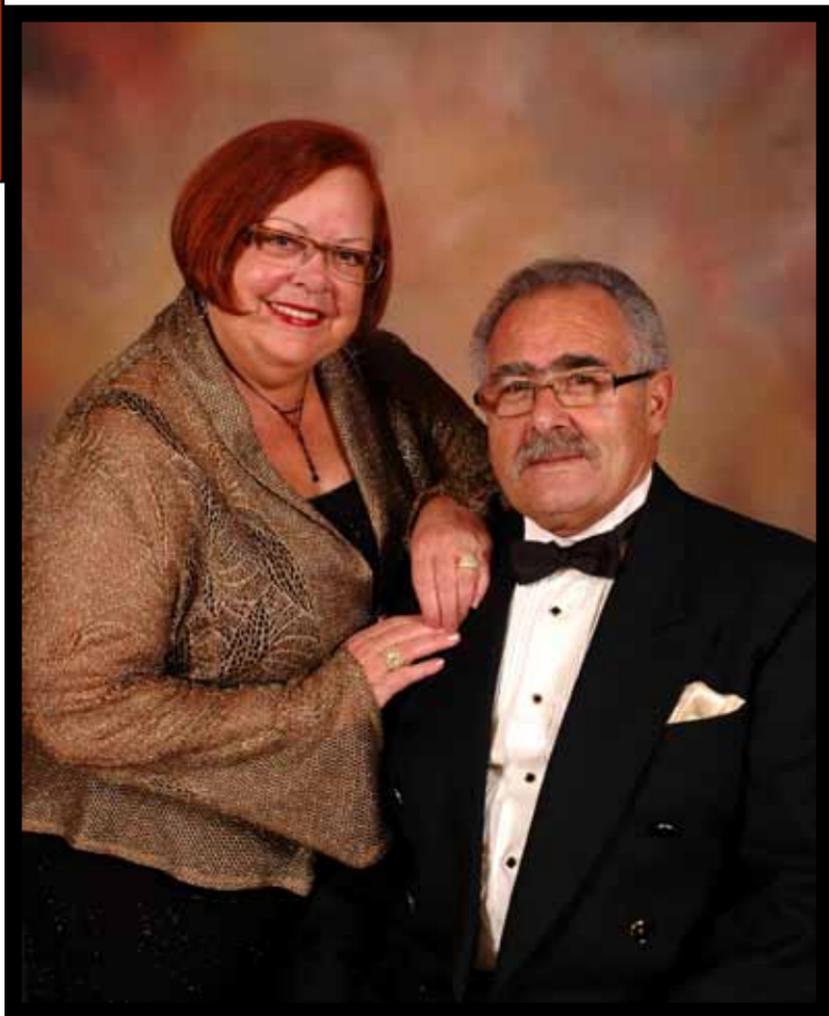


He's folding his arms and leaning his shoulders towards the camera.



And the same for her, just with her body facing the opposite direction





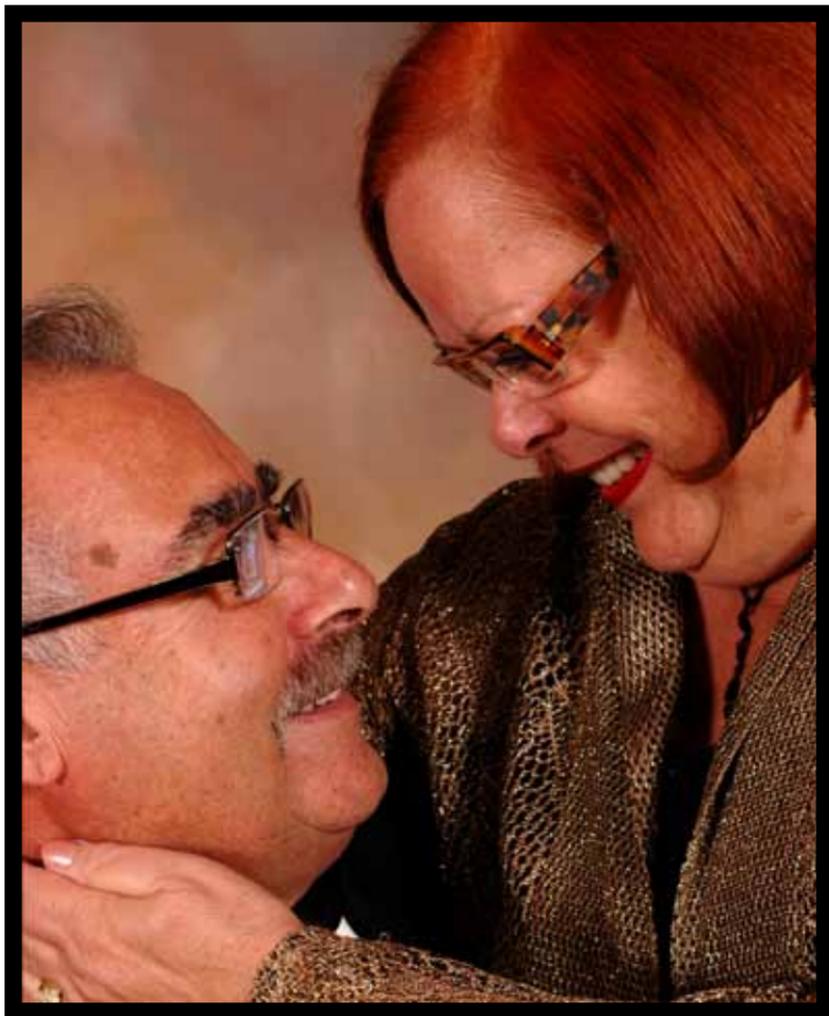
You need just one posing stool for him, she rotates around him creating a nice easy session for him. Sit him down with his right shoulder leaning closer to her.



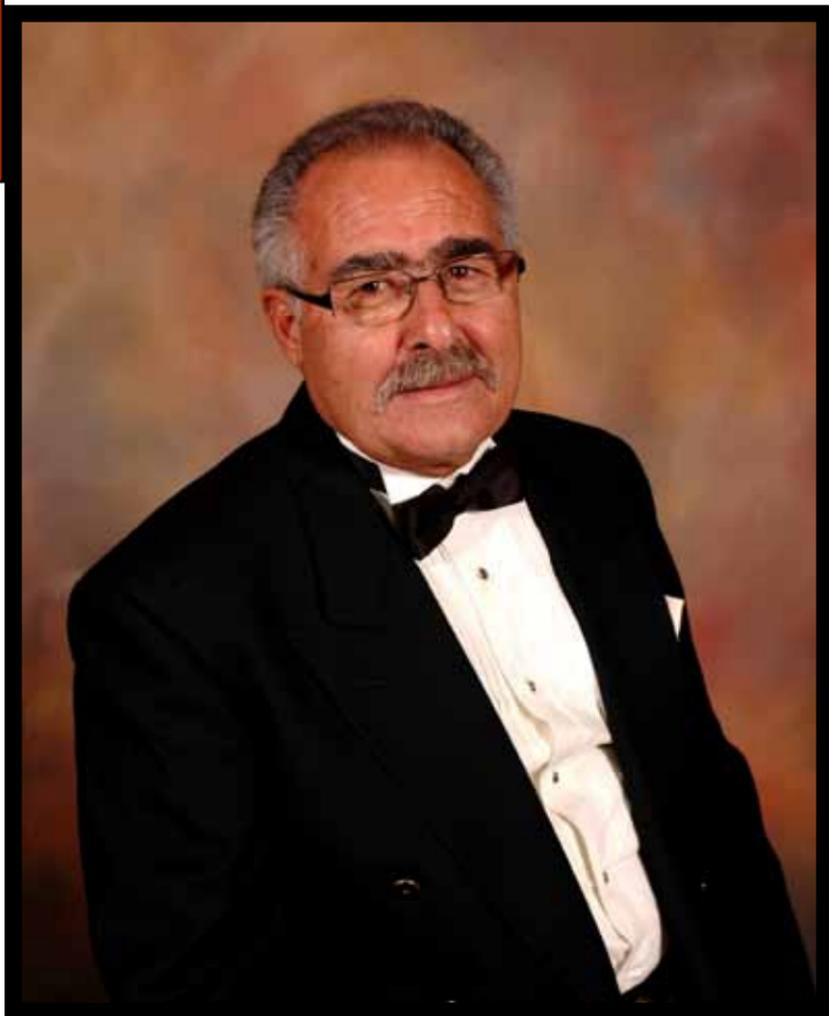
She moves to the opposite side, he leans his left shoulder towards her. When you have larger passengers they need to be positioned with a little gap between them. This allows them the space to lean closer in with their upper bodies, to create the composition required.



He rotates on his posing stool and her arm goes around his back. His left shoulder leans towards her.



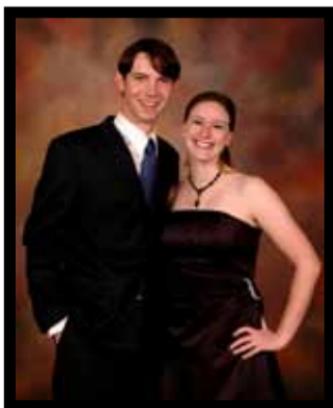
Bring her hand onto his neck covering lines and wrinkles, make sure the hand doesn't cover the face. She leans in closer to him with her upper body. Step in really close for this tightly cropped image.

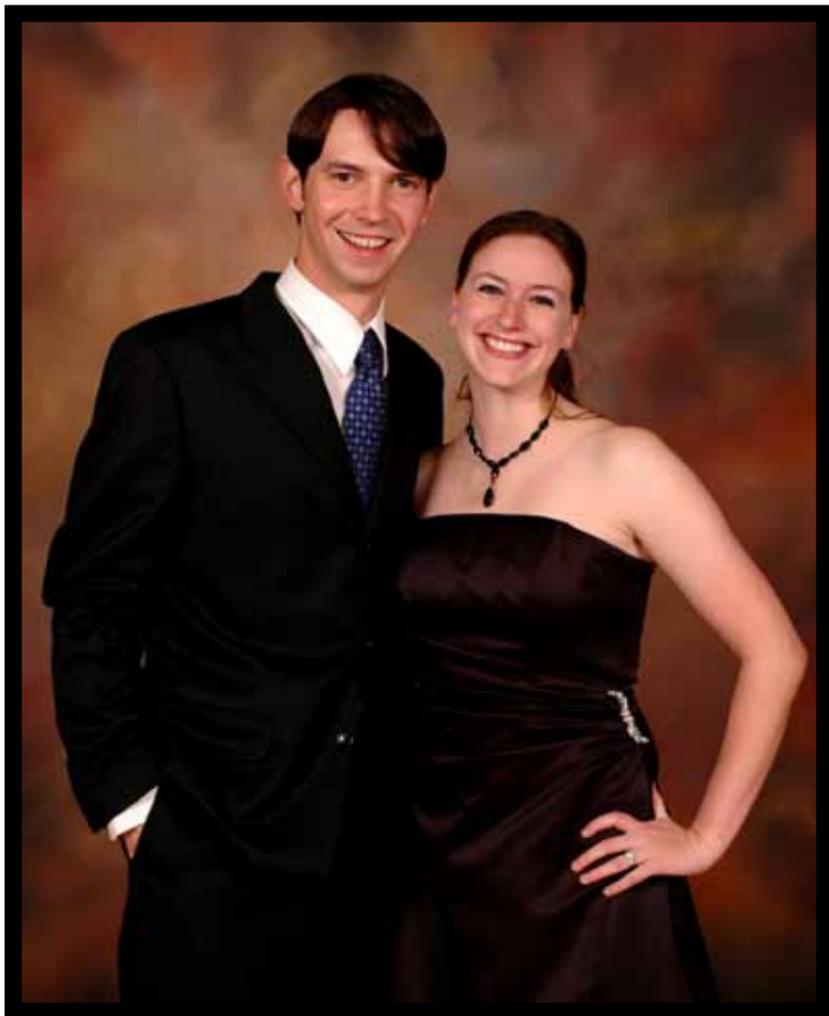


He keeps the same position while she steps aside.



She sits on the posing stool facing the opposite direction





By putting her hand on the hip, we are turning this image into a more contemporary portrait for younger people.



Return to the more standard type of pose by holding hands in front. All sets should have a mixture of classic and contemporary poses.



Now sitting. His stool is all the way down and her's all the way up. She sits just on the edge of the stool and leans in towards him. He folds his arms, tilts his shoulder towards the camera, but leans backwards towards her to avoid slouching.



Step closer in for a tighter cropped image. This pose works best when she's smiling a large smile at him.



Keep everything as they are just step her to the side.



You can either choose to remove stools out of the way and have her standing up or seat her down, depending on how much time you have.





This set will need just one posing stool for him. In this set he doesn't have to move during the session. Lean his right shoulder down while she leans in from the side.



While he folds his arms, she turns around and leans her upper body back towards him, resting on his shoulder.



The woman changes sides and he tucks his left arm under her right shoulder. They both lean towards each other.



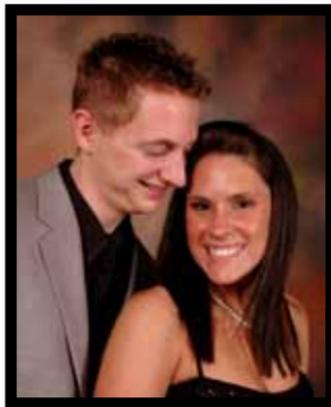
Step closer in for a tighter cropping.

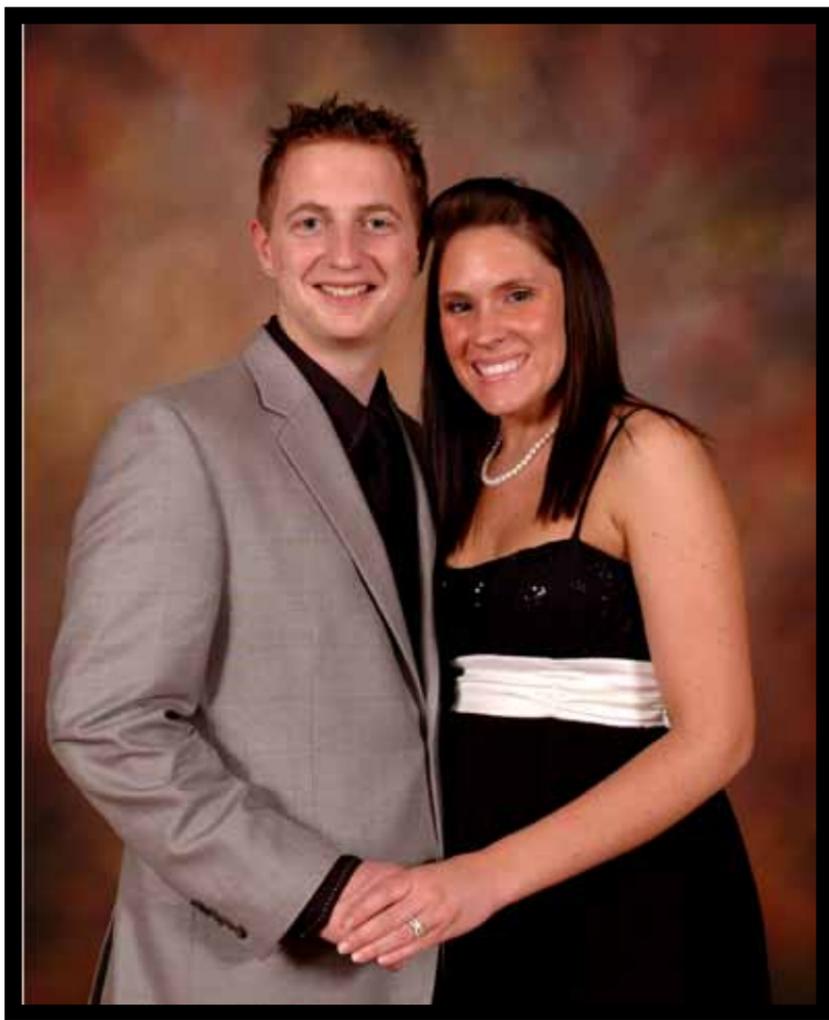


He's already in position for his single.



Then she sits on his seat, facing the opposite direction.

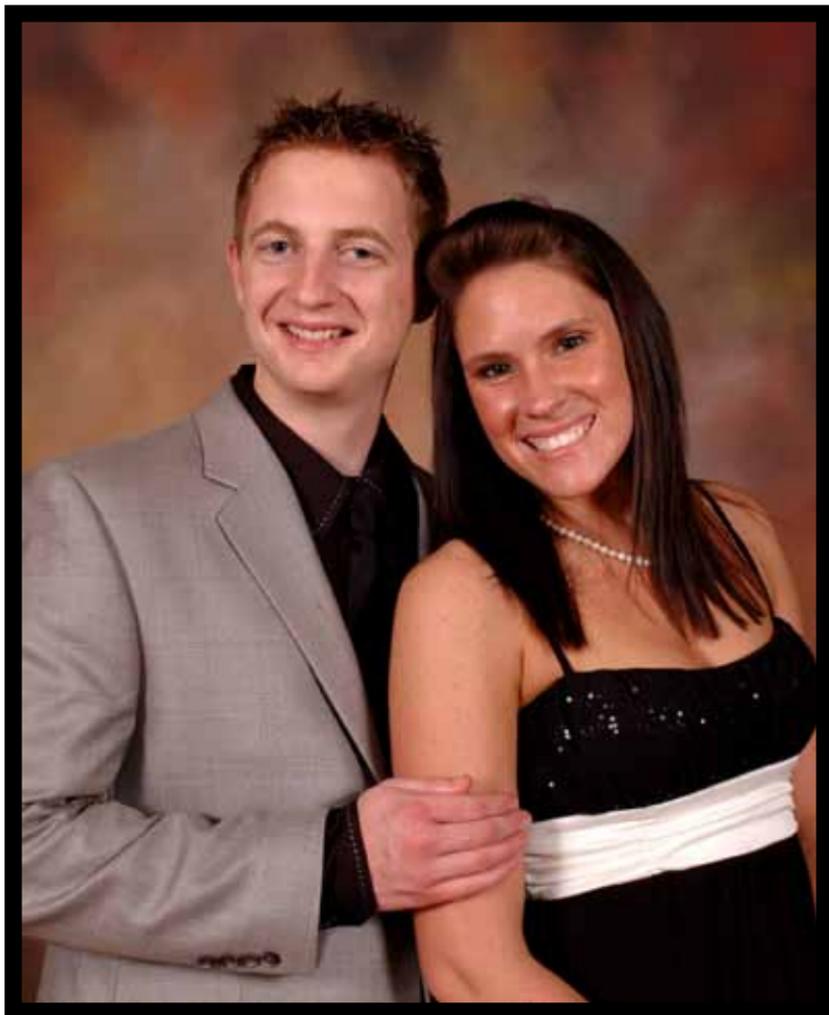




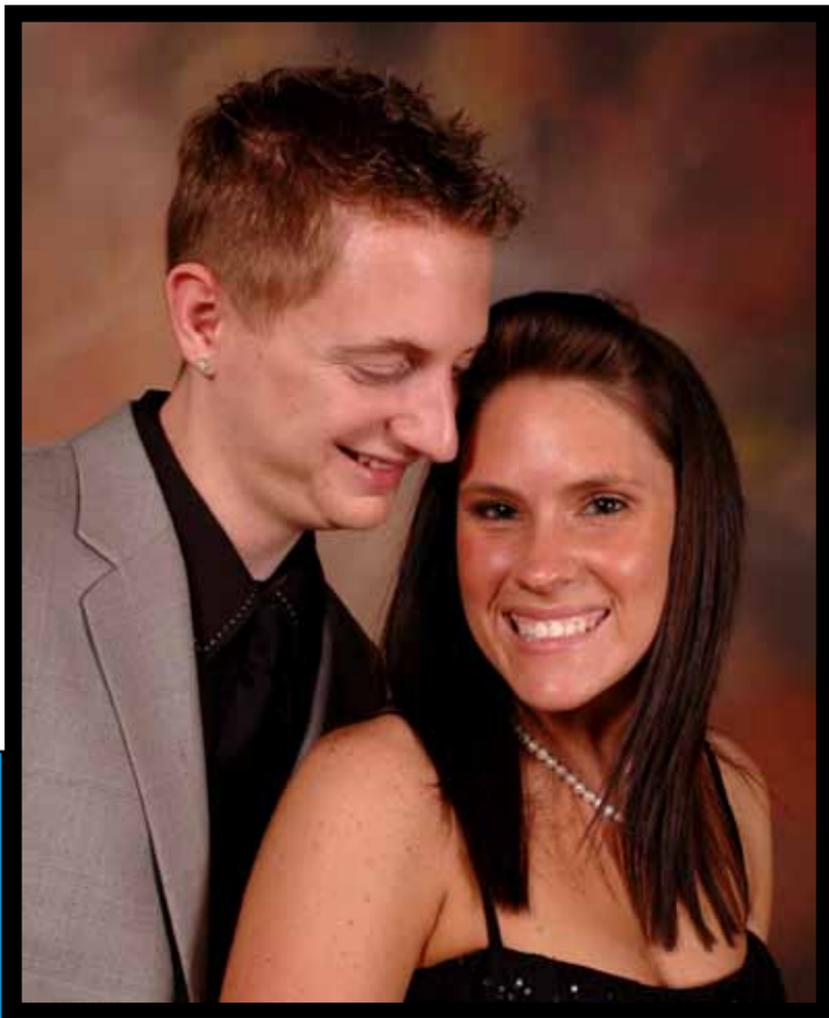
Place the couple on the mark, and start with a classic.



Step closer for a tighter cropping, she puts her hand over his heart. If the hand is too close to the shoulder it can look like she is pushing him away.



She turns around and leans back onto his chest. He covers her upper arm with his hand. Fingers together, thumb down.



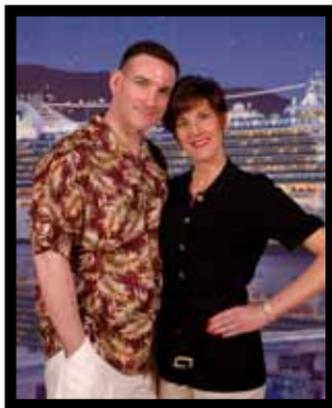
Add the contemporary in the end, crop in close and tilt camera towards tallest person (HIM).



His single first.

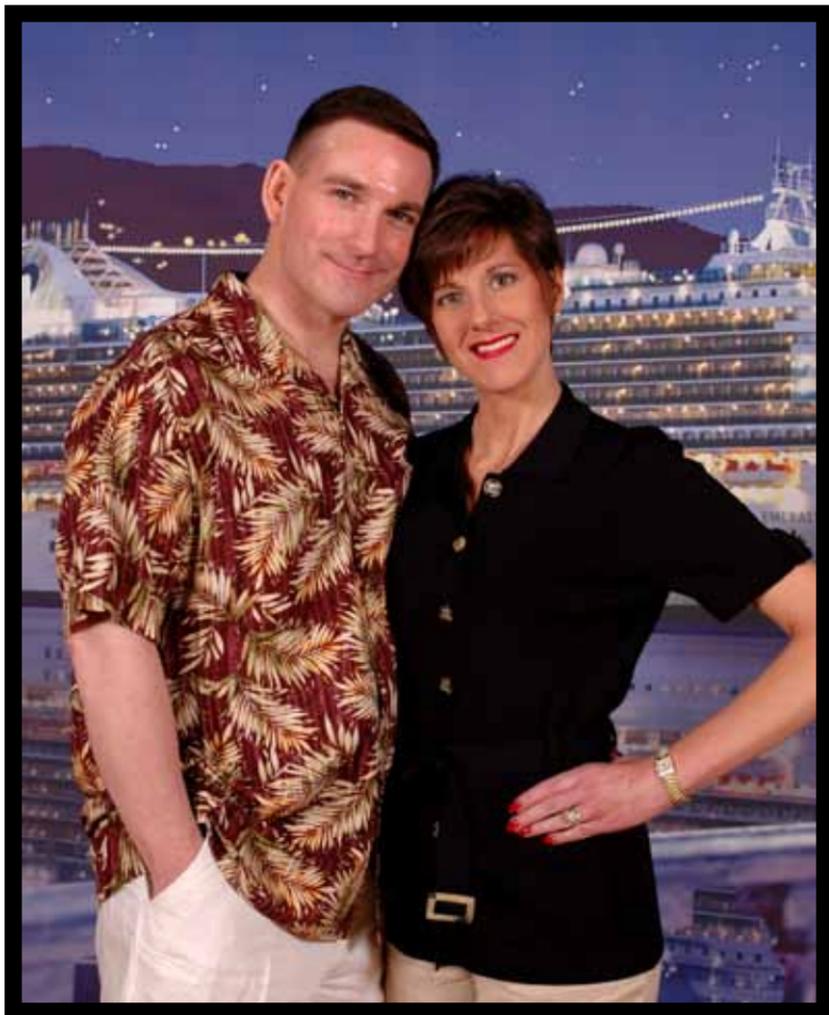


Bring the woman back for her single portrait, body facing in the opposite direction.





This set of poses are good for both Casual and Formal nights. By putting her hand on the hip, we are turning this image into a more contemporary portrait.

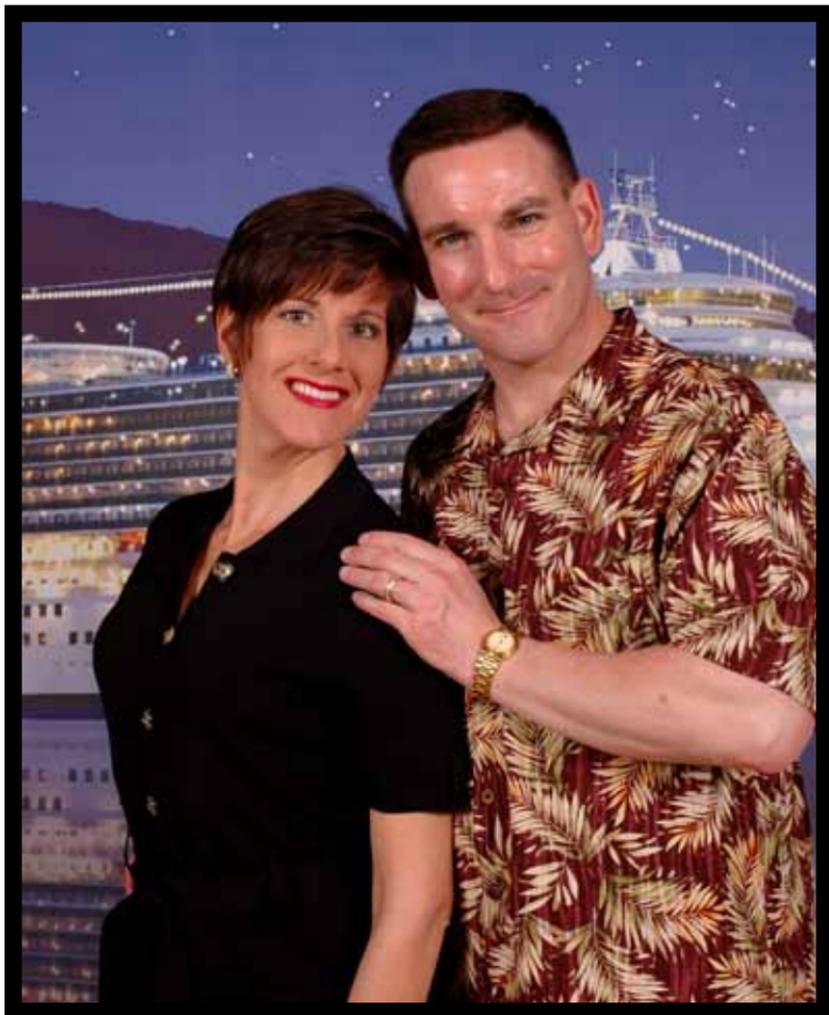


Take advantage of your backdrop and shoot the same pose in a vertical.

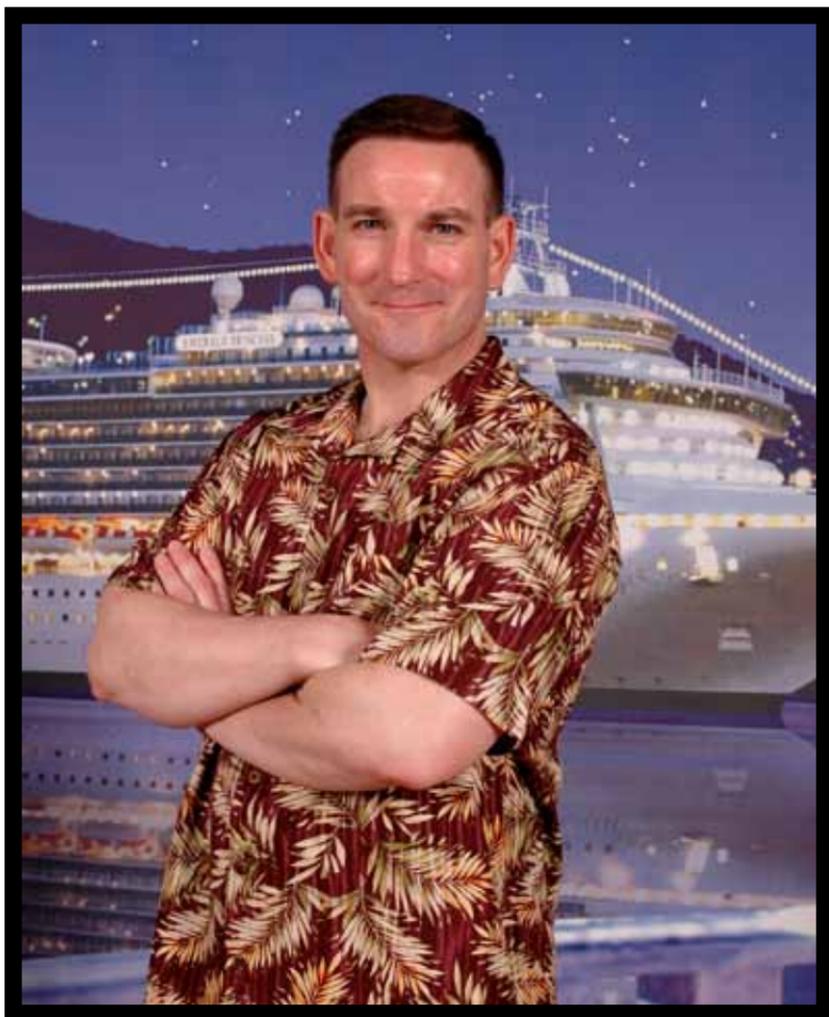
In case you have a plain backdrop just replace the pose with another, like holding hands in front.



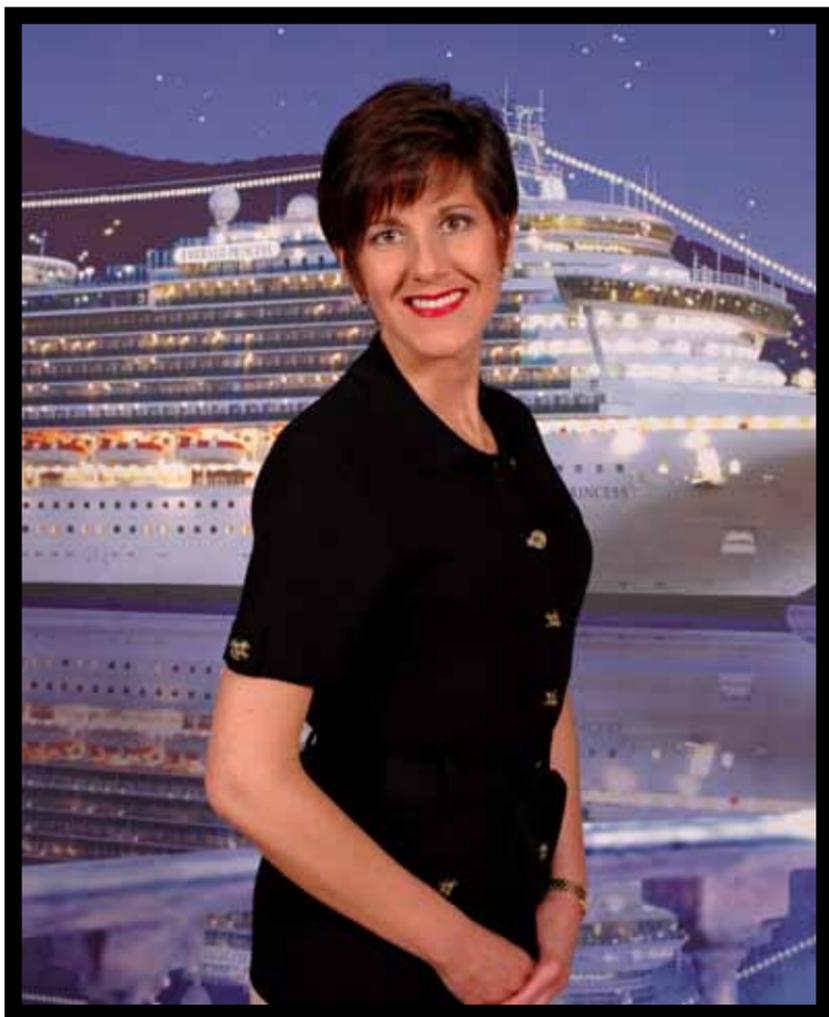
Bring the her onto the other side to do a back to back.



Turn him around have him put his hand over the woman's arm.



Then his single.



Then hers facing in the opposite direction.





Another set where he doesn't have to move at all. This set can also be done in a formal night.

Start with a contemporary feeling by putting hand in pocket for him and hand on hip for her.

If you're shooting a plain backdrop than this image would be a vertical.



Take advantage of your backdrop and redo it in vertical. In case you have a plain backdrop just replace the pose with another, like holding hands in front.



The woman moves around to the other side. She can stand up on her toes or he can bend his knees if the difference in height is too large.



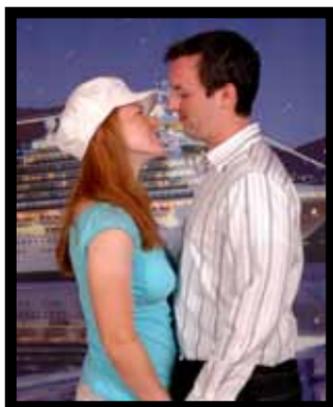
Then she turns for a back to back image. For larger people the hands should be down by their sides.

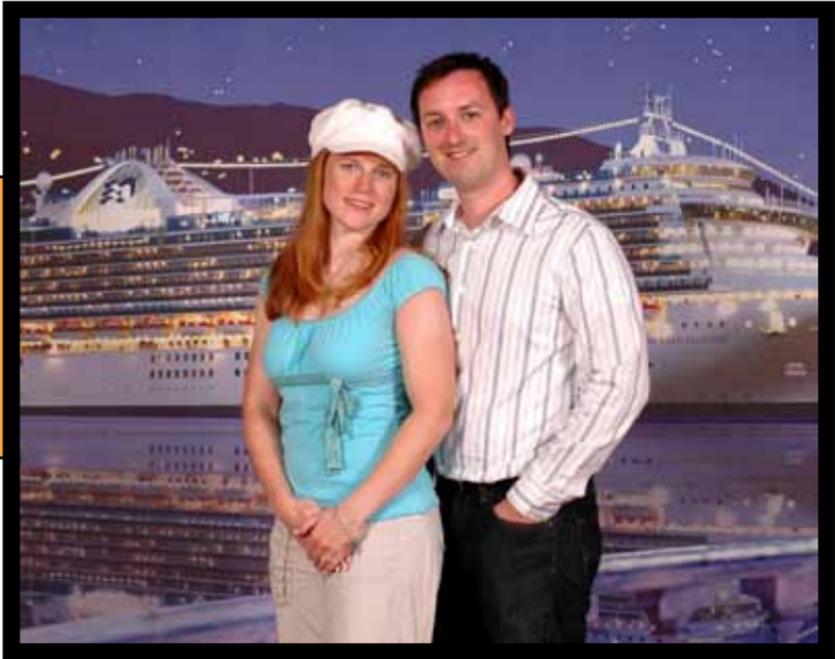


Followed by his single first.



Bring the woman back for her single portrait, body facing in the opposite direction.





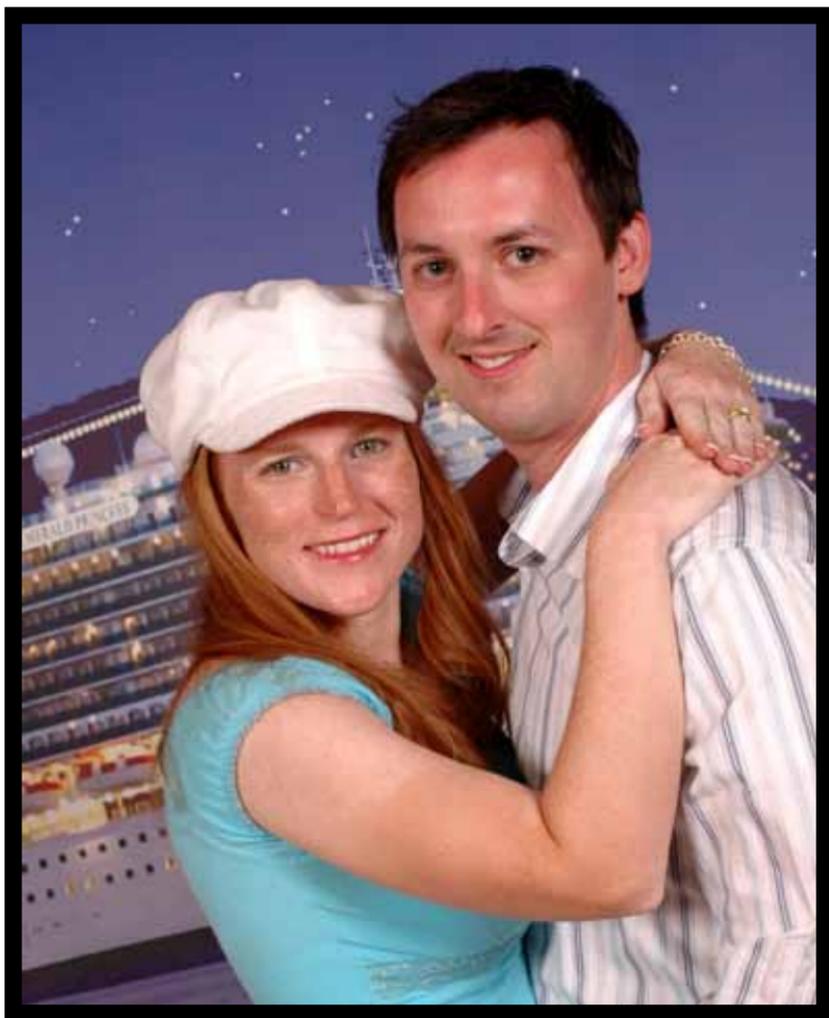
This set of poses are good for both Casual or Formal nights. By putting her hands down, we are turning this image into a more classic portrait.



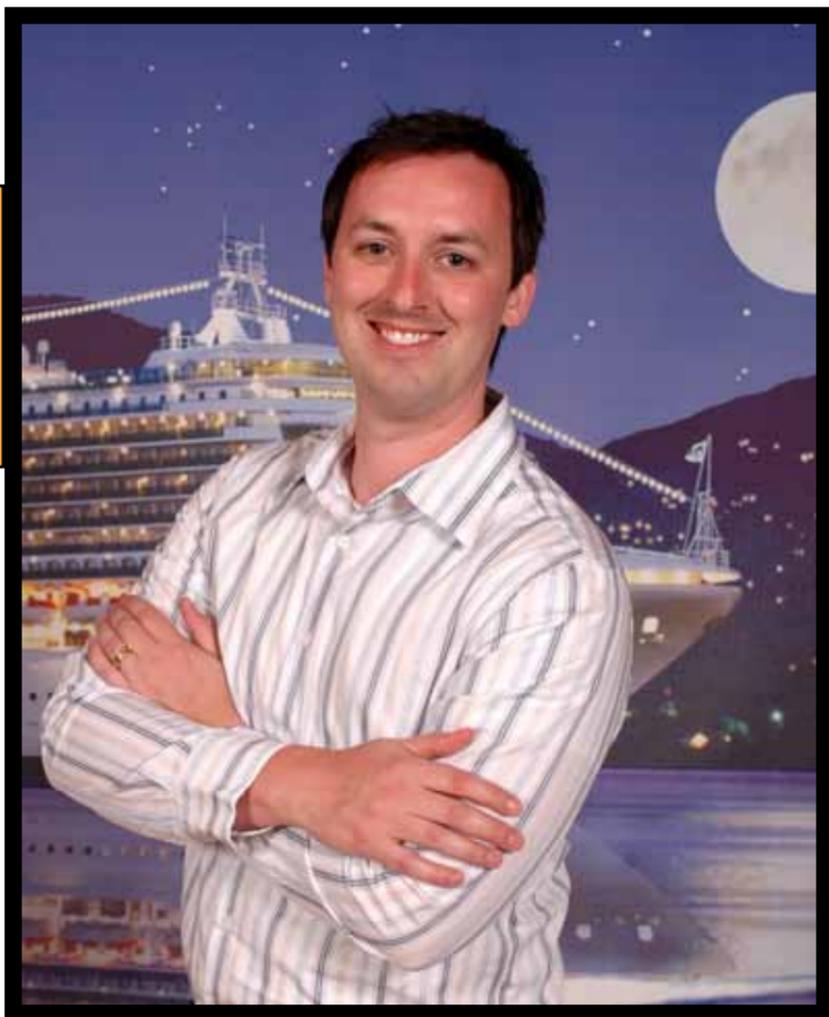
Then she turns in for a more contemporary style.



Then have them look into each others eyes and bring the noses closer together.



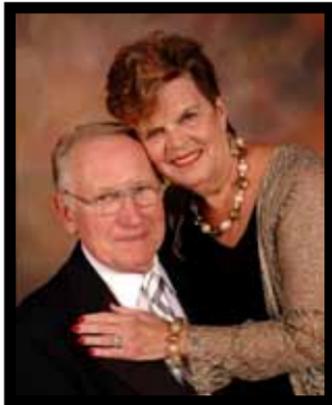
The woman then puts her arms around his shoulders. If he is too tall then he could bend his knees or she can come up onto her toes. Come in much closer for a tighter cropped image. Tilt the camera towards tallest person.

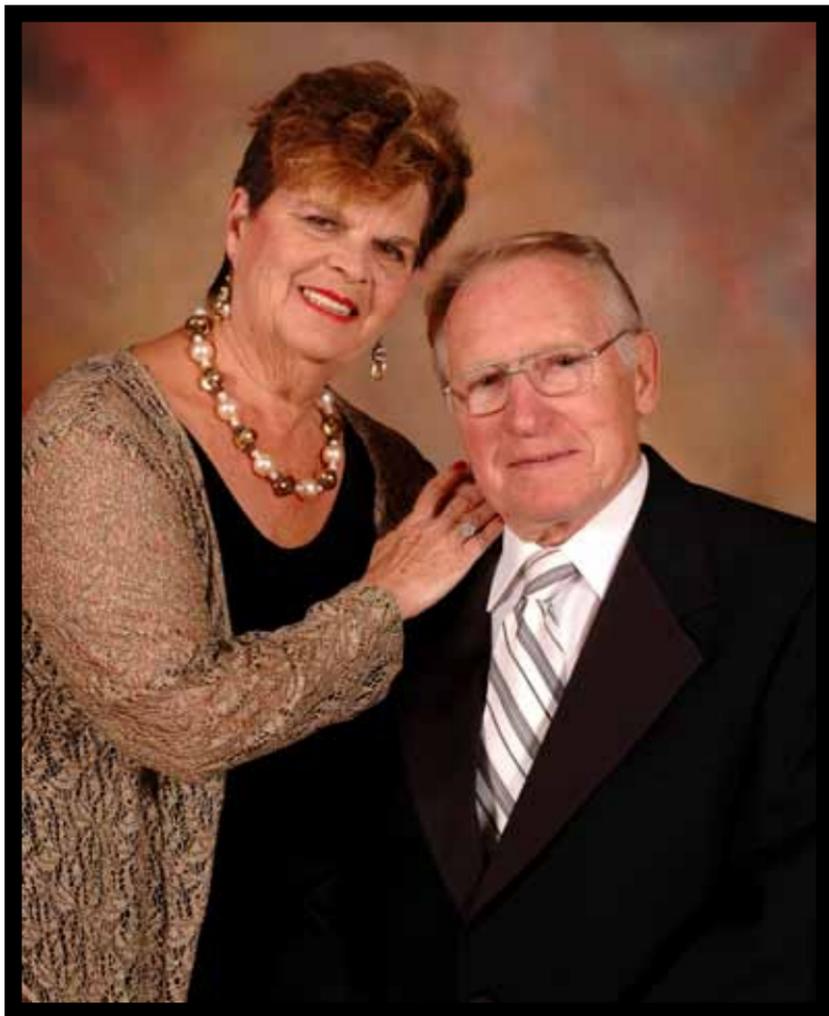


Fold the arms and rotate his shoulders towards the camera to give the effect of wider shoulders and a more masculine pose.



Women that have slim bodies can put their hands behind their backs.

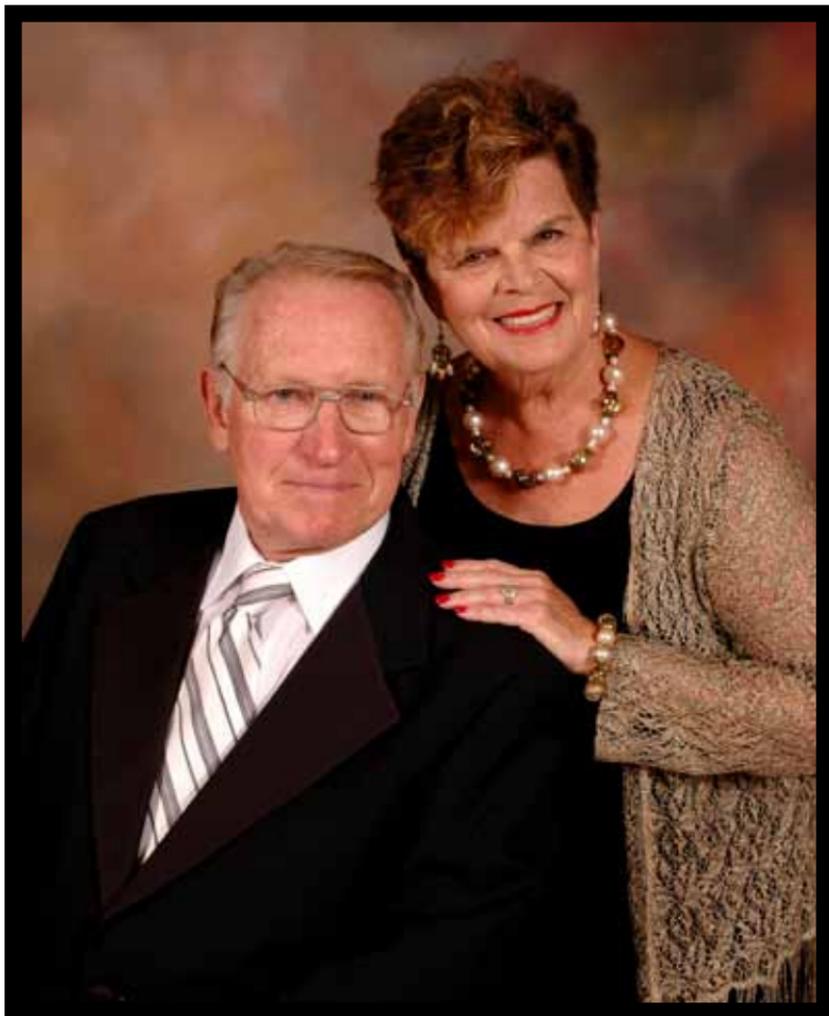




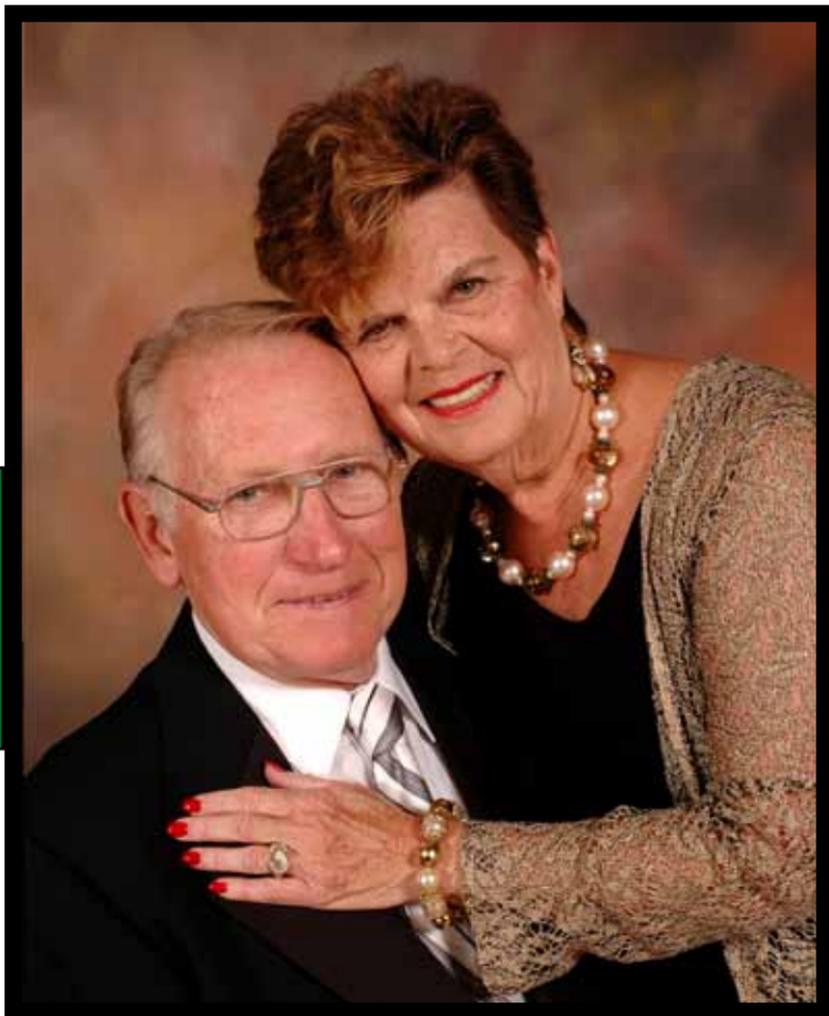
One posing stool for this set.



For the next pose ask them to look into each others eyes and ask her to put her hand on her hip. If you are shooting on a theme backdrop you can turn this image into an horizontal.



Move the woman onto his other side and slightly behind. Tilt his left shoulder down and he leans back towards her. She leans in towards him so their heads are closer together.



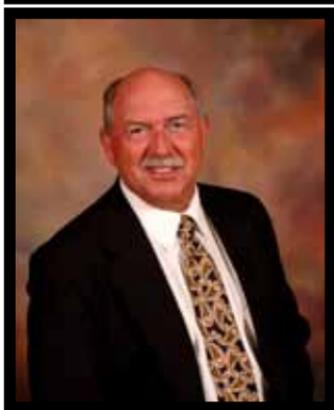
The man now rotates on the stool towards the woman. Place her hand on his chest. Tilt camera towards the tallest person and move in closer for a tighter cropped image.

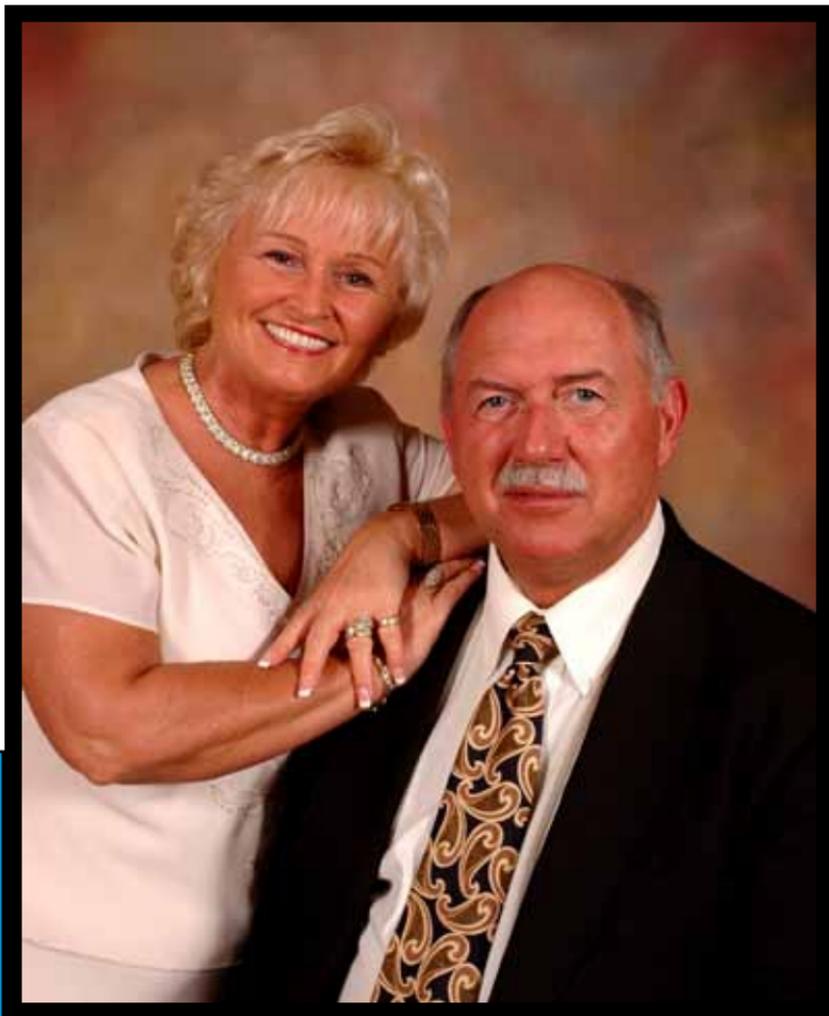


He remains seated for his single portrait.



Bring the woman back for her single portrait, body facing in the opposite direction.

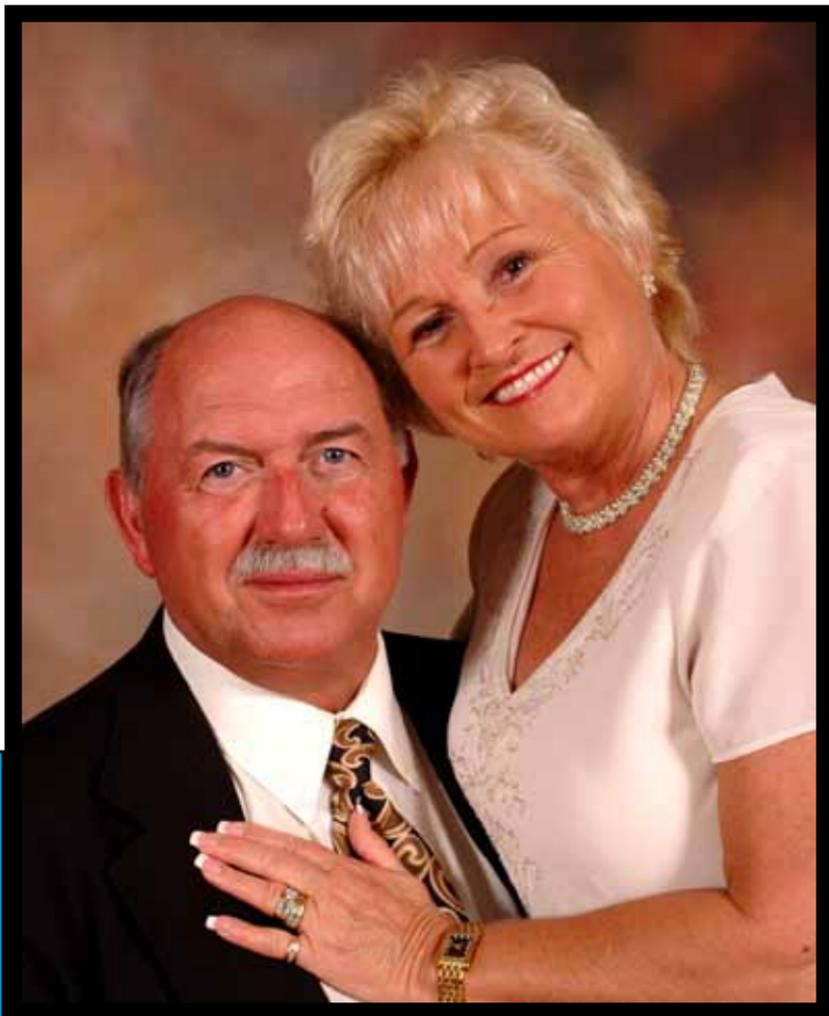




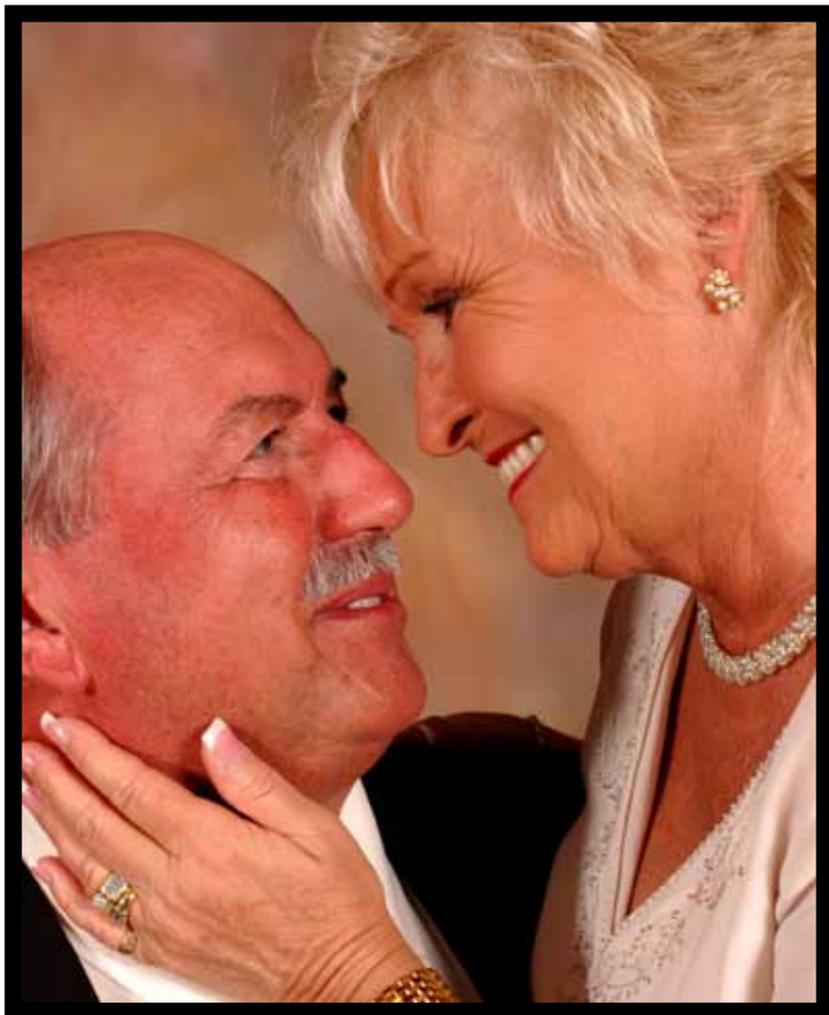
He sits first and the she moves in from the side. He leans his shoulder towards her so their heads are closer together. Control the distance between their heads by the stool height.



You can also turn this image into a vertical by placing one of her hands on her hip. If the woman doesn't want to show her hands, then put her left hand behind his back and her right hand by her side.



The man remains in place but the woman moves to the other side. One hand behind his back and the other on his chest. Tilt camera towards tallest person, move closer in for a tighter crop.



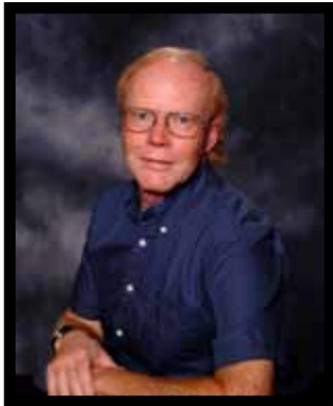
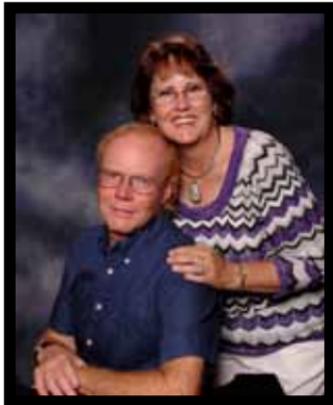
For the next pose she moves the hand off his chest onto the side of his face, and ask them to look into each others eyes. Step in much closer for a much tighter crop.

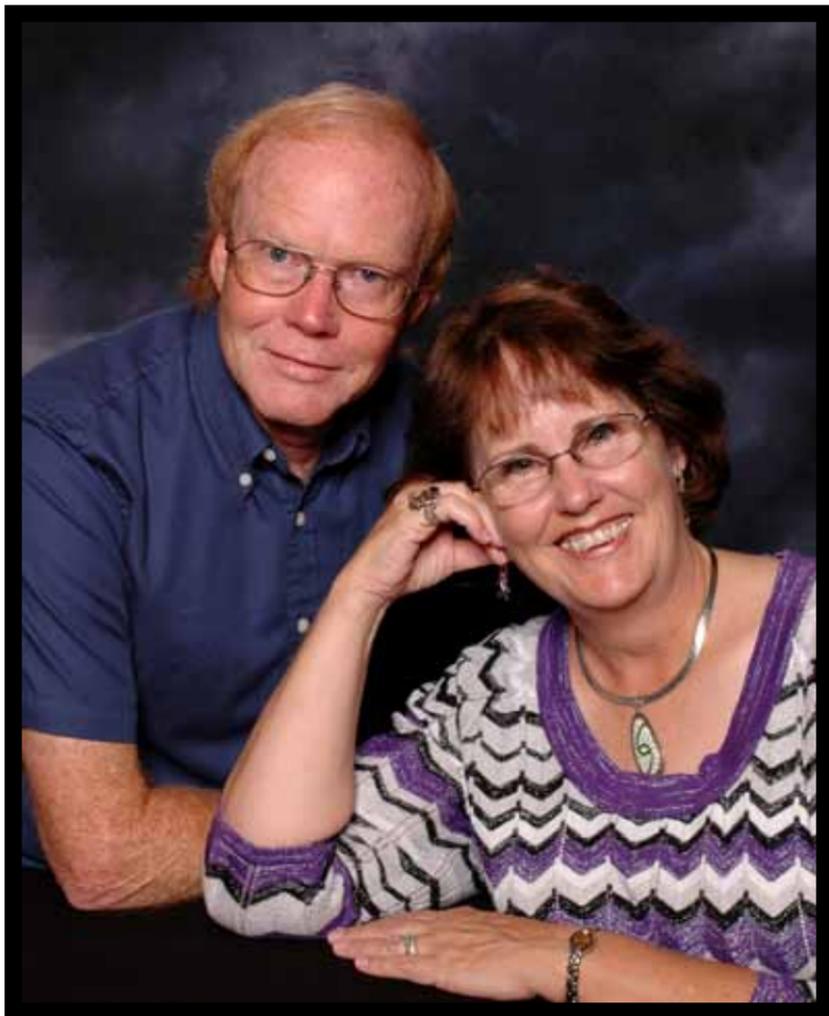


He remains seated in his position for his single.



Bring the woman back for her single portrait, body facing in the opposite direction.

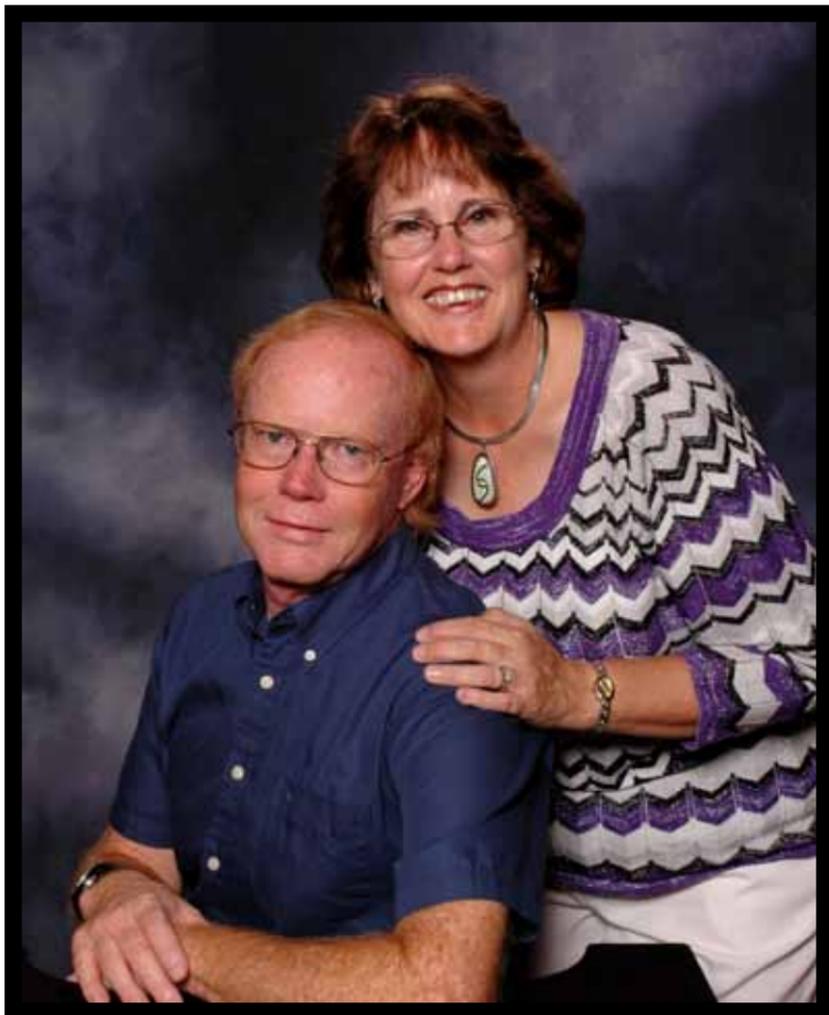




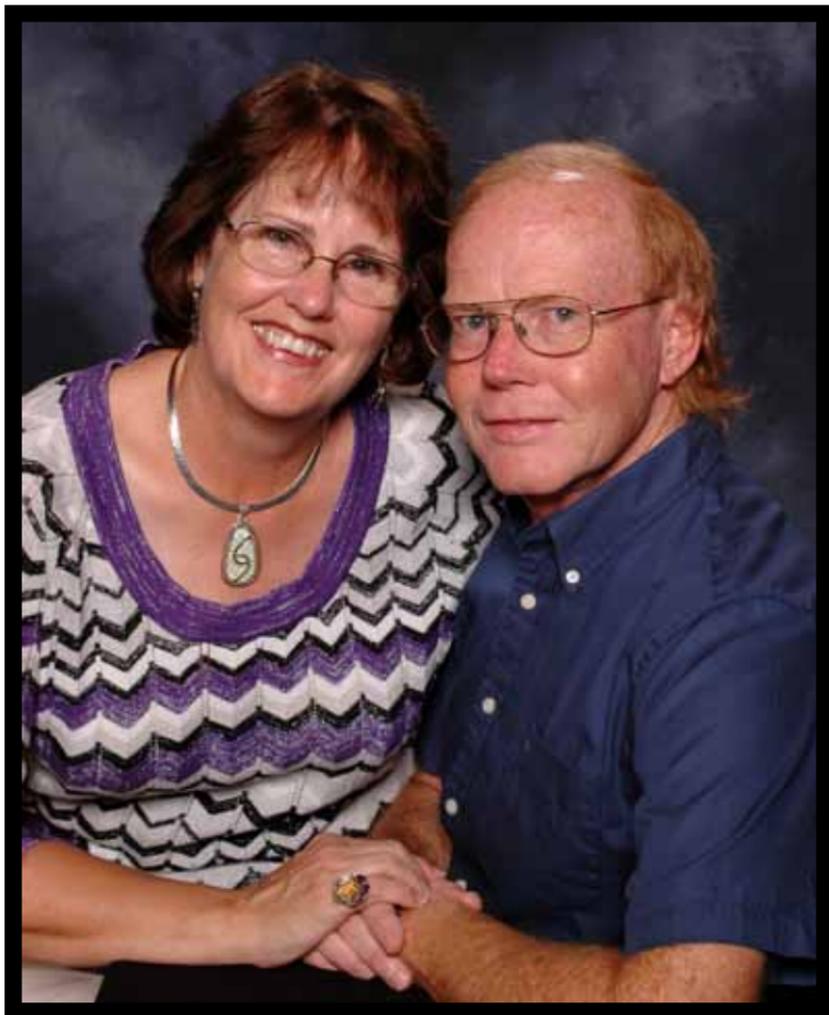
This set requires a posing table and two posing stools. Sit the woman at the lowest setting on the stool and at the side of the table. The man sits behind the table leaning forwards.



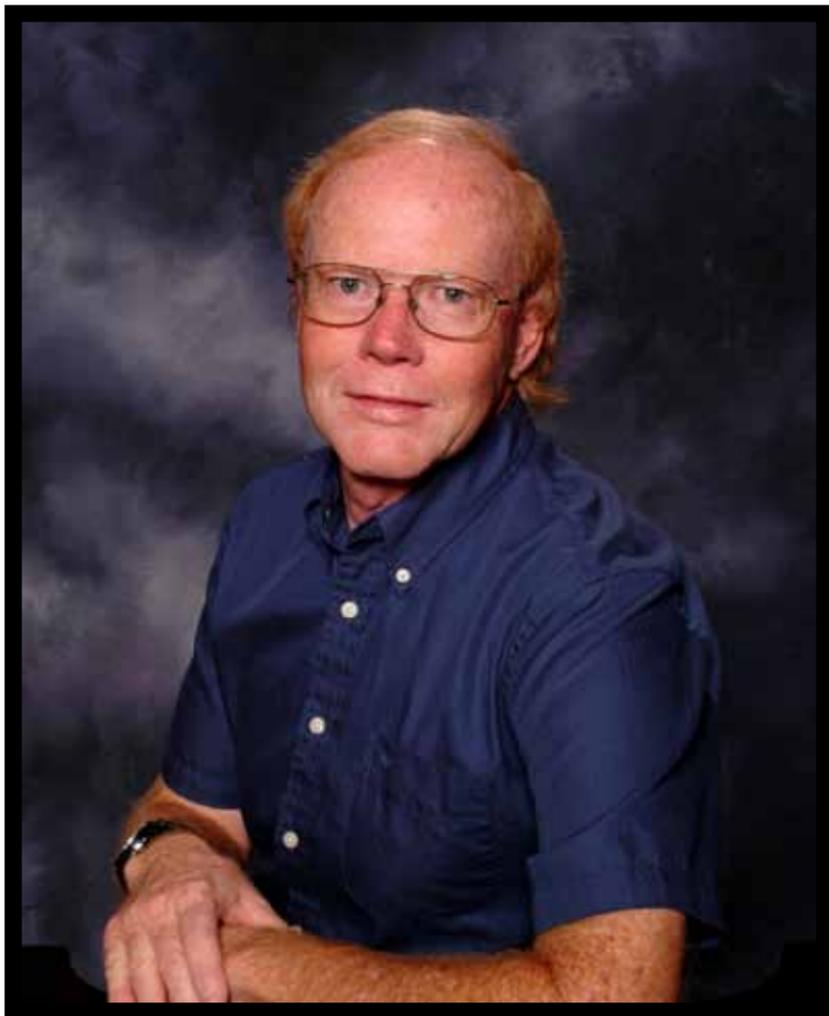
The bodies stay in the same position, just make them look at each other and place her hand under her chin. Step in closer for a tighter cropped image. Apply a small camera tilt.



The woman now stands and he points his left elbow towards the center of table. He leans back against the woman's chest and she leans her upper body in towards him.



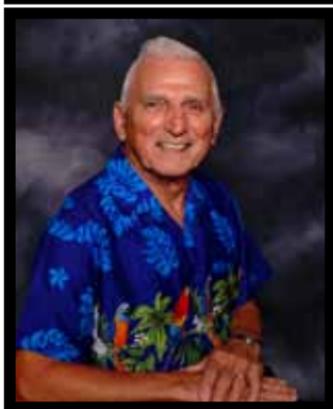
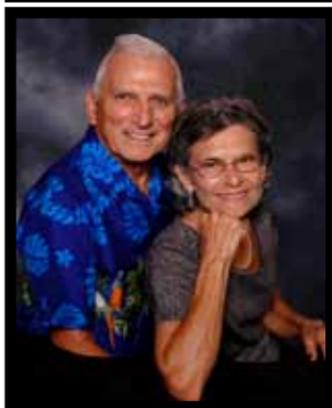
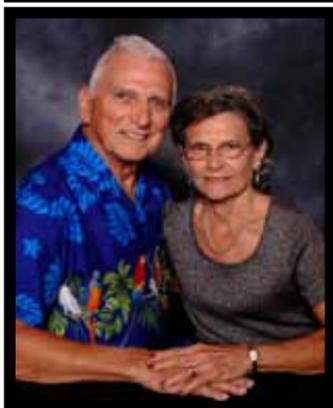
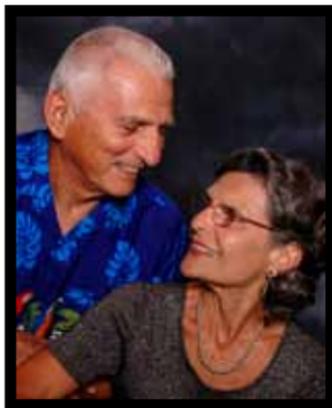
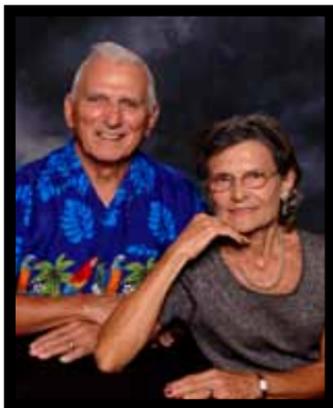
Move the woman to the other side of the table and sits on his knees. Ask the couple to hold hands in front.

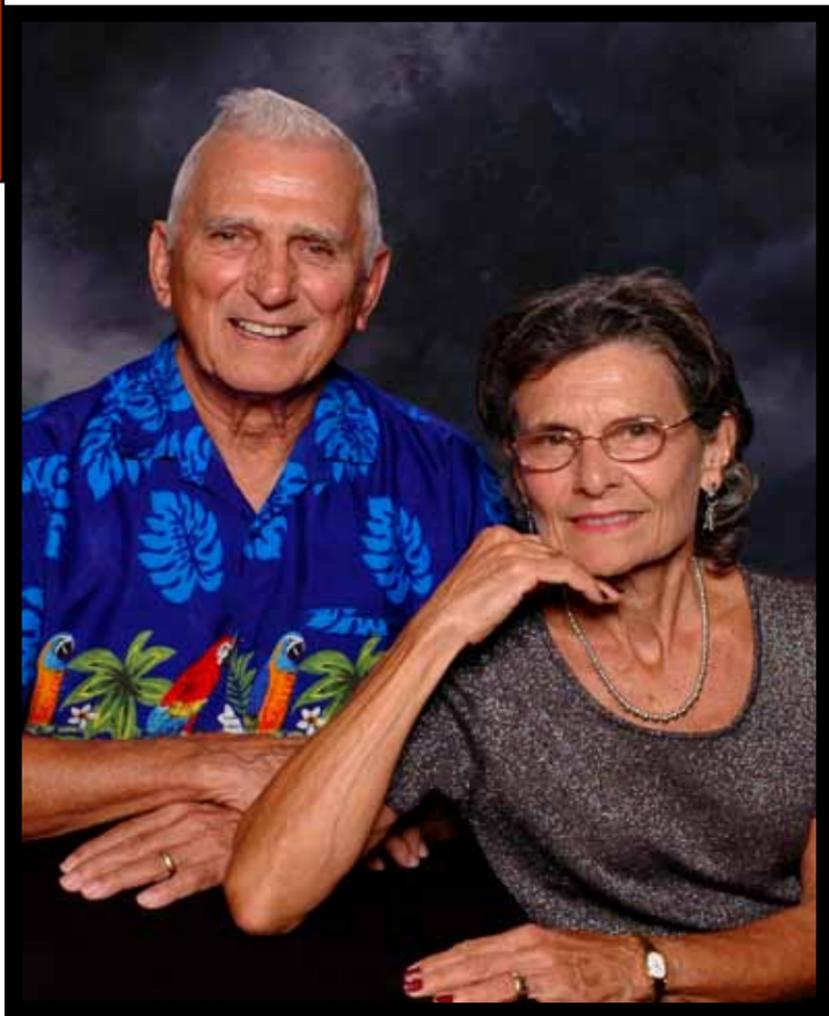


The man is already in position for his single.

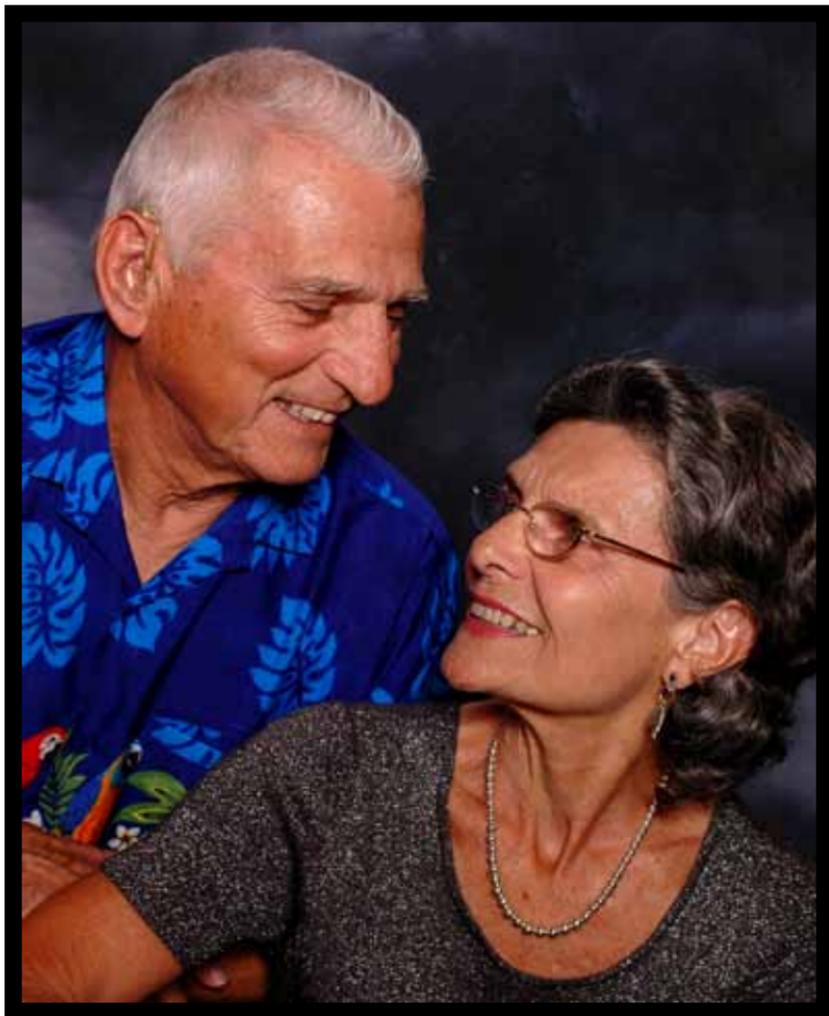


Sit her with her elbow leaning pointing towards the camera, and her hands closer to her body.

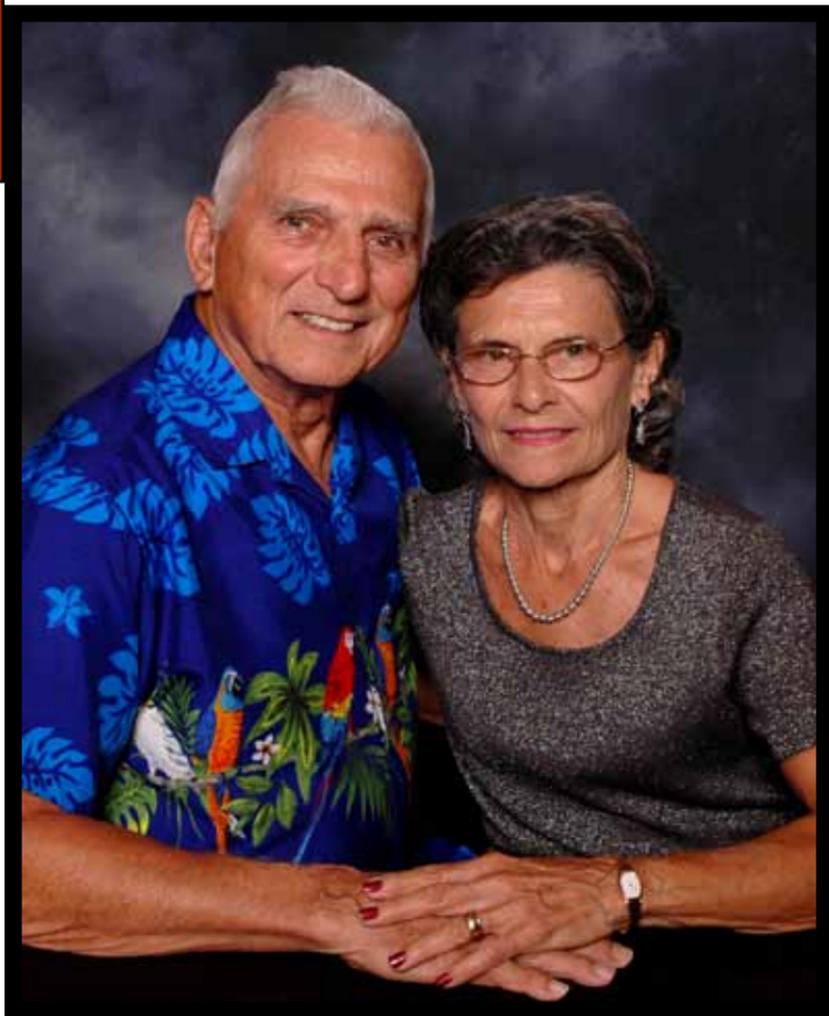




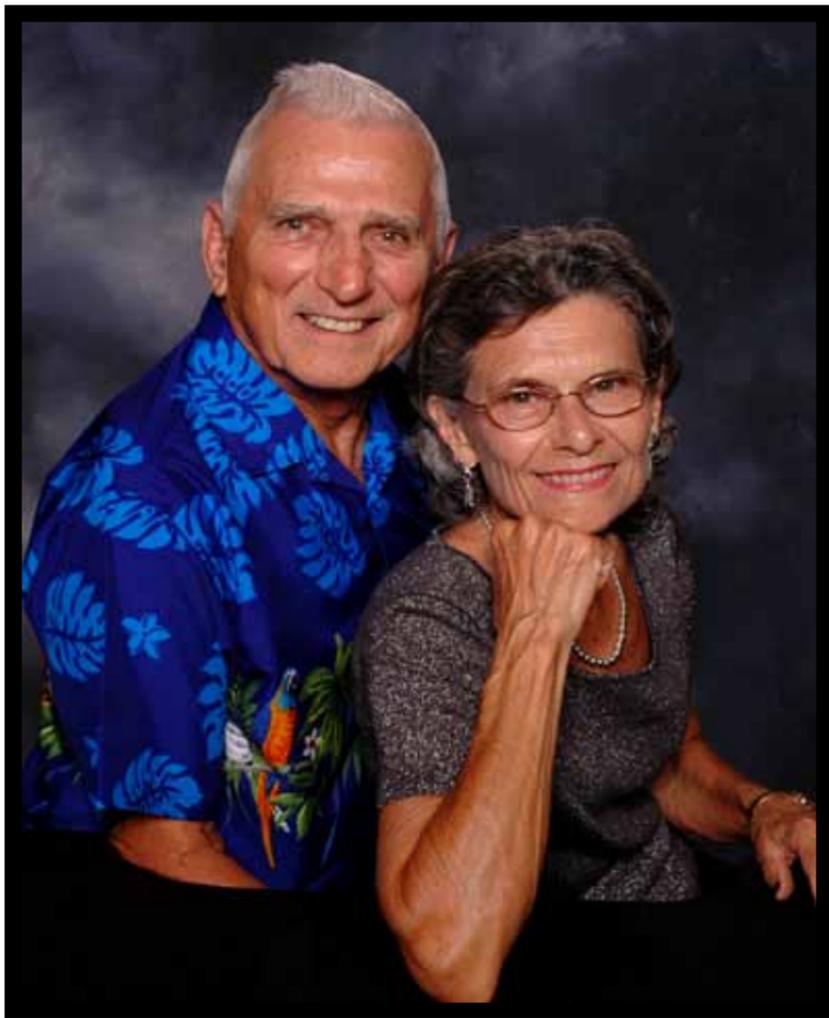
This set requires a posing table and two posing stools. Sit the woman at the lowest setting on the stool and at the side of the table. The man sits behind the table leaning forwards.



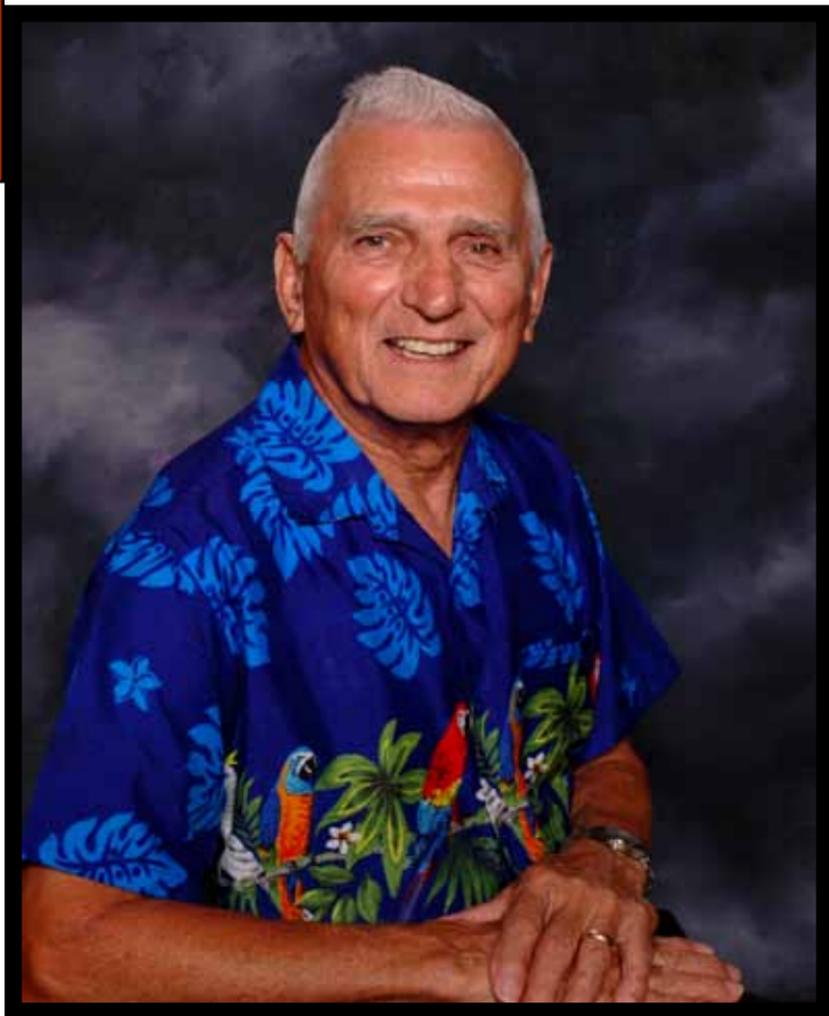
For the next image ask them look at each other, move in closer for a tighter cropped image. Tilt the camera towards tallest person, but just a little.



Bring her stool behind the table and have them hold hands in front.



She now turns her back towards him. Her elbow points towards the camera and her hand placed under her chin. Depending on the man you can keep the hand on the table or place beneath.



The woman steps out for the mans single portrait.



The woman returns for her single portrait with her body facing the opposite direction.





This set requires a posing table and two posing stools. Sit her on the lowest stool setting on the side of the table. He'll sit behind the table leaning forward towards her.



Same body positions just ask them to look at each other. Her hand goes under her chin, step in closer for a tighter cropped image. Tilt camera towards tallest person but not too much.



Move her stool behind the table and have them holding hands in front, the hands are close to the body and they point the elbows towards you.



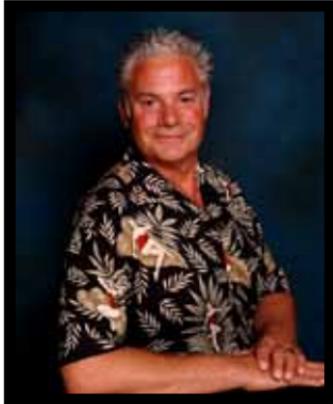
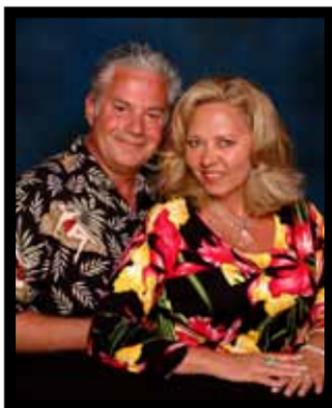
Just rotate their posing stools for this back to back image. Again the their elbows are pointing towards you.



The man remains in position for his single image.



The woman returns for her single portrait with her body facing the opposite direction.





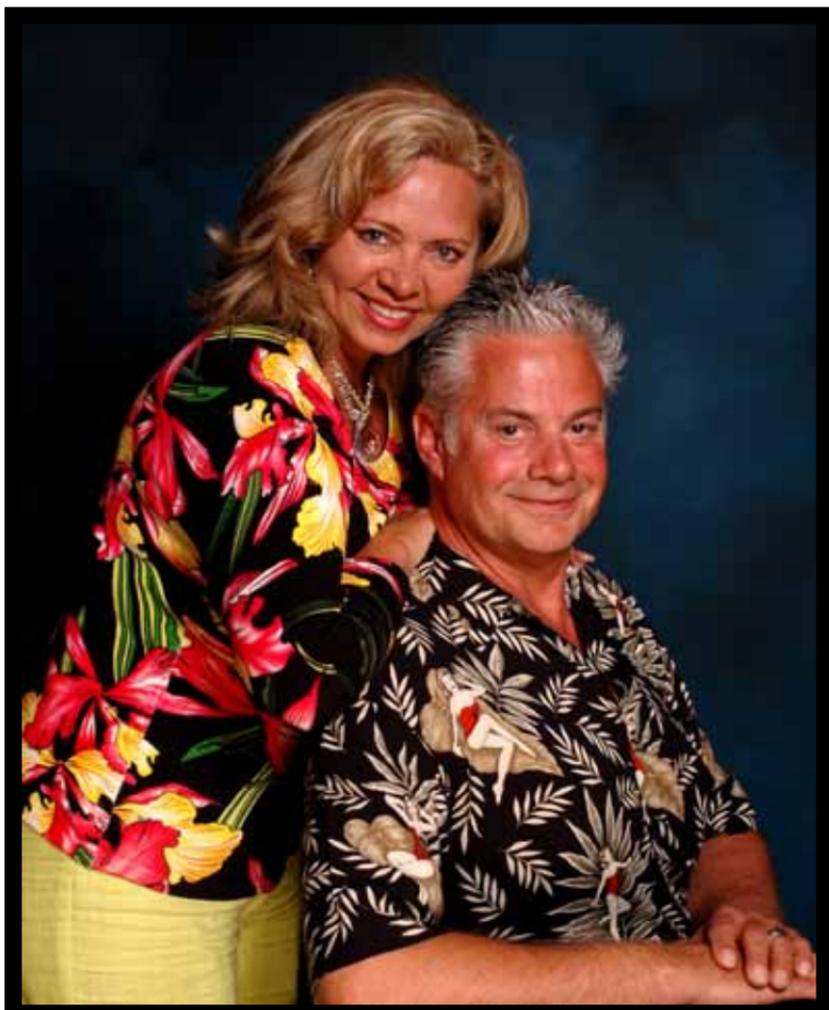
You need a posing table and two posing stools. Start with holding hands in front, the hands are next to the bodies and the elbows point towards you.



The woman rotates on the stool and crosses her hands on the table. The mans hand is behind her arm, but the mans hand can also be placed over her arm.



For the next pose the body positions remain the same but they just look into each others eyes.



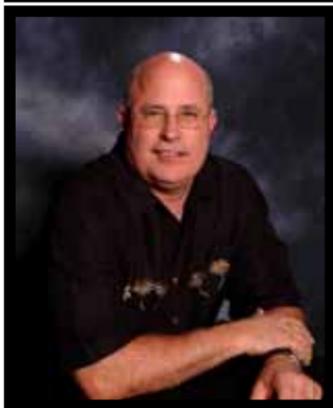
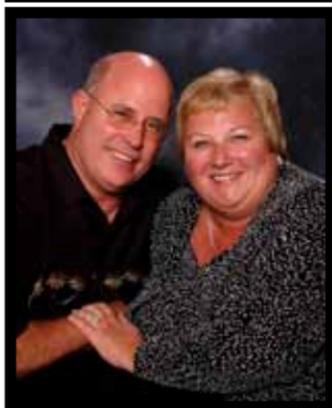
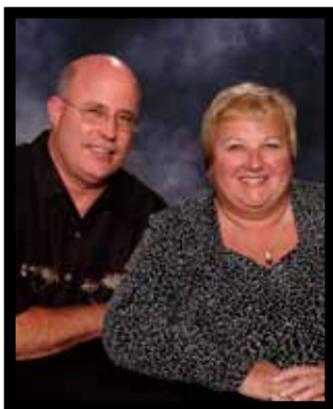
She then stands behind and to the side. Adjust the stool height to place their heads as close as possible.

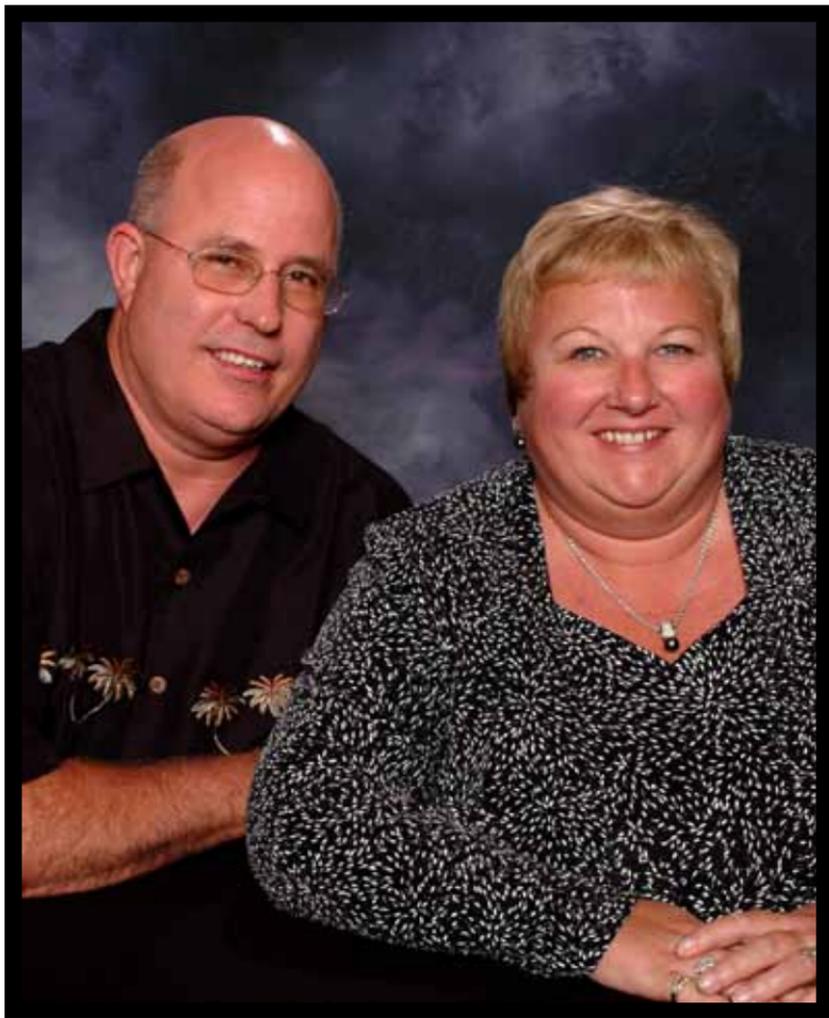


The man remains in position for the single portrait.

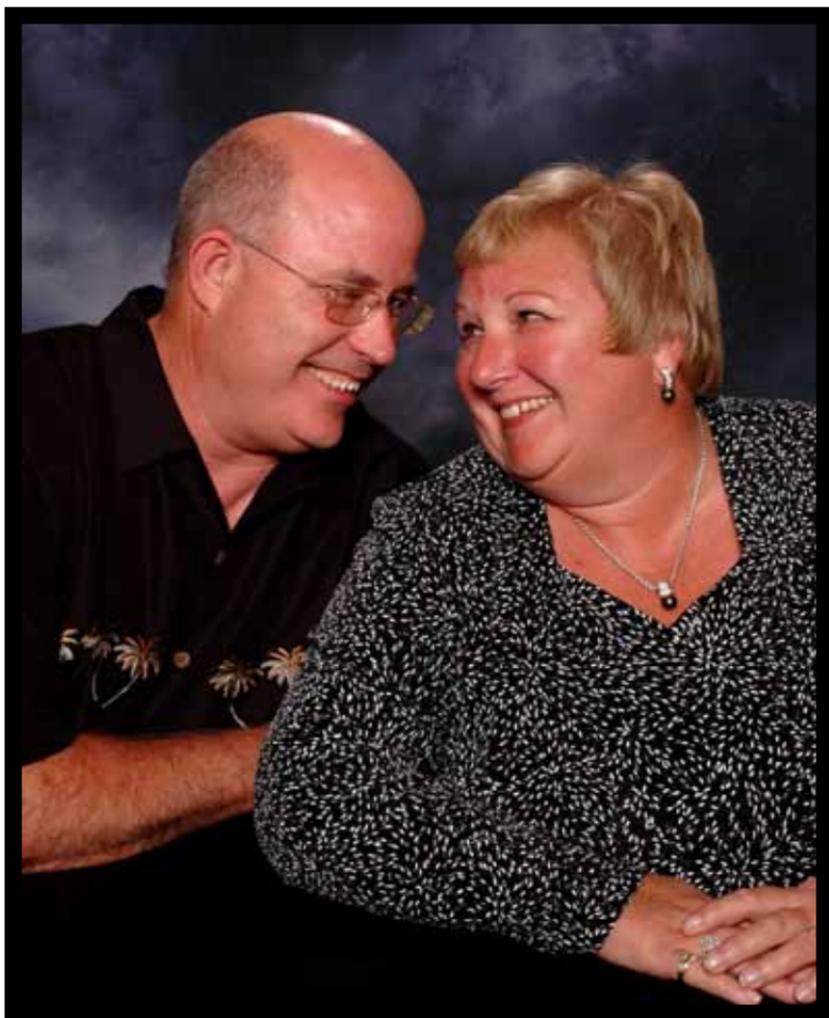


The woman returns for her single portrait with her body facing the opposite direction.

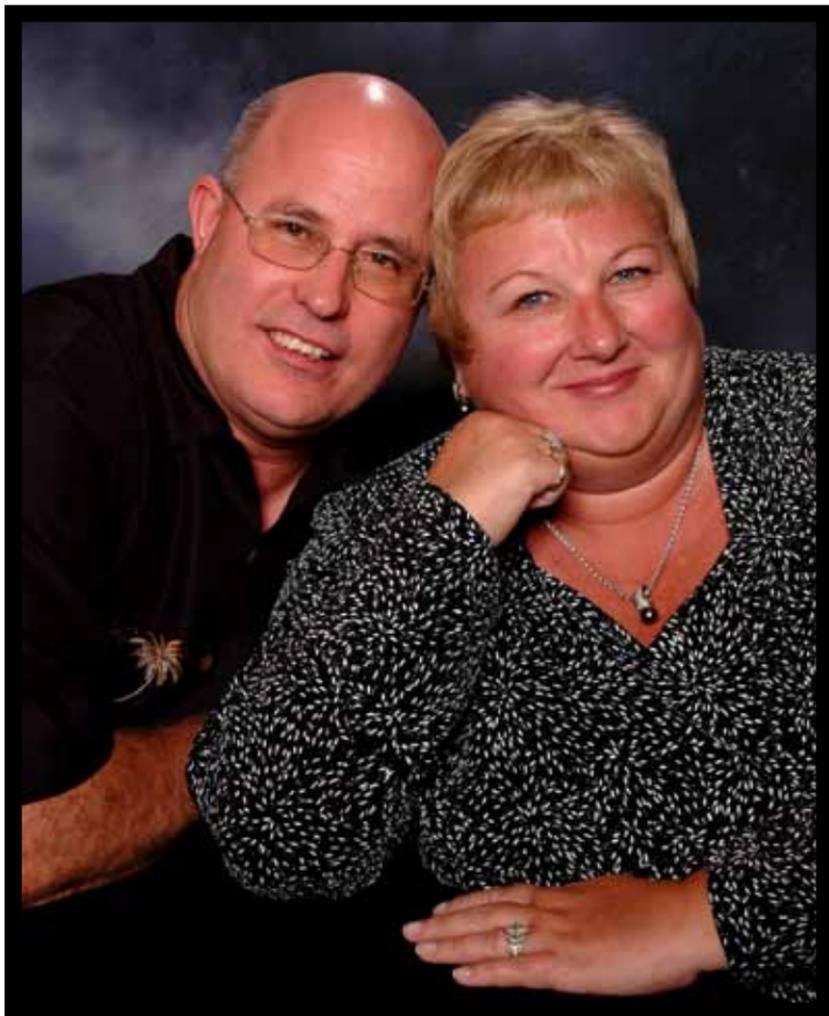




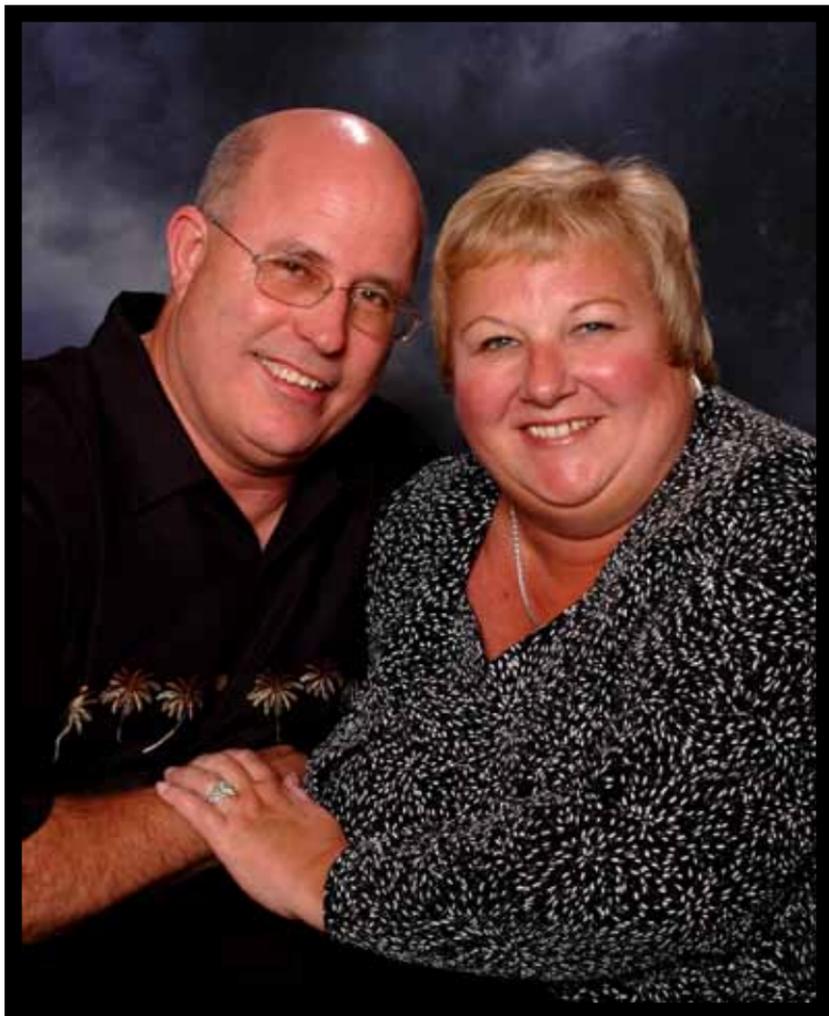
This set requires a posing table and two posing stools. Sit her on the stool at the lowest setting at the side of the table. He'll sit behind the table leaning forward towards her.



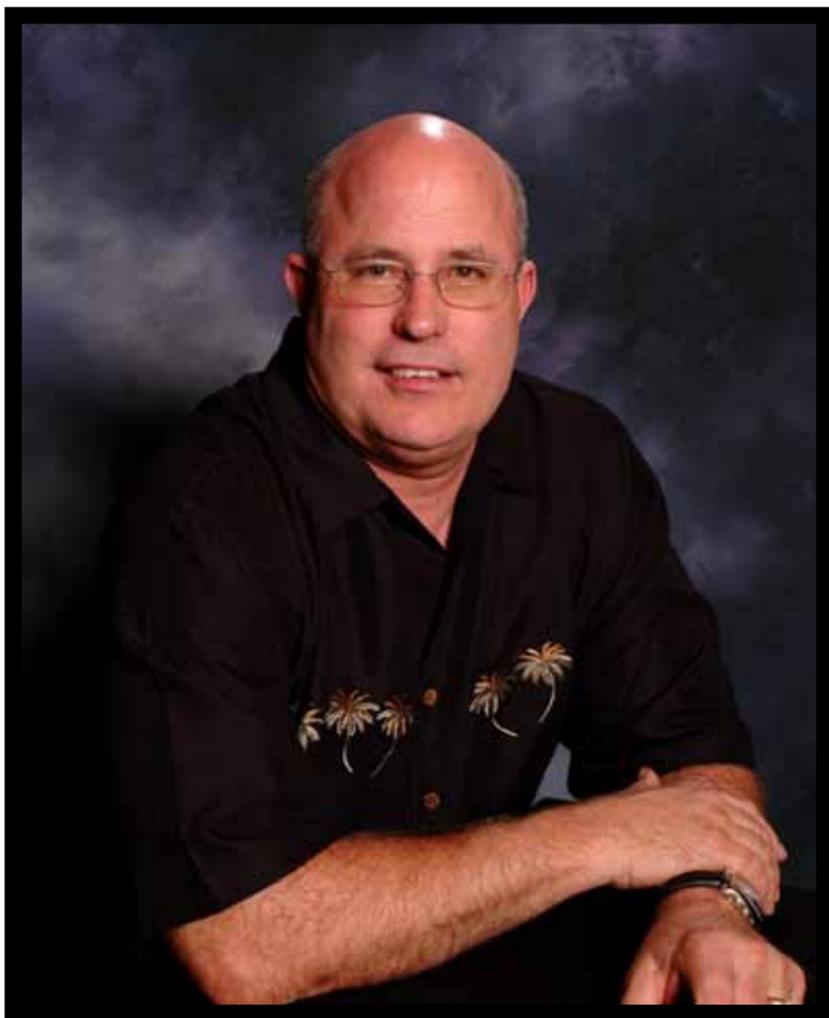
Same body position, just ask them look at each other. Step in closer for a tighter cropped image.



She spins on the stool so her back is towards him. She leans on the table, puts her hand under her chin, and he leans in.



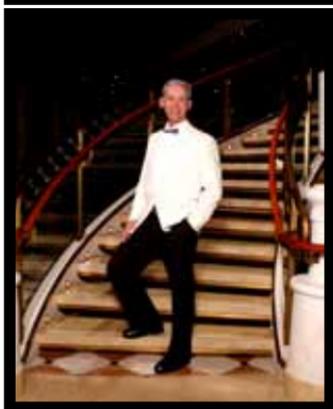
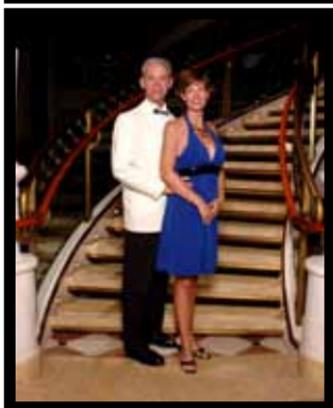
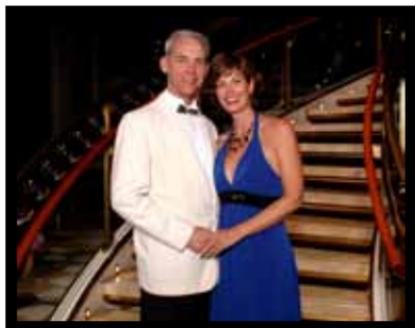
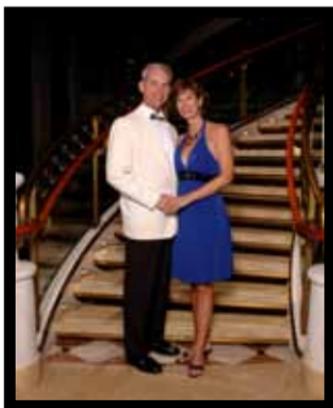
Keep her on the side of the table just rotate her on the stool. Elbows point towards the camera and the hands are close to the body.

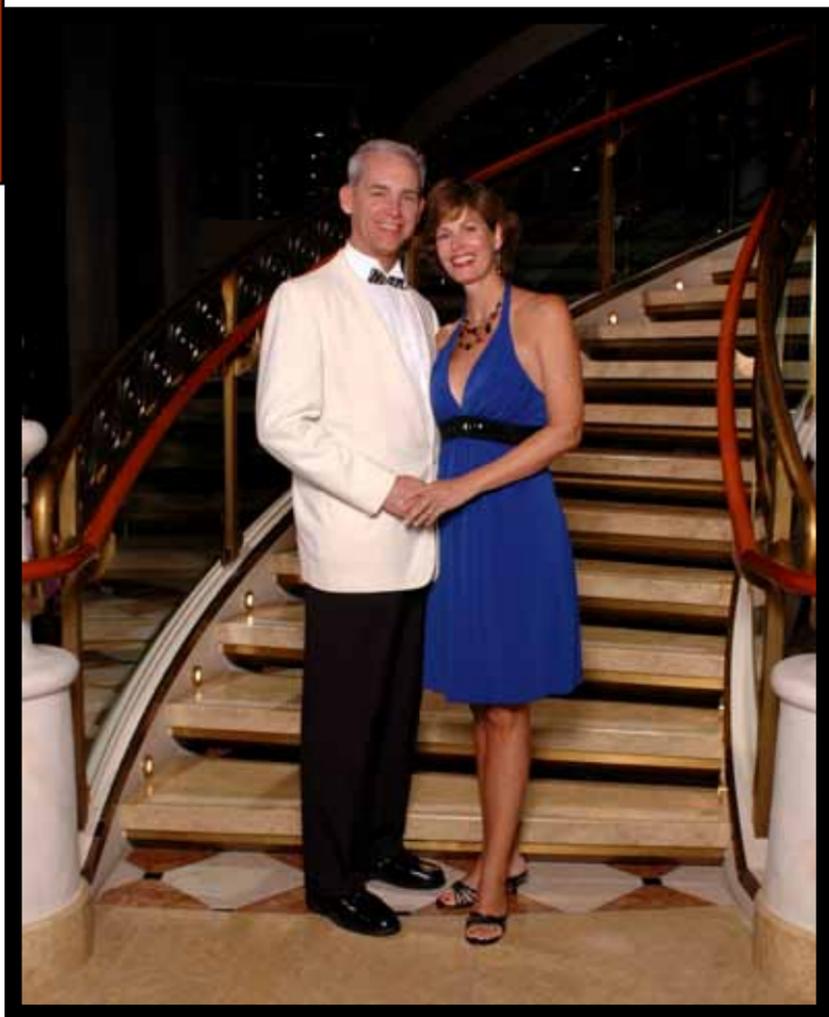


He didn't have to move trough the session.

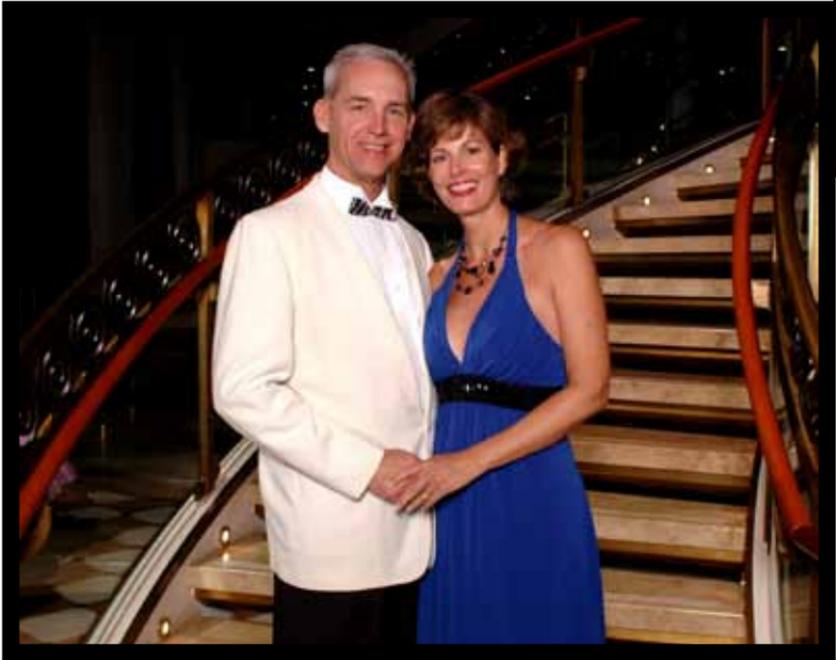


The woman returns for her single portrait with her body facing the opposite direction.

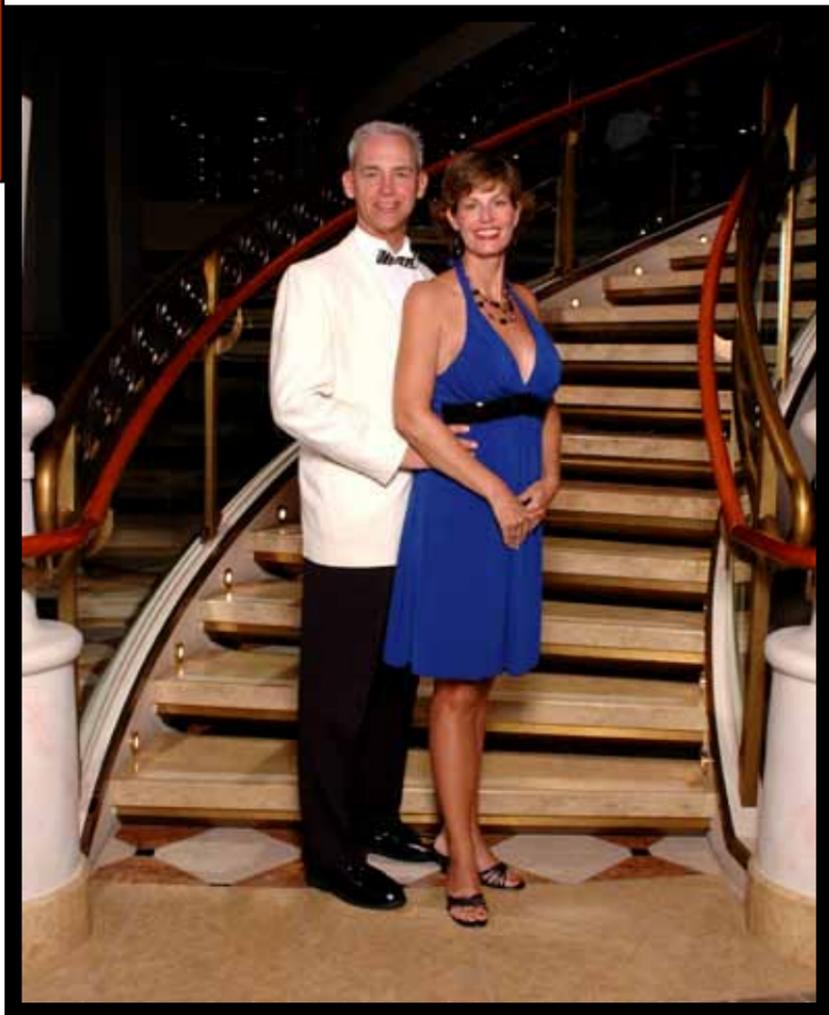




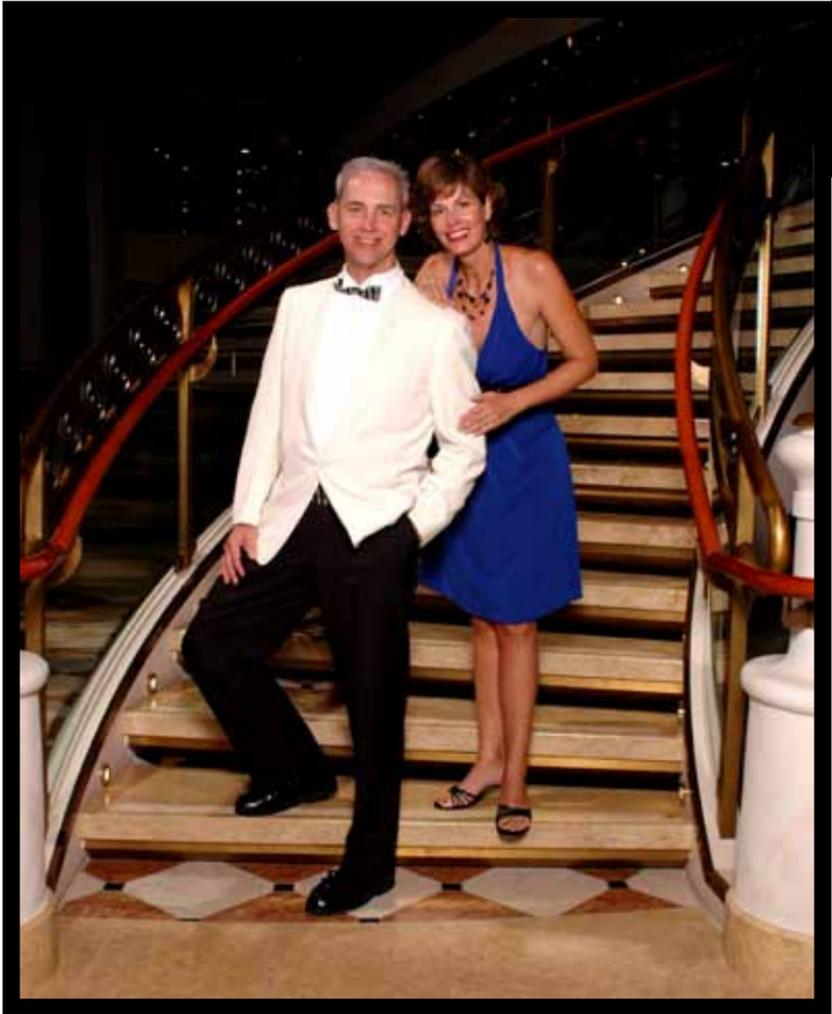
This set is an example of how you can make the stairs photograph just a little different.



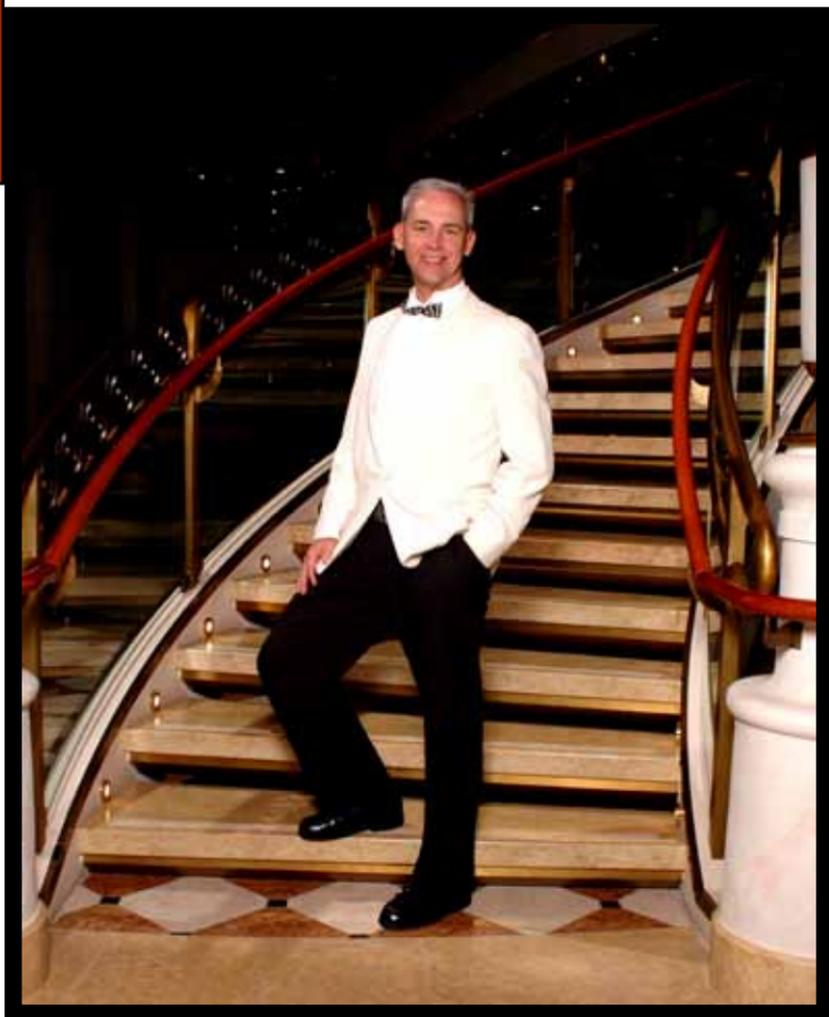
Turn the same pose into a different looking image just by turning it into an horizontal.



Turn her around, her back towards him. Make sure her forward foot is pointing towards the camera.



Step the woman up the stairs one step and she stands behind the man slightly while he angles his leg and puts his hand on top. His left shoulder tilts towards her to bring their heads closer together.



He remains in the same pose, just tell him to move towards the middle of the staircase.



The woman returns for her single portrait with her body facing the opposite direction. Make sure her front foot points towards the camera.





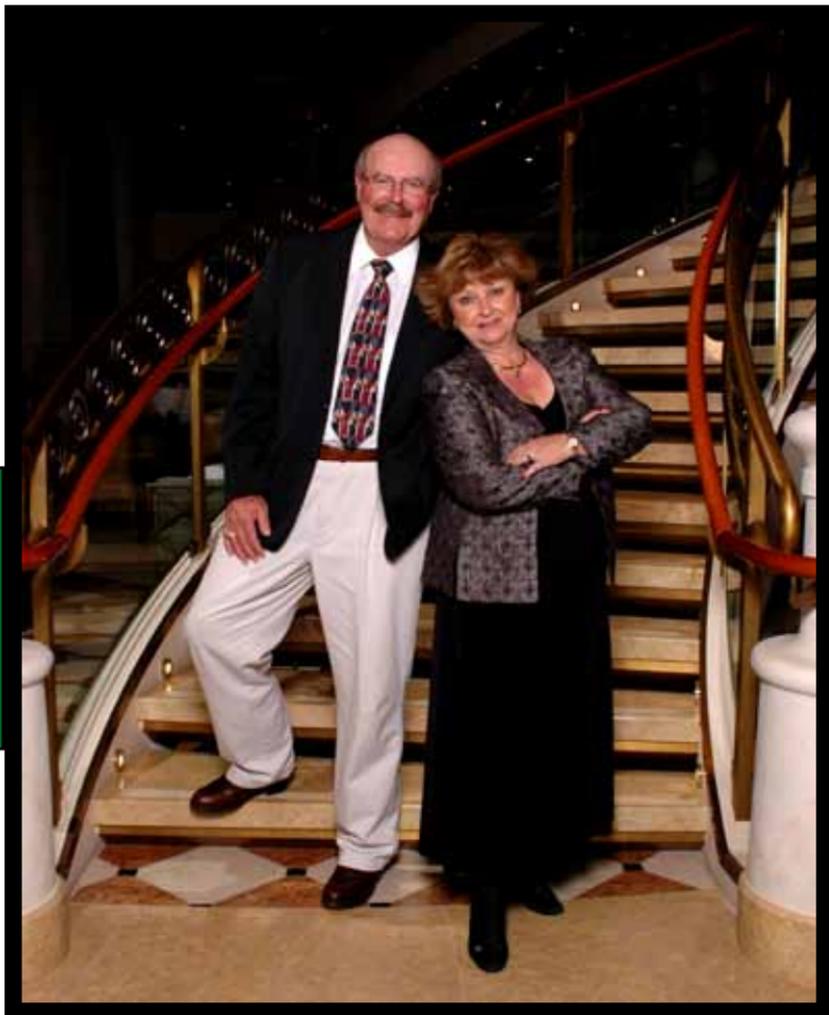
This set shows how the difference in heights can turn the stairs into your favor since you cannot sit him down on a stool as in a regular backdrop.



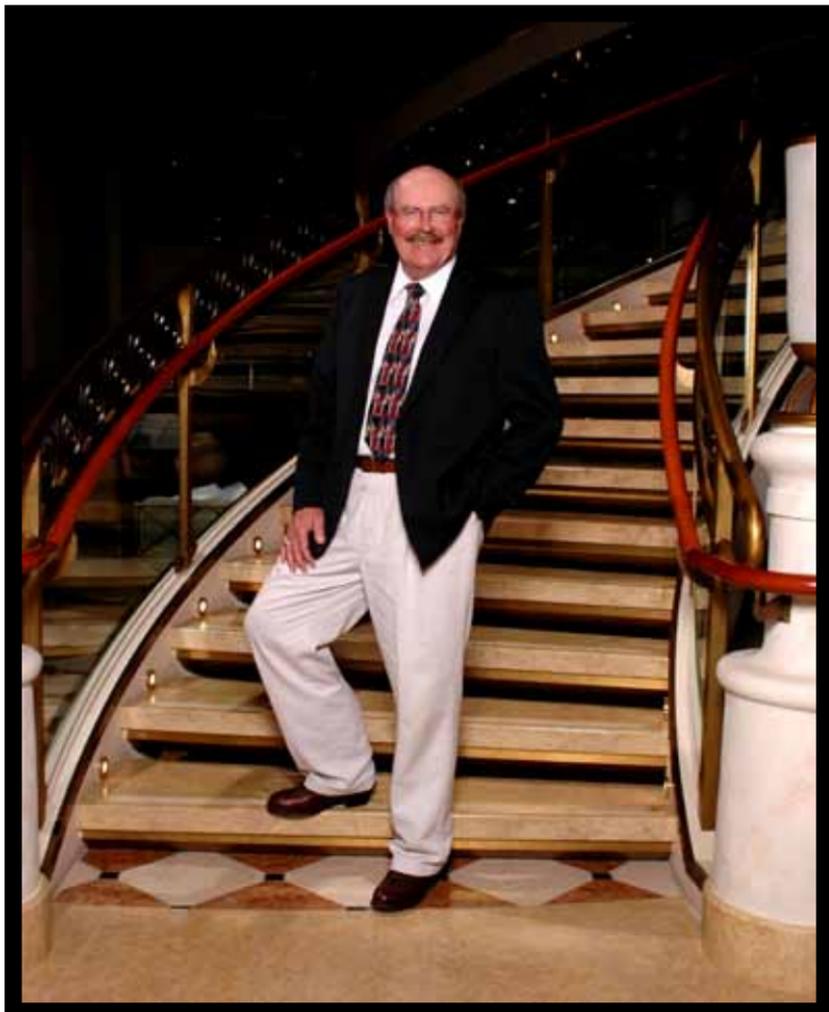
Start with the standard poses.



Bring the woman one step up, standing right at the edge of the step so they can have their heads leaning closer together, he has to lean towards her too.



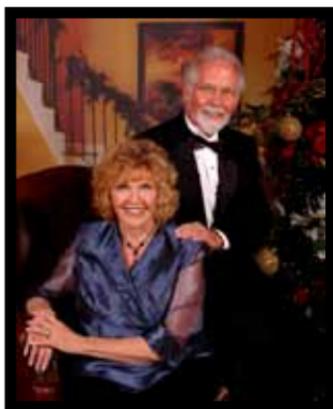
Step the woman back down the stairs and she stands with her back towards the man. The man angles his leg and puts his hand on top. His left shoulder tilts towards her to bring their heads closer together.



Just tell him to move towards the middle of stairs keeping the same position.



Its very important that on full length images the woman's foot point towards you.





These Christmas poses are done with a real tree placed in front of the tree painted on the backdrop, a chair from the Wheelhouse Bar and some cardboard boxes wrapped in Christmas paper.

Sit her on the edge of the chair and he sits on the armrest of the chair.



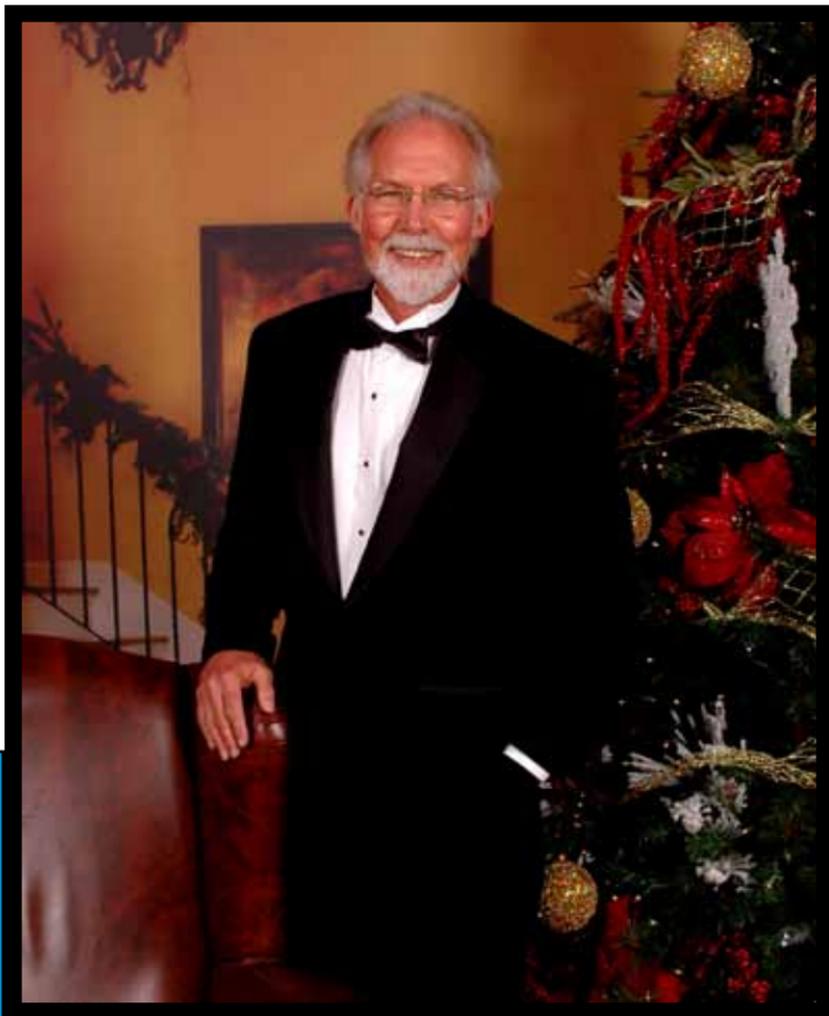
Use the same pose for the vertical image.



The space between the tree and the chair is enough for a person to stand, don't forget that you can always move the branches of the tree out of the way.



Don't show too much of the empty chair, you can always do this image in vertical or put the couple on the left side of the frame and show more of the tree.



Don't show too much of the empty chair.



Don't show too much of the empty chair.





These Christmas poses are done with a real tree placed in front of the tree painted on the backdrop, a chair from the Wheelhouse Bar and some cardboard boxes wrapped in Christmas paper.

Sit him on the edge of the chair and she sits on the armrest of the chair. She leans in so that her face is in the same focal plane as his.



Use the same pose for the vertical image.



She leans her right arm on the rest of the chair, and swap him to sitting on the armrest. You can also do a vertical image of the same pose



He stands up between the tree and the chair, and she sits on the armrest of the chair.



Don't show too much of the empty chair.



She sits down on the edge of the chair.





The flowers don't give you a lot of opportunities to be creative but there are some different poses that you can do. It is also a location where you have to spend extra time to make sure that everything is centered.



The woman's foot closest to you should always point at you. Pose your couple for the first image and take as much advantage as you can from that pose by changing small detail like hands to maximise speed.



When you move her around make sure that the couple is still in the middle of the flower pillars.



You can do a back to back to turn it more contemporary.



When alone the person should always be centered in-between the pillars.



When alone the person should always be centered in-between the pillars.





The flowers don't give you a lot of opportunities to be creative but there are some different poses that you can do. It is also a location where you have to spend extra time to make sure that everything is centered.



The woman's foot closest to you should always point at you. Pose your couple for the first image and take as much advantage as you can from that pose by changing small detail like hands to maximise speed.



Keep the same pose but switch to a horizontal image.



When you move her around make sure that the couple is still in the middle of the pillars.



When alone the person should always be centered in-between the pillars.



When alone the person should always be centered in-between the pillars.





The flowers don't give you a lot of opportunities to be creative but there are some different poses that you can do. It is also a location where you have to spend extra time to make sure that everything is centered.



The woman's foot closest to you should always point at you. The fastest way to do it on a busy formal is to pose your couple for the first image and take as much advantage as you can from that pose by changing small details like hands.



Another way to change details and still keep them in the same original position is do the image as a horizontal.



Have them to look at each other, this pose works well in a close up on a backdrop but here this is as close as you can go.



When alone the person should always be centered in-between the pillars.



When alone the person should always be centered in-between the pillars.





This set is a standard poses for flowers. Recommended for first formal night.



The faster way on a busy formal is to pose your couple for the first image and takes as much advantage as you can from that pose by changing small details like turning the same image horizontal.



The woman's foot closer to you should always point at you. Take as much advantage as you can from the initial pose by changing small detail like hands.



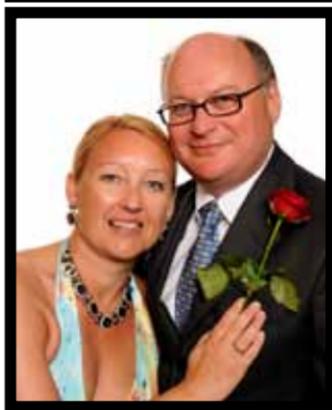
On this set the couple don't move much, so you just spend time placing them in the center from the start. As a result this is a very fast set for first formal night.



When alone the person should always be centered in-between the pillars.



When alone the person should always be centered in-between the pillars.





You need two posing stools and a rose from the onboard florist. This set is a regular sitting down set with the addition of a rose.



On the same pose just add the rose for the woman to hold, tilt the rose towards her shoulder.



Rotate her on the stool, left arm around his neck, like a hug. Her right hand is placed on his chest over his heart, while holding the rose.

Tilt the camera towards the tallest person.



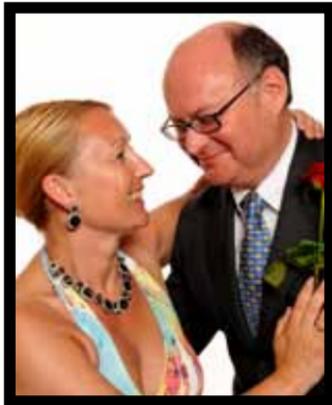
Now move their heads closer together. Step closer for a tighter cropped image.



Keep him in the same position for his single portrait.



Sit her back on his posing stool, facing the opposite direction.

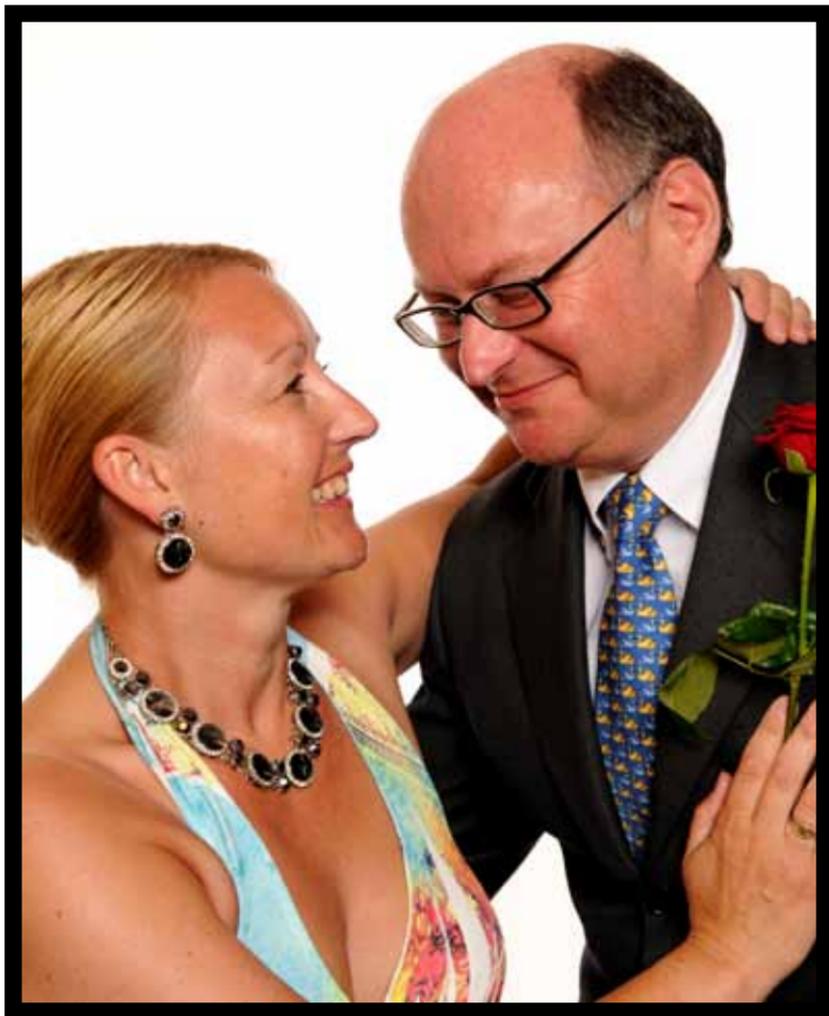




You need two posing stools, a rose from the onboard florist and two champagne glasses full of Ginger Ale from a bar. This set is a regular sitting down set with the addition of a rose and champagne.



You could also do this set on a plain backdrop.



Change the champagne for the roses. Rotate her on the stool, left arm around his neck, like a hug. Place her right hand over his heart while she holds the rose. Tilt the camera towards the tallest person.



She holds the rose, tilting it towards her shoulder.



Keep him in the same position for his single portrait.



Sit her back on his posing stool.





You need two posing stools, a rose from the onboard florist and two champagne glasses full of Ginger Ale from the bar. This set is a regular sitting down set with the addition of a rose and champagne.



Add the rose to her and the champagne for him, use the same pose.



Tilt the camera towards her for this effect, if you want to show the effect of him leaning over her, then tilt the camera towards him.



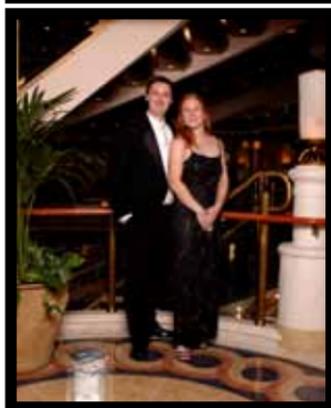
Stand her up and move her behind him.



Take his single image first.



Then her's, she just needs to sit down on his stool.





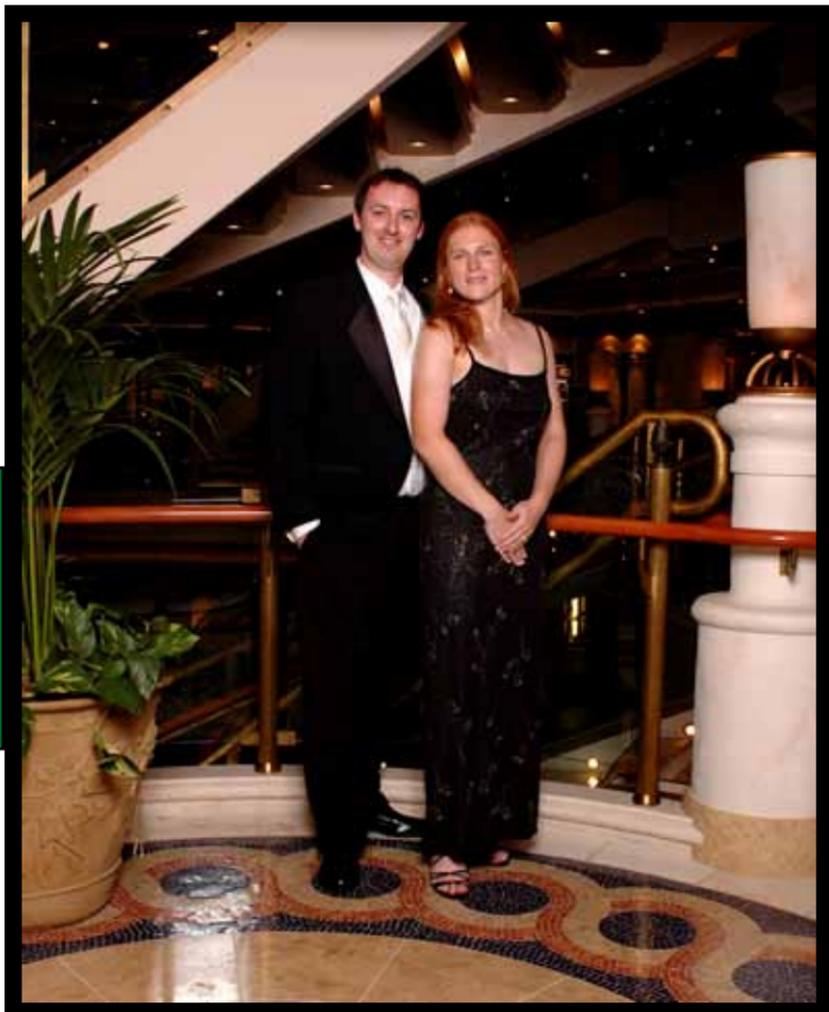
This set can be done at any full length location. This is a very easy set, and a very fast one. This set is great for beginners, where they can concentrate on the consistency and full length cropping.



All of the poses are the standard full length poses.



Just move the hands around for the first three images.



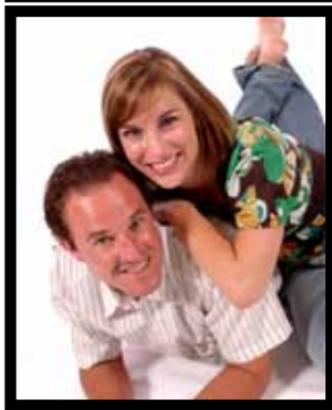
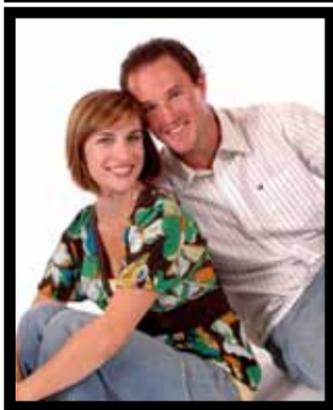
Get her to turn around hands in front of her, you can also bring his hand on her arm for this pose.



Get his single portrait first.



Then get her single portrait.

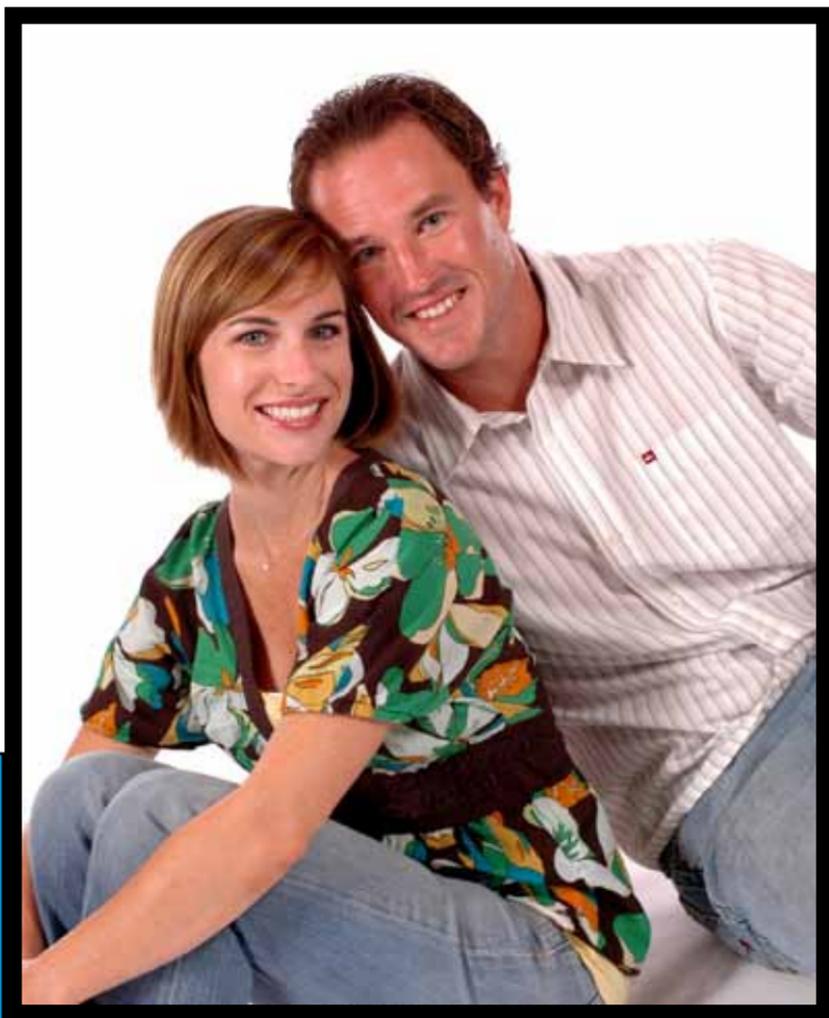




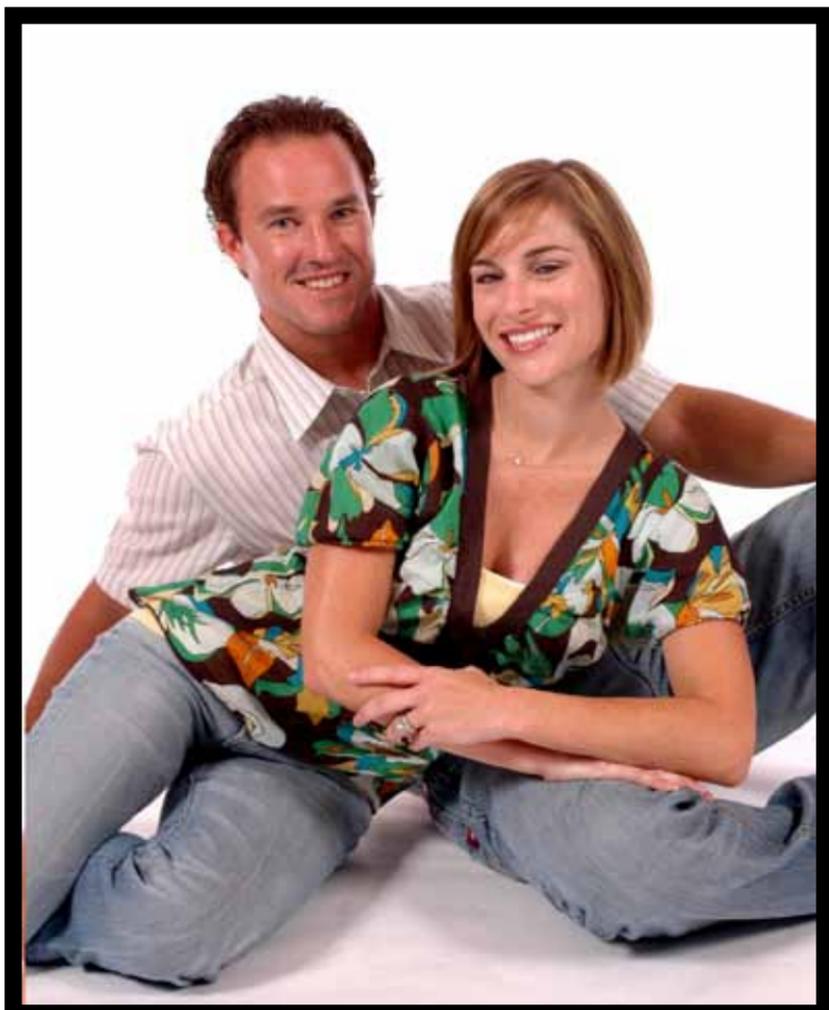
This set is for casual white portraits.
Sit them on the floor, you are standing up and they look up
at you.



Use the same pose just move in closer, still standing up, really make them lift their chins up to you.



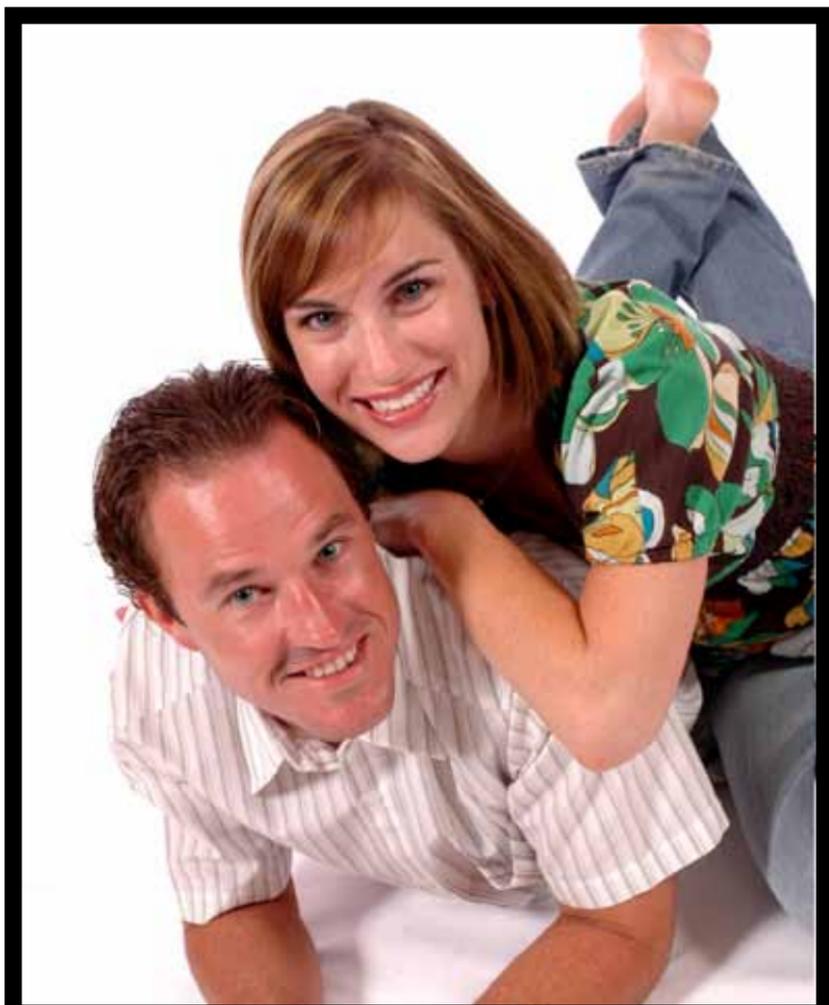
Keep her in the same position just have him to put his right hand on the floor behind her, left knee up right knee down. You are still standing up, tilt camera towards him.



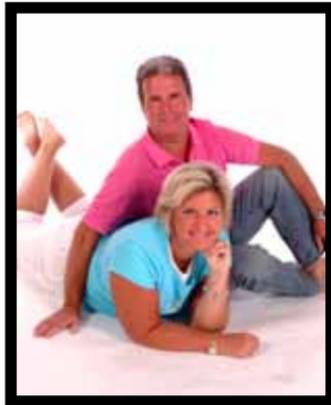
He is still in the same position just have her to move now, careful her shadow doesn't fall on his face.



She leans on his shoulders closer to his head not lower down his back. Shoot at eye level. Tilt camera to the right.



Stand up again for this pose, move in closer, she leans closer to his head.

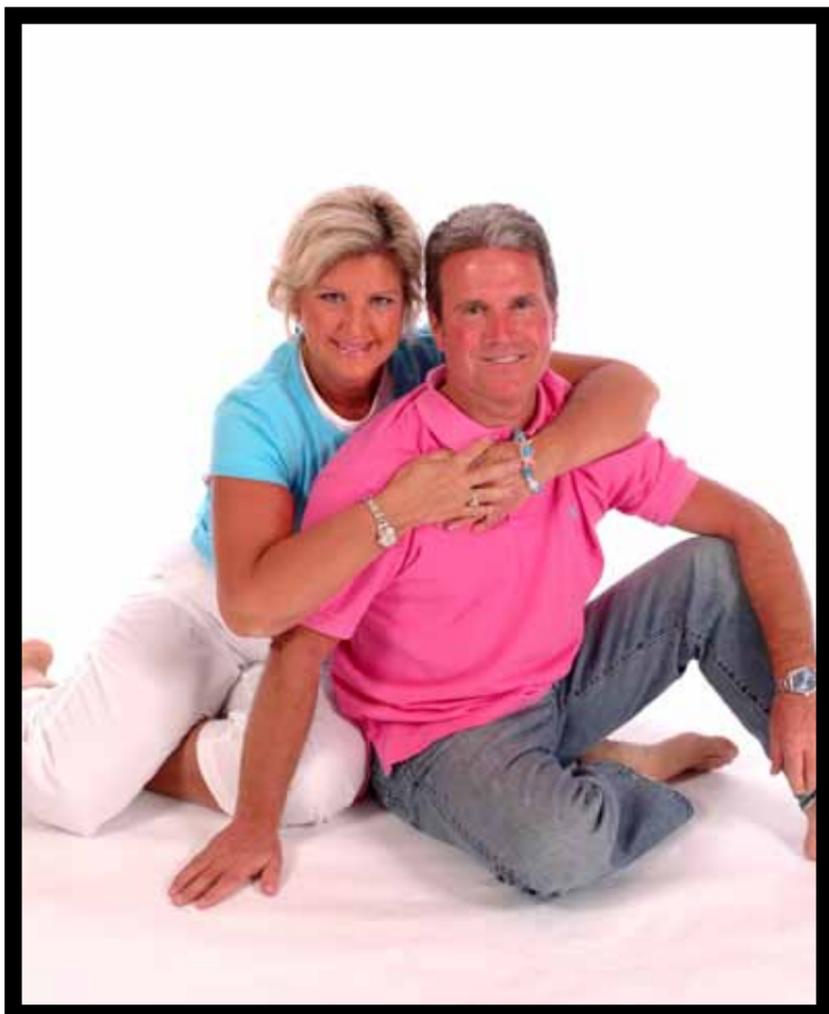




This set is for casual white portraits.
Sit them on the floor, you are standing up and they look up
at you.



Use the same pose just move in closer. Still standing up, really make them lift their chins up to you.



Keep him in same position and just rotate her, you are still standing.



He remains in the same position while, you are shooting at eye level now.



Moving him to the other side is mainly for the next image. You are still shooting at eye level.



She leans on his shoulders closer to his head not lower down his back. Shoot at eye level. Tilt camera to the right. You should now get their single portraits.





This set is for casual white portraits. Start by using the step ladder, you can choose to fold his arms or put his right hand in his trouser pocket. Make sure you are much higher than they are.



Lie them down on their sides resting elbows on the ground. They have to be in the same focal plane, and you are shoot at eye level.



This pose can be complicated with women that have a larger cleavage. If so just ask her to put both hands under her chin, like the next image or turn her body more onto the side.



Use the same pose for a horizontal image.



Since he first sat down he has only moved his arm, so this is a great set for him. Use his original pose to get his single.

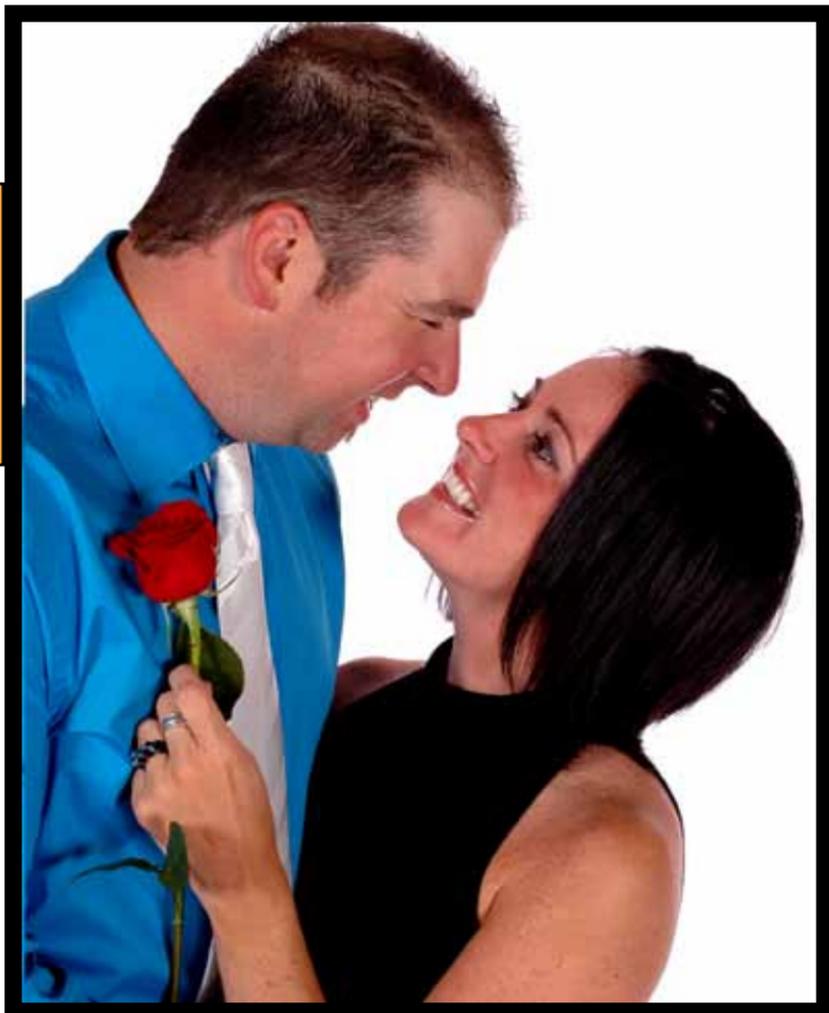


She is on the side so we don't look down at her cleavage, you are shooting at eye level.





You can add a rose to these poses just to make it look romantic and different. Props are very welcome on the white backdrop. Stand on top of a step ladder for this first image.



Same pose just get them to look at each other. Tilt camera towards tallest person.



You are shooting at eye level, ask her to lift her left foot. Tilt camera towards tallest person. This pose can also be taken at any full length location just without the tilt.



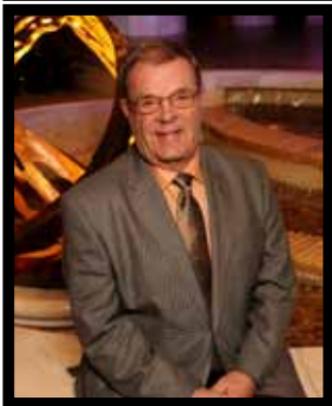
Use the smallest white posing hex for her seat. She leans her body towards him, he's just sitting on the floor.



Get him to stay there and just remove her and the stool.
You are standing up for this image.



Bring two white hex stools, small one for her to sit on and the larger one for her to use as a table.





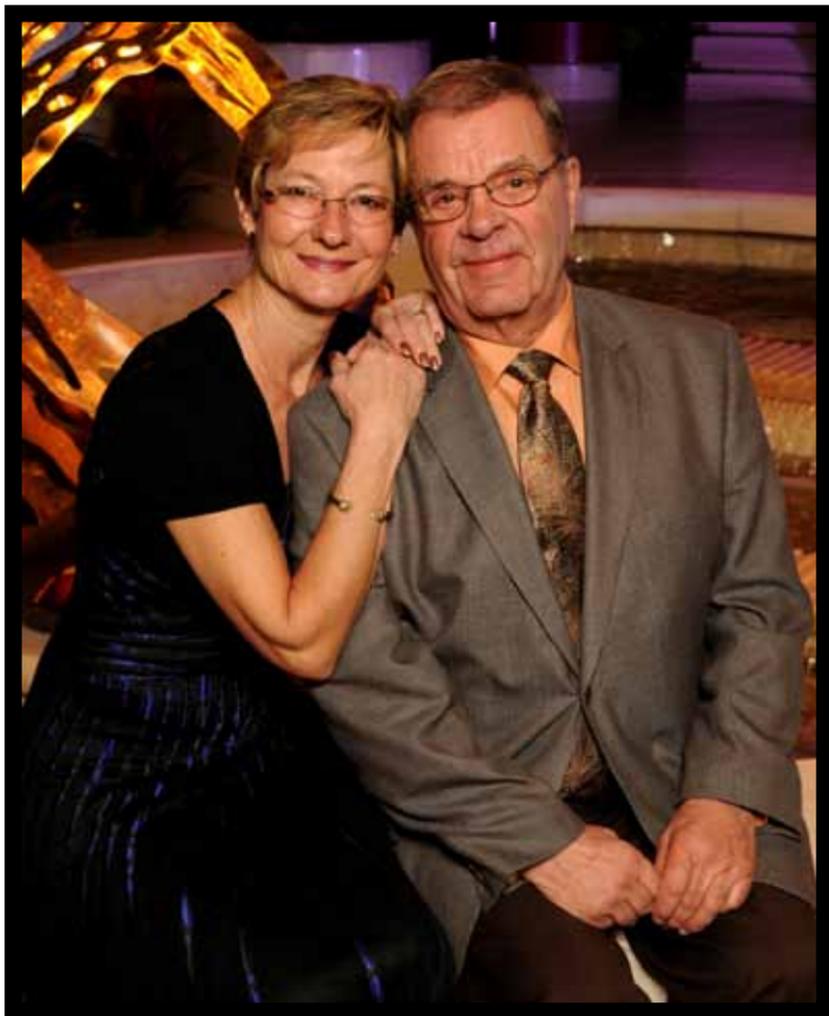
The couple sits at the ledge of the fountain. On this pose you can also put his hand on her arm.



All the standard poses that we do on a regular backdrop can be applied at this location.



Even though the fountain is a pretty location there shouldn't be a lot of hori images.



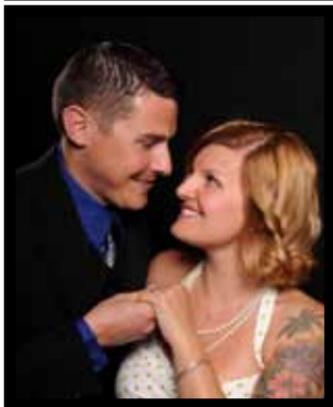
He leans his right shoulder towards her.



His single first.

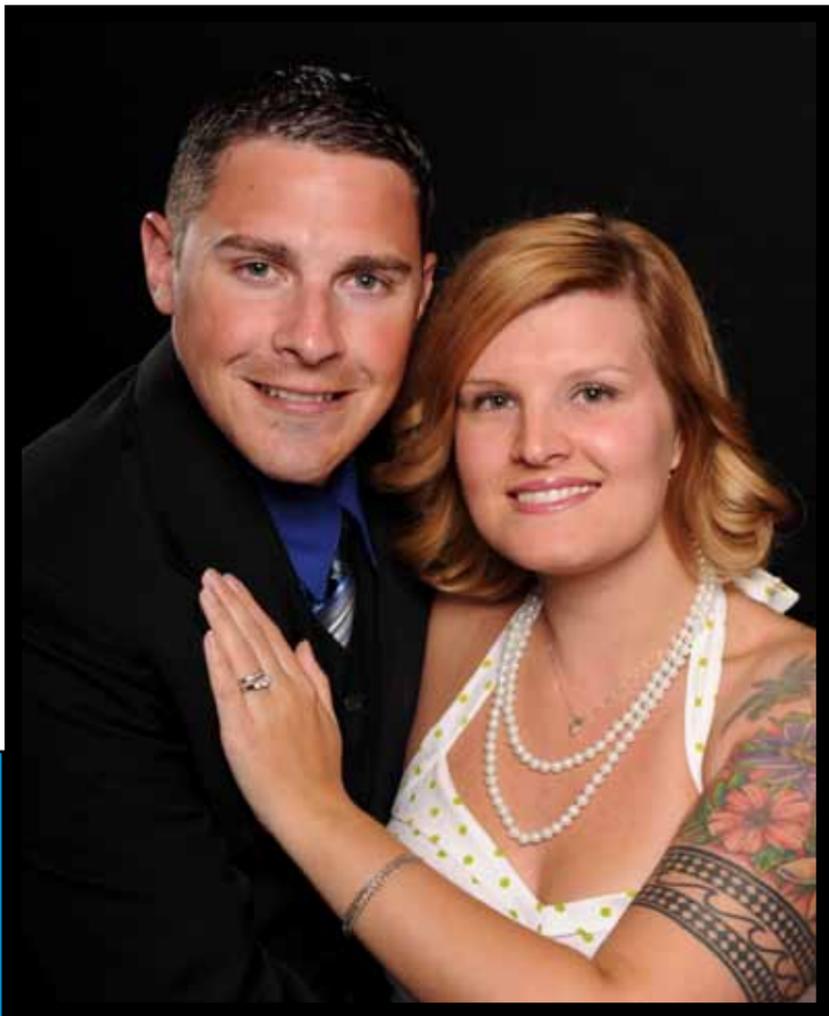


Get her to sit closer to the fountain, when she puts her right hand on the ledge and tilts her shoulders, it slims her body.

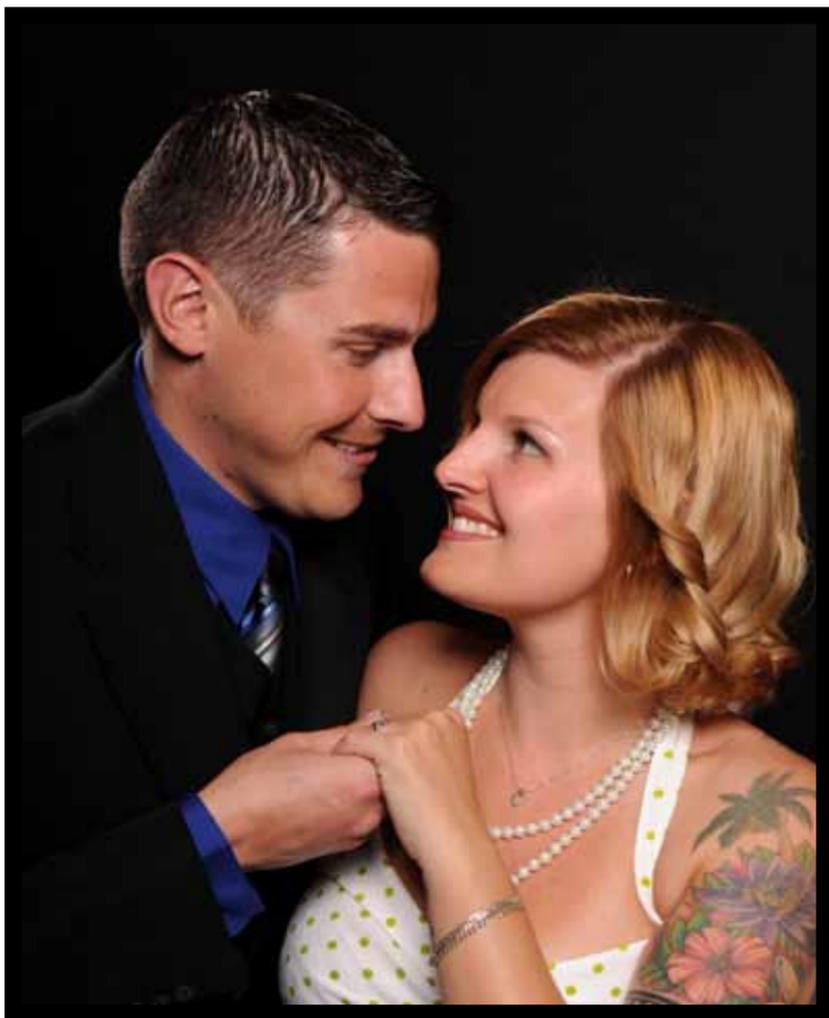




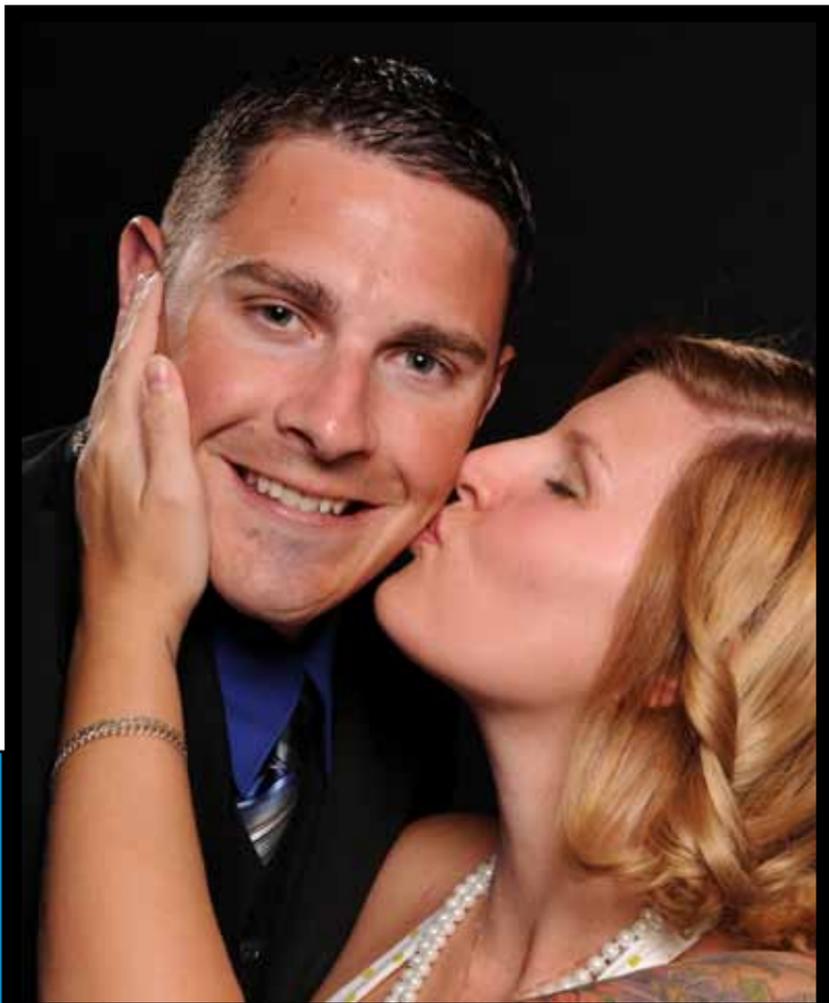
This pose set can be for any backdrop. You need two posing stools.



The woman turns in towards the man and places her hand over his heart.



This pose is great for recently engage couples or recently married to show off the ring. You can also have them looking at the ring.



She place her hand on the side of his face, which is great for hiding lines or wrinkles. Careful not to cover his face. Step in close for a tightly cropped image.



Get him to stay in the same pose for his single.



Bring her back for her single, facing the opposite direction.





For this set you need a high chair, usually found at many of the bars around the vessel. She sits and leans on the side of the chair. You may require an apple box to stand on.



Same position, bring his hand on her shoulder and you step in closer for a tighter cropped image. If he's too short for this pose you can either sit him or switch to an alternative pose.



Ask her to sit straight on the chair, bring him around, his hand is in his pocket but can also be at his side.



She still sits, he rotates towards her and they hold hands in front. Move in closer and crop the image so you can't see the chair.



The reason why we capture her single first on this occasion is because she's already seating down and this is more efficient.



For his single, you can could also stand him at the side of the chair arm resting on the chair, just don't include too much of the empty chair.





For this set you need a high chair. Ask her to sit and lean on the side of the chair. You might have to shoot on top of an apple box.



Bring his hand onto her shoulder and step in closer for a tighter cropped image.



Ask her to sit straight on the chair, bring him around to the other side. His hand is in his pocket but can also be at his side.



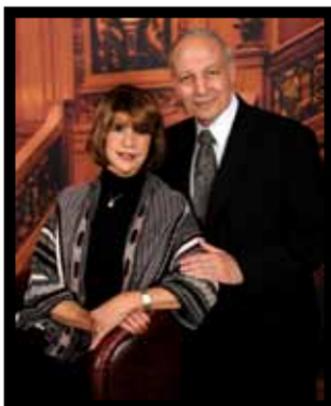
You still have one more couple image to go, but shoot her single now to save time.



Sit him on the chair and bring her in T one side, heads closer together and hand on his arm.



Now since he is already sitting, he is ready for his single image.



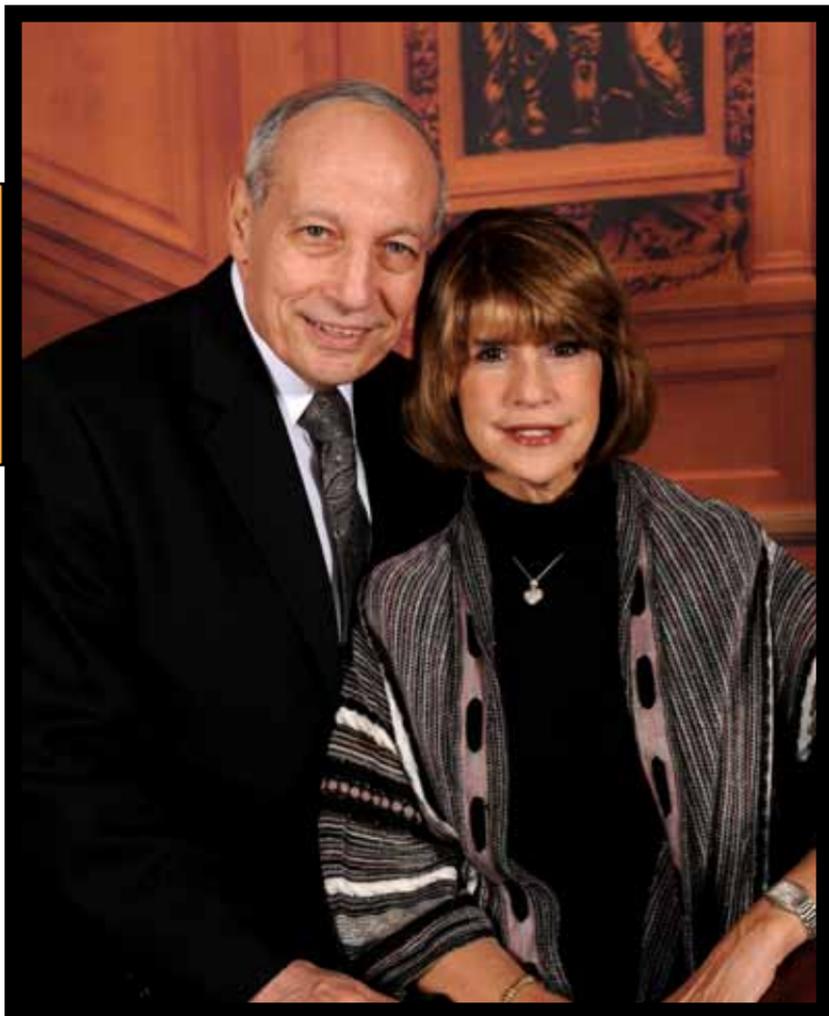


For this set you need a high chair, you can find one at many bars around the vessel.

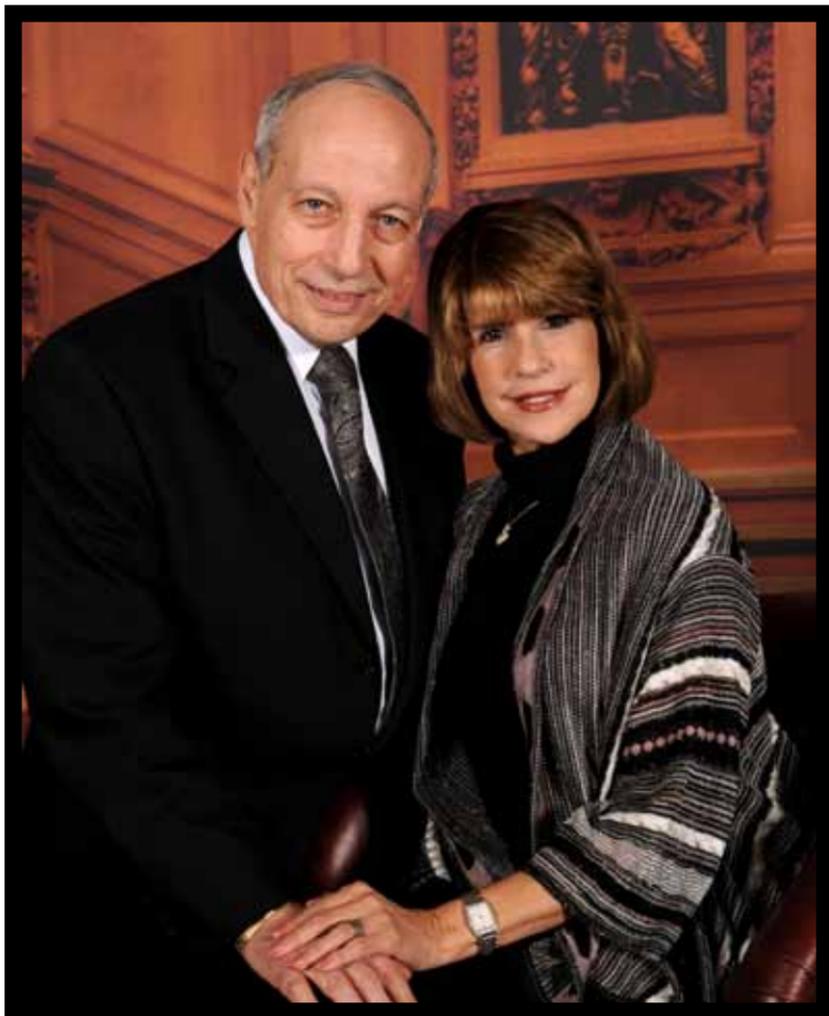
Ask her to sit and lean on the side of the chair. It is possible that you might have to shoot on top of a apple box.



Because this is a theme background you can easily turn the same pose from vertical to a horizontal. But if you want it look different, then drop his hand from her arm and place it by his side or in his pocket.



Another simple and fast way to create a different image from the same pose is to move in closer for a tighter crop.



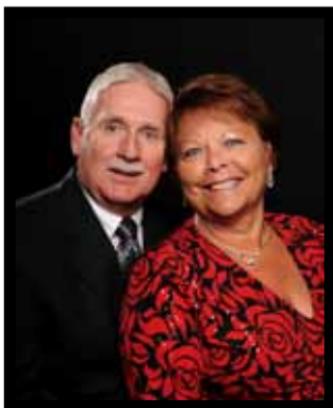
Add in a more standard pose to balance the contemporary style on the next images.

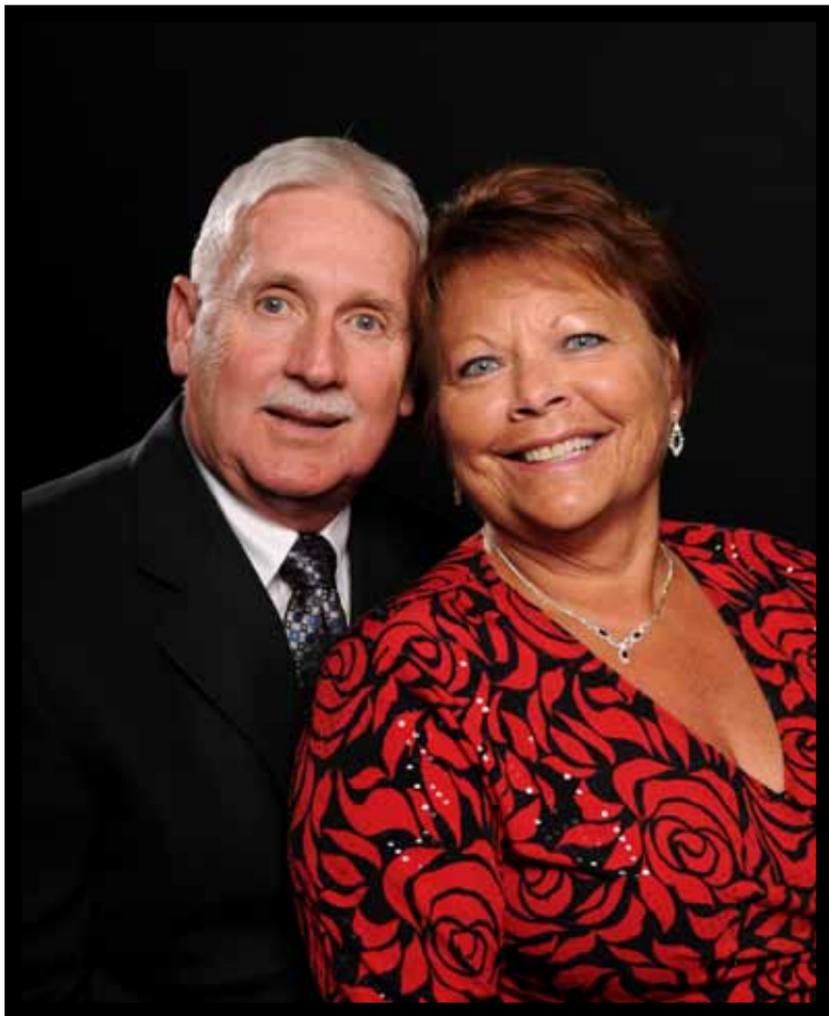


The chair gives more options for single poses.



Stand him at the side of the chair for speed purposes, but you can also sit him down if you have the time.

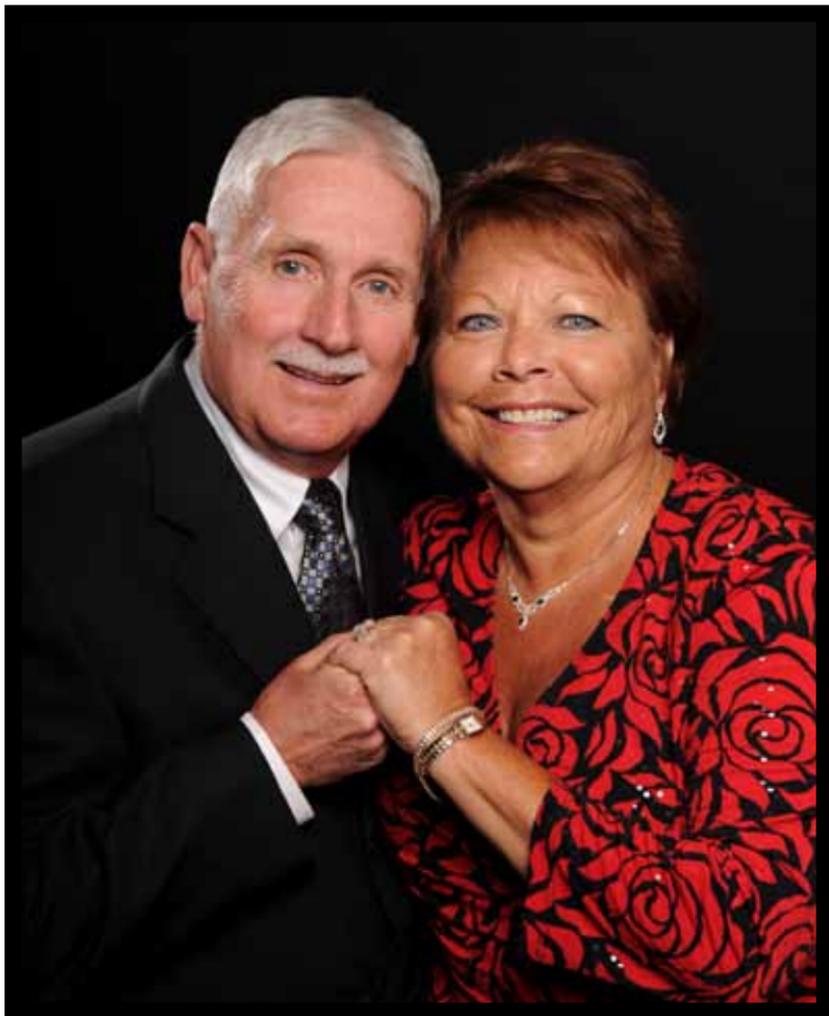




You need two posing stools. Sit the man first, straddling the stool like a motorbike or horse. Then sit her leaning backwards onto his chest.



Rotate her for a more standard holding hands in front pose to balance out the other contemporary images.



This pose is great for recently engaged or married couples to show off the ring. You could also have them looking at the ring instead of towards the camera.



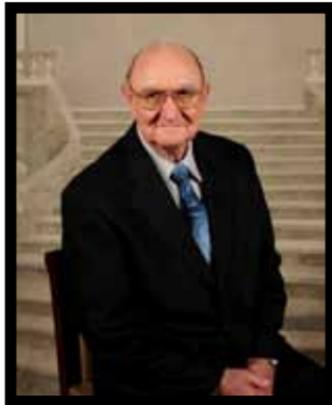
She places a hand over his heart and they look into each others eyes. Get them to move in very close with noses almost touching. Move in for a closer cropped image.



His single portrait first.



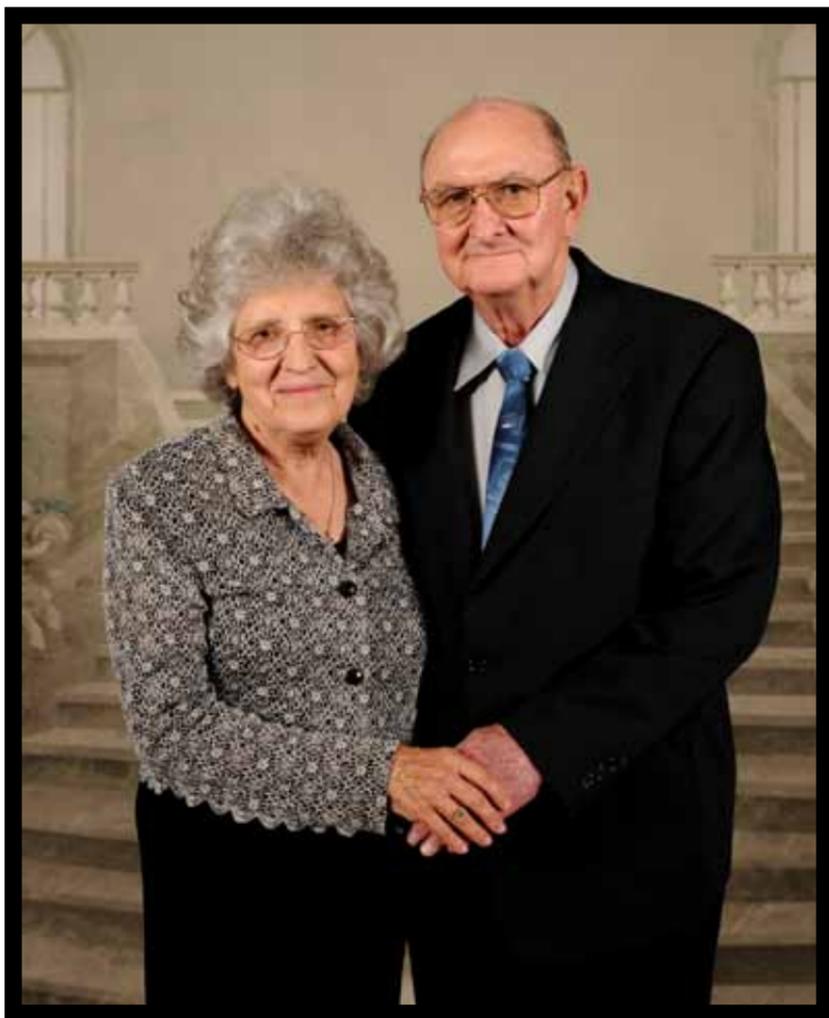
Then hers facing the opposite direction.





This set of poses can also be without the tall chair.

The chair really is just to make this look different from other full length locations. Start with the simple full length image.



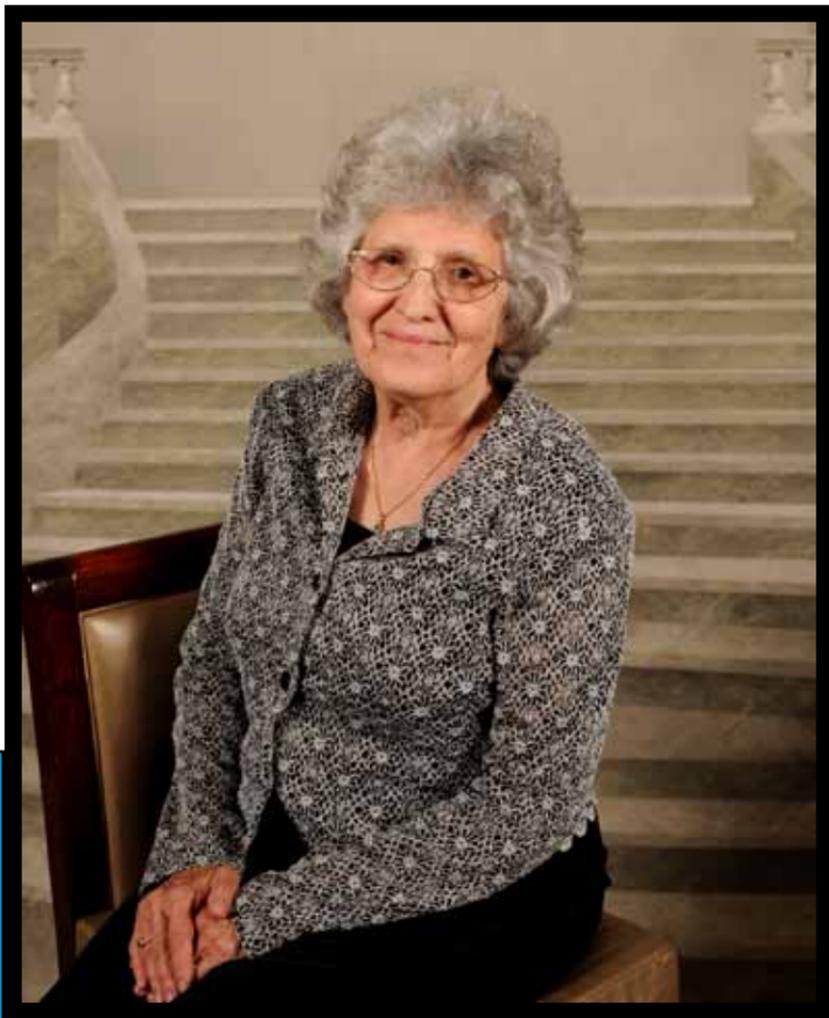
Crop in for a three quarters body image, and make the image different by holding hands in front.



Step in closer for a tighter cropped image. Ask them to look at each other and she places a hand over her heart.



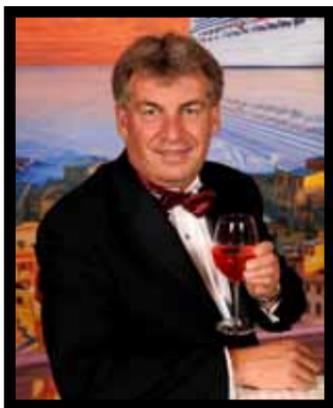
Now bring in the chair.



She is already sitting, so her single first to save time.



Bring him back for his sitting single, facing the opposite direction.





This set was outside Sabatinis, but is here to show that you can be creative with more than just posing.





